

Ukubuyekzwa  
ihlaliswe  
ngokweisiTatimende  
somThetho-kambiso  
weKharikhyulamu  
nokuHloa

IGreyidi

2



AmaKghono wePilo  
ngesiNdebele

Incwadi 1 – Ithemu 1&2



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UKkz. Angie Motshekga  
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weFundo-Sisekelo



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weFundo-Sisekelo

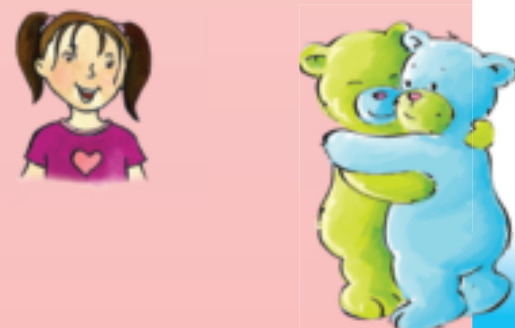
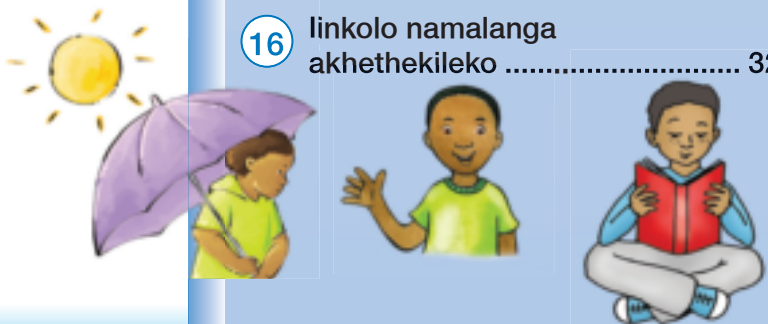
Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNqgonqotjhe wezeFundo-Sisekelo uMma u-Angie Motshekga kanye neSekela lakhe Dorh. Reginah Mhaule.

Iincwadi zokuSebenzela zakwaRainbow ziyingcenywe yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungenelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufumana iincwadi zokusebenzela lezi zilizizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhere komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bonyana ngikuphi umfundi amele akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhere uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.





# IGreyidi

# 2



AmaKghono wePilo  
ngesiNdebele  
Incwadi yoku-1



Incwadi le ngeyaka:



# Sidinga ukudla okunepilo ukuze siphile



Asifunde

Imizimba yethu itlhoga ukudla ukuze ikhule. Kumele sidle ukudla okubuya emikhakheni yoke yokudla ngamalanga. Kumele sidle ukudla okunepilo ukuze sibe namandla aneleko ukwenza lokho esifuna ukukwenza. Nangabe asikudli ukudla okunepilo, singagula.

## Imikhakha yokudla emihlanu

Iinthoro nemikhiqizo yeenthoro

Imirorho neenthelo



Abanye abantu badla imirorho kwaphela. Lokho kutjho kobana abayidli inyama. Badla kwaphela ukudla okusemabuthelweni amane kwaphela.

Inyama, ihlambi, inyama emhlophe, amantongomani neembhontjisi

Amafutha ne-oli

Imikhiqizo yederi



### Asenzi lokhu

Khuluma nomngani wakho ngikuphi ukudla okunepilo kilokhu. kuzungezeleze.



### Asitlolo

Yenza kwangathi uye esitolo esiyisuphamakethe nomma wakho ukuyokuthenga ukudla kwakusihlwa. Yenza irhelo lokudla oyokuthenga okunepilo okuyokudliwa mndeni wekhenu.

**Irhelo lezinto ezizokuthengwa**



# Amanzi asinikela ipilo

## Asikhulume

Kubayini sitlhoga amanzi?  
Abantu, iintjalo neenlwana  
zitlhoga amanzi ukuze ziphile.  
Amanzi athatha ukudla  
esikudlako akuse eengcenyeni  
zoke zomzimba. Amanzi asiza  
ukukhupha okungasatlhogwa  
mizimba yethu.



## Asenzeni lokhu

Ngamalanga sisebenzisa amanzi emakhaya. Tjela umngani wakho kobana amanzi siwasebenzisela ukwenza ini? Bala izinto ezihlukahlukene. Emuva kwalapho gwala iintombe ezine ukutjengisa kobana amanzi asetjenziselwa ini. Tlola isihlokwana ngehla kwaleso naleso isithombe ukuhlathulula kobana simayelana nani isithombe lesa.

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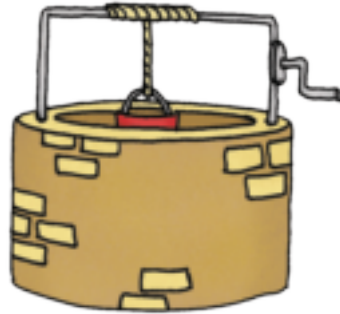
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### Asitlole

Siwathola kuphi amanzi? Thala umuda ukumadanisa isithombe negama okungilo.



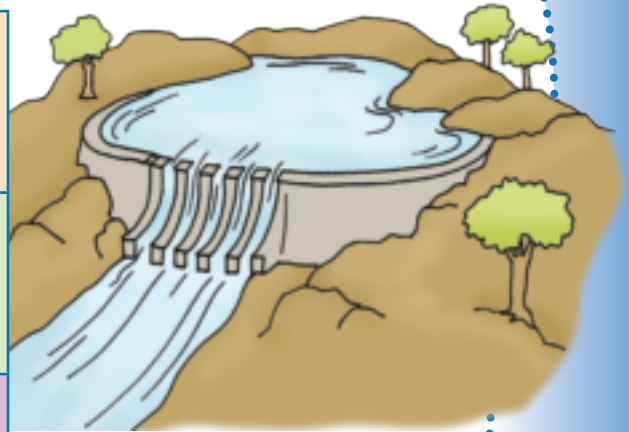
Itwasahlobo

Isiphehlammoya

Umlambo

Idamu

Ipetsi



### Asiphumele ngaphandle

Ngaphambili kobana nenze umsetjenzana wangaphandle ngaphandle, thomani ngokuzilula njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyisikinyeke kuhle. Nasele niqedile ukwenza umsetjenzana lowo, ziluleni ukuze niledlthe benipholise imizimba. Lokhu kuzonisiza kobana ningezwa ubuhlungu bemisipha.

- Yeqa njengesirhwarhwa. Banga itjhada elenziwa sirhwarhwa.
- Phoselanani ibholo nanyana umgodlana oneembhontjisi ngaphakathi omunye awubambe.
- Ngemuva kwalapho phosela ibholo nanyana umgodlana oneembhontjisi phezulu bese uyawubamba godu.
- Beka umgodlana oneembhontjisi unzinze ehloko yakho bese ukhamba masinya. Phalisana nomngani wakho. Qalani kobana nizokukhamba ibanga elide kangangani ngaphambili kobana umgodlana lowo uwe.



# Ukongiwa kwamanzi



## Asikhulume

Amanzi aqakatheke khulu, kumele singawamotjhi. Khuluma nomgani wakho ngeendlela ezihlanu ezahlukeneko esingabulunga ngazo amanzi.



## Asitole

Tlola imibono emibili esingabulunga ngayo amanzi esikhaleni esingenzasi.

1.

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2.

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## Asenzeni lokhu

Sebenzisa amakhrayoni nephepha ukwenza iphosta enemibalabala ngokonga amanzi. Iphostara yakho ifanele ikhuthaze abanye kobana bongwe amanzi. Nasele uqedile ukwenza iphostara yakho, itjengise umngani wakho.



### Asiphumele ngaphandle

Asidlaleni umdlalo "Sikhathi bani Nomzana Pisi?"

Omunye wenu kumele abe yipisi.  
Dlheganani ngokubuzisa umbuzo othi,  
"Sikhathi bani Nomzana Pisi?"

Njalo nawubuzisa umbuzo,  
ipisi imele itjho kobana sikhathi bani.  
Kodwana lokha ipisi nayithi "sikhathi  
sokudla," ipisi izokuthoma ukugijimisa  
abantwana. Kufanele ugijime ubaleke  
ngaphambi kobana ikubambe.



Kwanjesi tholani iwulahubhu nidlale  
ngayo. Wena nomngani wakho kumele  
nidlhegane ukukhamba nizombe phezulu  
kwewulahubhu, kokuthoma ukhamba  
ngeenyawo ulamanise ngokukhamba  
ngezandla. Ngemuva kwalapho bamba  
iwulawubhu ngezandla zakho lokha  
abangani bakho bakhasa ngaphasi kwayo.  
Dlheganani ukwenza lokhu.



Kokugcina,  
ngeenqhema  
zanga-4 zijayezeni  
ukugida umgido  
weSewula  
Afrika.

Utityhere:  
Thikila:  
Ilanga:





# 4

## Ummoya ohlanzekileko/ ohlwengileko usipha amandla

Ithemu-1 – Iveke-2 – Iphepha lokusebenzela



Asifundeni

Ummoya esiwuphefumulako une-oksijini. I-oksijini isiza imizimba yethu ukusebenzisa ukudla esikudlako. Ngemuva kwalapho, sithola amandla. Lokha nasiphefumula ummoya ongakahlanzeki, imizimba yethu ayikwazi ukusebenza kuhle nangefanelo.



Asitlale

Hlala nomngani wakho. Nobabili, qedelelani emdeni esemtjhweni elandelako:

Ngidinga ummoya ohlanzekileko/ohlwengileko ngombana

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Lokha ummoya nawusilapheleko

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Ummoya uyasilaphala lokha

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Singenza ini ukugcina ummoya uhlanzekile?

1. 

---

2. 

---



### Asifundeni

Abantu batlhoga ukuhlala elangeni ukuze bathabe bebazizwe baphole tswe. Ilanga lisiza imizimba yethu ukwakha iVithamini D. IVithamini D yakha amathambo aqinileko. Nawuhlala elangeni khulu nakhona akukalungi. Ilanga lingasitjhisa sisale sinamabala wokutjha esikhunjeni. Kumele usebenzise isezeso esikhandela ilanga kobana lilimaze isikhumba sakho.



### Asitlola

Qedelela ngokutlola emdeni engenzasi.

Ngingaphepha ukuhlalela ilanga elitjhisa khulu ngoku-

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



### Asivumeni

Vumani ingoma elandelako bese niwahlela igido layo.



Kumele usebenzise isezeso esikhandela ilanga kobana lilimaze isikhumba sakho.



**Ukukhanya kwami  
Ukukhanya kwami ngingedwa.**

**Uyangithabisa**

**Lokha umkayi nawusamlotha.**

**Angekhe wazi, wena othandekako,**

**Kobana ngikuthanda kangangani.**

**Ungathoma hle ususe ukukhanya kwami.**





# 5

## Mina nabanye

Ithemu-1 – Iveke-3 – Iphepha lokusebenzela



Asikhulume

Soke siyathanda ukuba nabangani abalungileko. Wazi njani kobana umngani wakho ulungile?



Asitlole

Emdeni engenzasi, tlola izinto ezenza kobana omunye umntwana sithi umngani olungileko.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



Asitlole

Cabanga ngemibuzo elandelako bese utlola phasi iimpendulo zakho.

Bangaki abangani bakho?
Ngubani ibizo lomunye wabangani bakho abakhulu?
Sikhathi esingangani nibangani?
Yini okukhethekileko ngomngani okukhulunywa ngaye ekondlweni engehla?



### Asikhulume

Hlala nomngani wakho bese nikhuluma ngeentatimende ezilandelako. Tlola itshwayo (✓) ngebhoksini nangabe liqiniso, nesiphambano (✗) nangabe akusilo iqiniso.

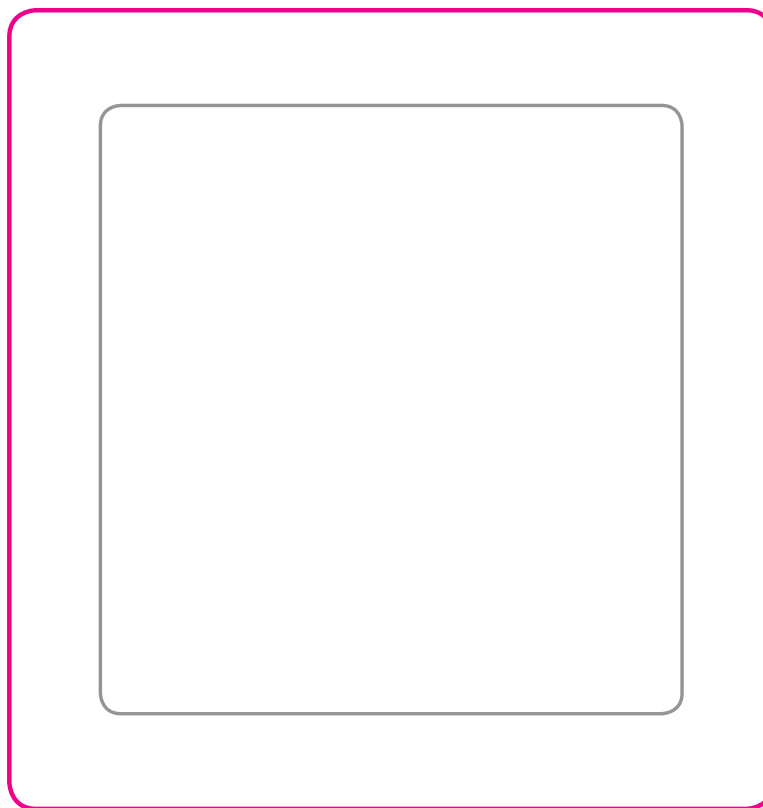
## Irhelo lokuhlola ubungani

	Iye ✓ Awa ✗
Umngani wami unetjhejo.	
Umngani wami uyangisiza.	
Umngani wami wabelana nami.	
Umngani wami akalwi nami.	



### Asenzeni lokhu

Cabanga ongakwenza ukuze umngani wakho azizwe akhethekile. Ngemuva kwalapho gwala isithombe ngento leyo bese usenzele nefremu. Khumbula ukukghabisa ifremu yesithombe sakho. Nasele ukwenzile lokho, khulumani ngemibala epholileko nemibala etjhisako oyisebenzisileko esithombeni sakho.



### Asitole

Tlola imtjho emibili ngesithombe.

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Utijhese:  
Tikitla:  
Ilanga:



# 6

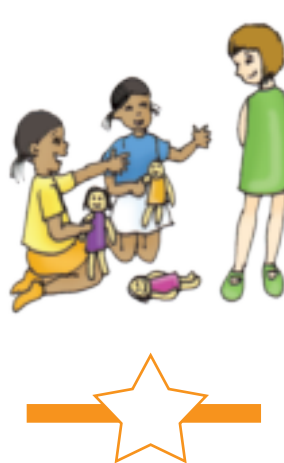
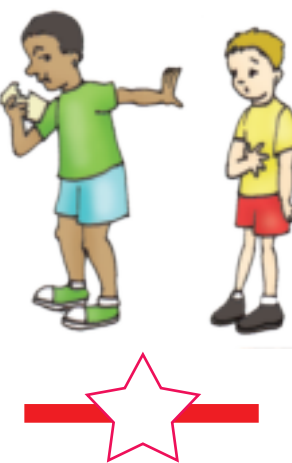
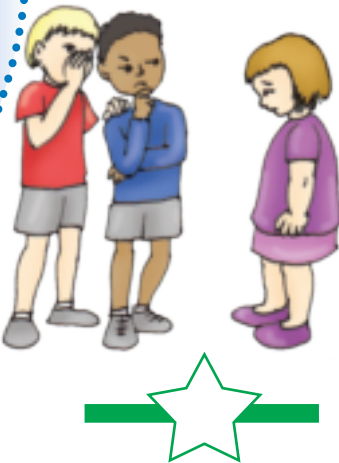
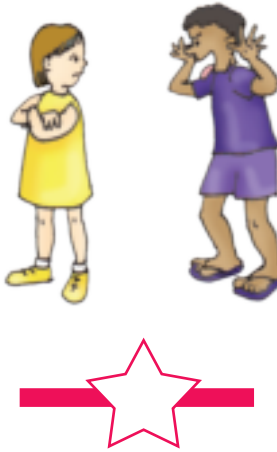
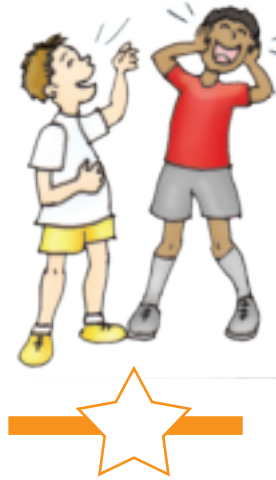
## Abantu abaseduze kwethu

Ithemu-1 – Iveke-3 – Iphepha lokusebenzela



Asikhulume


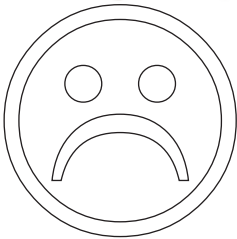


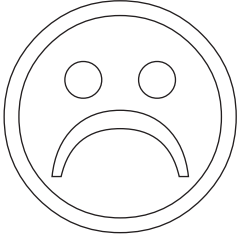

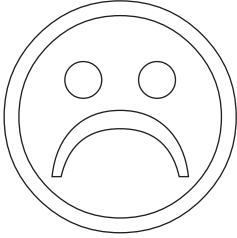

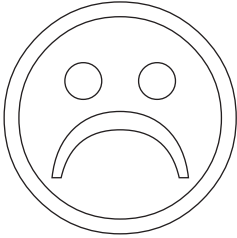


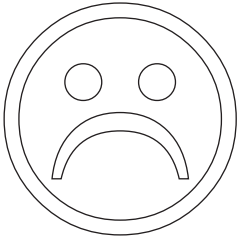
Qala iinthombe. Cabangani ngezinto ezihle ezenziwa bangani bese nicoca ngazo eenqhemeni zenu. Ngemuva kwalapho cabangani kobana abangani abambi benza ini. Tshwaya (✓) esithombeni ngasinye esitjengisa ubungani obuhle bese utshwaye isiphambano (✗) esithombeni esitjengisa ubungani obumbi.





### Asifunde

Funda omunye nomunye umutjho bese ufaka umbala ipendulo  
Iye 😊 nanyana Awa ebusweni obunembako ☹️.

<p>Ngimngani olungileko.</p>		
<p>Nginetjhejo kumngani wami.</p> 		
<p>Ngibalungele abafundi engifunda nabo ngetlasini.</p>		
<p>Abafundi engifunda nabo ngetlasini nabo bangilungele bebanomusa kimi.</p>		
<p>Nginommooya ophasi ebantwini ebatjhidelene nami.</p> 		



### Asithuthuke

Asidlaleni "Jama esithunzini sami".

Wena nabangani bakho kumele nilinge ukugadanga iinthunzi zenu. Dlheganani nibone kobana ningagadanga phezu kweenthunzi ezingaki. Ungalokhu ukhamba ukukhandela umngani wakho kobana angajami esithunzini sakho.





7

# Akusekho ukuthelisa

Ithemu-1 – Iveke-4 – Iphepha lokusebenzela



Asitole

Qalani esinye nesinye isithombe.

Ungenza ini nangabe umntwana otheliswa? Eduze kesinye nesinye isithombe tlola umutjho munye ngokuthi kumele sibaphathe bunjani abantu.



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### Asenzeni lokhu

Wena nomngani wakho lingisani umntwana othelisa omunye. Yitjhoni-ke kobana kungenziwa ini ukukhanela ukutheliswa kwabanye abantwana.



### Asiphumele ngaphandle

Zihleleni ngeenqhema nga-5.

Kwanjesi jamani umjeje bese nidlulisela ibholo phambili ngokuyiphoselana. Qalani kobana ngisiphi isiqhema esingaphoselana ibholo beyingawi beyiyokufika emuntwini wekugcineni ngesikhathi esifitjhani. Nasele niqedile ngalokho, lingani ukuphoselana ibholo ngenye indlela eyahlukileko:

- Phosela omunye umfundi ibholo ojame ngemuva kwakho, kodwana ibholo kumele uyiphose bese idlula hlangana nemilenze yakho.
- Phosela omunye umfundi ojame ngemuva kwakho, kodwana ibholo kumele uyiphose bese idlula ngaphezulu kwehloko yakho.
- Phosela ibholo ngesinceleni bese idlulela komunye umfundi ojame ngemuva kwakho.
- Phosela ibholo ngesidleni bese idlulela komunye umfundi ojame ngemva kwakho.
- Kwanjesi phoselanani ibholo bese niyabala kobana ningayigama kangaki.





8

# Soke sikhethekile

Ithemu-1 – Iveke-4 – Iphepha lokusebenzela



Asikhulume

Qalani iinthombe bese niyatjho kobana abafundi abalandelako bafana ngani. Yitjhoni nokobana bahluke bunjani.





### Asifunde

Dlalani umdlalo olandelako ngeenqhema. Qalani boke abafundi ngetlasini yenu. Ngemva kwalapho fundani iintatimende ezilandelako. Nangabe isitatimende siliqiniso, tshwaya (✓) ngebhoksini elingesandleni sokudla, begodu nangabe isitatimende simamala, tshwaya isiphambano (✗).

	Iye ✓ Awa ✗
Ingabe abantazana abasana babonakala bafana?	
Ingabe iinhluthu zabo boke abafundi ngetlasini zinombala ofanako?	
Ingabe boke abafundi banamehlo ofanako?	
Ingabe izandla zabo boke abafundi ziyalingana?	
Ingabe boke abafundi betlasi bayalingana ngobude?	



### Asikhulume

Ingabe uyabona kobana asifani? Begodu uyabona kobana siyafana ngezinye izinto? Cocani ngalokho esifana ngakho.



### Asigwaleni

Gwala isithombe sakho. Sebenzisa isezeso somlomo ukwenza ukugadangisa umuno wakho eduze kwefreyimu yesithombe.



Uyazi nje kobana ephasini loke akekho umuntu onegadangiso lemuno elifanako? Nguwe wedwa begodu ukhethekile!



# Sizizwa bunjani



Asikhulume

Cocisanani kobana nizizwa bunjani lokha nanivelelwe yinto ehle nekarisako. Ngemuva kwalapho cocisanani ngokuthi nizizwa bunjani lokha nanivelelwe ngokumbi. Lokhu sikubiza ngokuphakama kwemizwa.



Asitlole

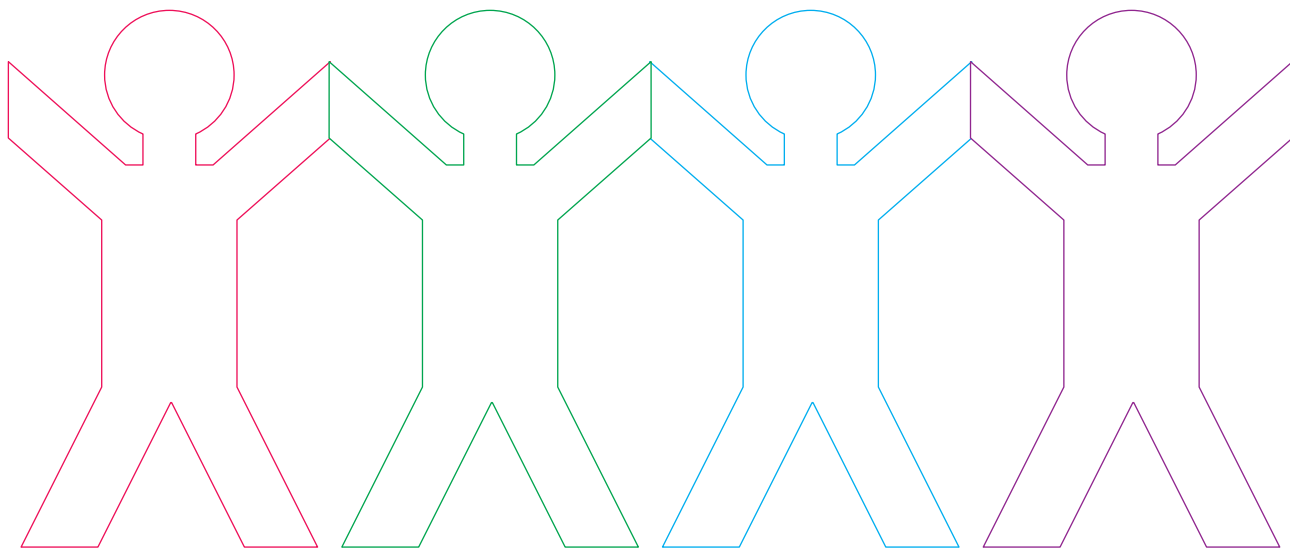
Tlola iimpendulo zemibuzo engenzasi.

Ngikuphi okungithabisako?
Ngikuphi okungenza ngidane?
Ngikuphi okungenza ngithuke?
Ngikuphi okungenza ngithabe?



### Asenzeni lokhu

Gwala bese ufaka nombala iketani yobungani. Linga ukwenza unodoli omunye nomunye ahlukile komunye ukutjengisa kobana asifani begodu sikhethekile. Nasele nikwenzile lokho, ningasika iketani yobungani kibosika abaphakathi nencwadi le. Yenza unopopi ngamunye aqaleke ngendlela eyahlukileko bese niyabatjela kobana bajame phezulu kwedeski lakho ukuze akukhumbuze kobana soke asifani begodu sehlukile komunye.



### Asiphumele ngaphandle

Yenza umzimba wakho ube mkhulu ngendlela ongakghona ngayo. Linga ukwenza umzimba wakho ube mncani ngendlela ongakghona ngayo. Linga ukwenza umzimba wakho ube mude ngendlela ongakghona ngayo. Kokugcina, linga ukuwenza ube mfitjhani ngendlela ongakghona ngayo.



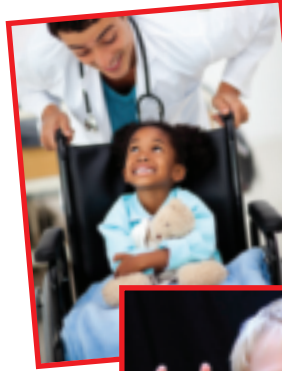
# Abantu abaphila nokukhubazeka



## Asikhulume

Qalani iinthombe ezilandelako.

- Ubona ukukhubazeka okwehlukileko okumihlobo emingaki?
- Omunye nomunye umntwana usebenzisa ini ukuzisiza?
- Ucabanga kobana omunye nomunye umntwana ngamalanga uhlangabezana namiphi imiraro epilweni yakhe?
- Khulumani ngesingakwenza ukubasiza.

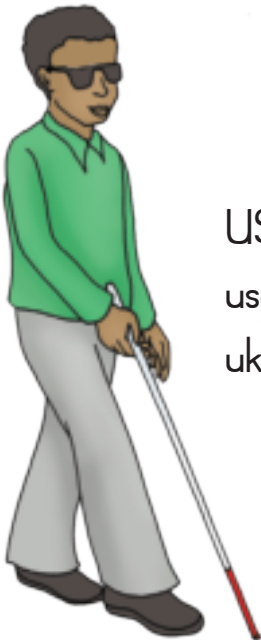


## Asitole

Qalani iinthombe ezilandelako.

UBathabile akakwazi ukukhamba.

Usebenzisa \_\_\_\_\_  
ukukhambakhamba.



USelephi akaboni kanti  
usebenzisa \_\_\_\_\_  
ukuthola lapha akhamba khona.



isihlalo mavilo

inja ekurholako





isisetjenziswa esisiza ukuzwa



UBangani akezwa.

Usebenzisa \_\_\_\_\_ ukumsiza kobana ezwe.

ukukhuluma ngelimi lamatshwayo



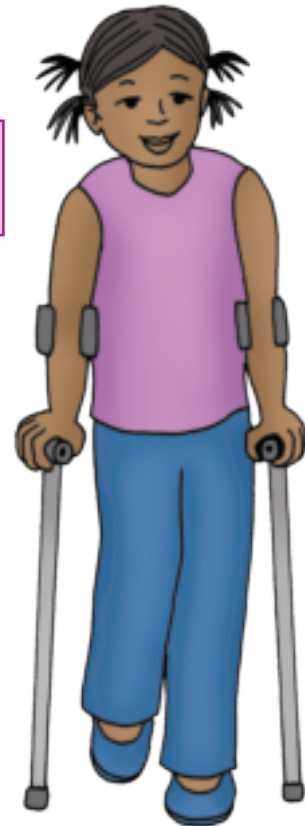
UJabu akakhulumi/simumu.

Usebenzisa \_\_\_\_\_ ukukhuluma.

iingodo (ekukhanjwa ngazo nawulimeleko)



UNomusa usebenzisa \_\_\_\_\_ ukukhamba.



Asenzi lokhu



Sebenzisani umdaka nanyana ihlama yokudlala ukwenza ivasi nofana ibhigiri.



Utityhere:  
Tikitla:  
Ilanga:



# Boke abantwana baligugu bebakhethekile



Asikhulume

Abantwana abalandelako laba bahluke kunjani kuwe?  
Bafana kunjani nawe?



Asifunde

Ephasini loke abantu bagidinga amalanga akhethekileko.

Sithanda ukudlala nokuvuma.

Soke sifuna ukudla sidle.

Soke kufanele siye esikolweni.

Nasigulako, soke kufanele sibonane nodorhodera.

Soke kufanele sihlanzeke besizigcine sihlanzekile.

Akukafaneli kobana sisetjenziswe kabudisi.

Sibentwana.





### Asitlola

Buza abangani bakho aba-3 imibuzo elandelako. Tlola iimpendulo zemibuzo yabo ngemabhoksini angenzasi.

Qedelela ngokutlola ibizo lomngani wakho.			
Ngiyiphi ikolo yakho?			
Migidingo miphi ekhethekileko kuwe enalokhu?			
Udla ini?			
Wena ngiziphi izambatho ezikhethekileko ozembathako?			
Ugidinga ini ngalokhu:			



### Asenzeni lokhu

Qala isithombe.  
Mumbhe wephasi.  
Uyabona kobana ephasini kunamalwandle namalwandlekazi.  
Amalwandle afake umbala ohlaza sasibhakabhaka.  
Gwala iinhlambi ezimbalwa elwandle.  
Faka inarha umbala ozotho.



# Ikutana yami



## Asikhulume

Ingabe bakhona abafundi abaphila nokukhubazeka esikolweni senu? Khulumani ngalokho.

Isikolo singenza ini ukubasiza nabasesikolweni? Ingabe abantu abaphila nokukhubazeka bangaba ikutana?



## Asifunde

Ezinye ikutana ziphila nokukhubazeka.

Siqalelela kizo. Kukhona omunye umuntu ophila nokukhubazeka begodu ophuma phambili emidlalweni? UNatalie du Toit waquntwa inyawo langesinceleni ngemva kokufunyana ingozi ngetsikiri. Ukhamba ngenyawo lokwenziwa kodwana nakadudako, usebenzisa umlenze owodwa.



## Asikhulume

Khulumani ngabantu abaphila nokukhubazeka abenza izinto ezimangazako. Cabangani ngalokhu:

- Abantu abaphopheleko abadlala iinsetjenziswa zomvumo. Kukhona omunye umuntu ophopheleko omaziko?
- Abantu abaphopheleko abatlola iingoma. Ungacabanga ngomunye umuntu osibonelo kilokhu?





Asitlole

Esikhaleni esingenzasi, tlola iminingwana nekutana yakho nofana umuntu oqalelele kuye.

## Ikutana yami:

Gwala isithombe somuntu omthatha njengekutana yakho nanyana umuntu oqalelele kuye. Tlola amagama eduze kwesithombe sakho ukuhlathulula umuntu loyo. Isibonelo, unethando, unesithunzi, unomusa, uyakwazi ukukhuthaza abanye, njll.

Ungaba yikutana ngaziphi iindlela? Wena nomngani wakho khulumisanani ngemibono eningayiveza/eningayicabanga. Kwanjesi tlola indatjana ngokuthi kungani waba yikutana. Qedelela imitjho engenzasi:

Ngelinye ilanga

Ngaqunta

Ngangifuna/Ngacabanga

Ngikho nje ngaba yikutana



# Ukuhlwengisa amanzi



## Asifunde

Qala irhalasi elinamanzi.

Kukhona into oyibona ngaphakathi?

Awa, angekhe wabona litho. Kodwana uyazi nje kobana ngesinye isikhathi ungafunyana imilwana ngaphakathi kwamanzi?

Imilwana le mincani khulu begodu angekhe wayibona ngamehlo wenyama. Nawuzakusela amanzi lawo ngaphambi kokubulala imilwana leyo, ungagula khulu. Kanengi kumele siqinisekise kobana amanzi esiwaselako ahlwengekile.



## Asikhulume

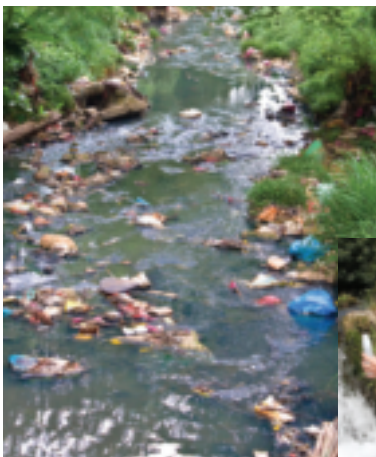
Khulumani ngalokho okungenzeka lokha nasisela amanzi angakahlwengeki. Kwanje qalani iinthombe ezingenzasi. Cocisana nomngani wakho ngeendlela ezahlukeneko zokuhlwengisa nofana zokucwengisa amanzi.



Faka ipilisi letlorini ngemanzini.



Bilisa amanzi imizuzu emi-5.



Faka amakhemikhali.



Sefa amanzi.





### Asikhulume

Ngimaphi amanzi ocabanga kobana aphephile ukuwasela?  
Penda amanzi lawo ngombala ohlaza sasibhakabhaka nawucabanga kobana aphephile begodu angaselwa.

Amanzi womlambo



Amanzi aphuma ebhorweni.

Amanzi wepompo



Amanzi athengiweko angebhodlelweni.

Amanzi welwandle



Amanzi angeketleleni abilisiweko.



### Asenzi lokhu

Sebenzani ngeenqhema bese nenza isisefo samanzi ukuze nihlwengise amanzi. Lalelisisani lokha utitjhere nakanihlathululelako ngalokho enifanele nikwenze.

#### Uzokutlhoga okulandelako:

Ibhodlelo leplastiki elinamalitha ama-2 litha

Isanda emarhororhoro/emakaritjha

Amatje amancani

Isikere

Ivolo yekoteni



### Asitole

Nombora iindlela zokusefa amanzi ngendlela efaneleko.

	Thela isanda esefeke yaba lula ngaphezu kwento yekoteni.
	Phendula ibhodlelo liqale phasi.
	Thela isanda emakaritjha.
	Ngokuyelela okukhulu sika ilingenzasi lebhodlelo leplastiki.
	Thela amanzi anedaka ngaphakathi.
	Phosela amatjana amancani nofana ikhethe ngaphakathi kwebhodlelo.



# Indlela yokuphila okungiyiyo



Asifunde

Funda yoke imikghwa elandelako, ingaba mihle nanyana ibe ngemimbi. Nangabe ucabanga kobana mumukghwa omuhle, tlola itshwayo (✓), eduze komutjho lowo. Nangabe ucabanga kobana mumukghwa omumbi, tlola isiphambano (✗) eduze komutjho lowo.

Imikghwa <i>Utijhere usiza umfundi ukufunda.</i>	Omumbi ✓	Omuhle ✗
Ngidla ukudla okunepilo.		
Ngiphosa izinto ezingafunekiko ngefesidiri lebhese nofana leteksi.		
Ngihlamba iinhluthu zami njalo.		
Ngidla amaswidi amanengi.		
Ngigcina amazipho neendlebe zami zihlwengile.		
Ngihlamba amazinyo wami nomlomo kanye ngelanga.		
Ngidobha iinzibi ngiziphosele ngemgqomini weenzibi.		
Ngihlamba izandla zami njalo ngemuva kokuya ngendlini yokuzithumela.		
Lokha nangithimulako/nangikhohlelako, ngivala umlomo wami ngesandla.		
Ngithabulula umzimba njalo.		
Ngihlamba izandla zami njalo ngaphambi kokudla.		
Ngibhambalala ngaphambi kumabonwakude ama-iri amanengi.		
Ngihlala abantu abakhulu nabacocako.		

Ithemu-1 – Iveke-7 – Iphepha lokusebenzela



Gwala iphostara ngomukghwa omuhle nanyana omumbi.

Asenzeni lokhu



Asitlole

Qalisisa iphostara yakho. Funda isitatimende ngasinye bese ufake ubuso obuhlekako nangabe isitatimende siliqiniso. Faka ubuso obudanileko nangabe isitatimende asisilo iqiniso.



	Iye 	Awa 
Iphostara yami yihle, inemibala ekhangako.		
Ngikuthabele ukwenza iphostara le.		
Ngikubone kulikhuni ukwenza iphostara le.		



Asiphumele ngaphandle

- Ungeqela kude kangangani? Sebenzisa iinrobho ezintathu. Yeqa ngaphezulu kwazo. Ngemuva kokweqa, zibeke godu maqalanga ubone kobana ungeqela kude kangangani.
- Ngemuva kwalapho-ke bawa abangani bakho ababili babethe iqathulo wena bese uyayeqa.
- Dlheganani ngokweqa iqathulo.



Utityhere:  
Thikila:  
Ilanga:

# Imikhiqizo eyonakalako naleyoy engonakaliko

Asikhulume



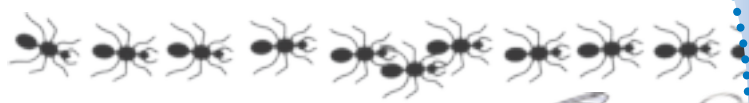
Cocani ngokudla okufanele kugcinwe kumakhaza ukukhandela kobana kungaboli. Quntani kobana ngikuphi ukudla okungatlhogi kobana kubekwe endaweni emakhaza, kodwana okungafakwa ngemakasini/ngemakhabetheni. Sika iinthombe ekhasini labosika bese uzinamathisela ngekhabethe/ngekasini nofana ngesiqandisini.





**Asikhulume**

Khulumani ngeendlela esingakhandela ngazo kobana abotjhontjhwani neempukani zingahlali phezulu kokudla kwethu.



Utijjhere:  
Tjikitla:  
Ilanga:



# linkolo namalanga akhethekileko



Asifunde

Kilo loko iphasi abantu bagidinga amalanga wokuphumula akhethekileko. Ungagidinga maphi amalanga wokuphumula?

Ngelanga lakaKresimusi sifunyana izipho. Begodu sipha abangani bethu namanye amalanga wemindeni yemakhaya izipho. Siba nomuthi wakaKresimusi emakhaya. Sibeka izipho zethu ngaphasi komuthi lowo. Siyawukghabisa umuthi bese sibekeneenkwekwezi phezulu. Ngelanga lakaKresimusi sidle ukudla okunengi, nokumnandi.



Sesilinde ilanga leDiwali ngamehlo abovu. Leso sikhathi lapha sifumana khona amaswidi amanengi nezipho ezinengi tle. Sipaka amaswidi amnandi namakhekhe ngamabhoksi silungiselela iimvakatjhi zemakhaya. Sikhanyisa amalampa amancani bese siwabeka abhode umuzi. Sikghabisa izindlu zemakhaya bese sibe namakerekere.



Sesilindele ilanga leHanukkah khulu. Sizokuba nokudla okunengi esizokudla. Sithanda ukudla amakhekhe abhagwe ngepani netjhatjhatjha elinetjhukela enengi khulu. Begodu ngelanga lelo, silindele ukuthola izipho. Abomzala bayeza bazosivakatjhela. Soke siyasiza ukupheka ukudla kwelanga begodu emakhaya sikhanyisa namakhandlela.

Kungasikade kuzokuba lilanga le-Eid. Ngiyathemba kobana uzokufumana isipho esihle. Nathi sizokupha abangani bethu izipho. Kuzokuba namakhekhe amanengi namaswidi esizowadla. Sibona ngendlela ejame ngayo kobana sekusikhathi se-Eid. Qobe minyaka ilanga leli liba ngelanga elihlukileko.



Asivumeni

Vuma iingoma ozaziko ezivunywa ngamalanga alandelanako aqakathekileko.



Utityhere:  
Tikitla:  
Ilanga:

# Iinkhathi zomnyaka

Asikhulume

Qala iinthombe ezimayelana neenkathi zomnyaka. Cocela umngani wakho kobana ubona ini esithombeni ngasinye. Mcocele kobana iinkhathi ezine zomnyaka zihlukene njani.



Ngisiphi isikhathi somnyaka osithanda khulu? \_\_\_\_\_

\_\_\_\_\_

Kubayini uthanda isikhathi lesi somnyaka? \_\_\_\_\_

\_\_\_\_\_

Ilanga lakho lamabeletho lingasiphi isikhathi somnyaka? \_\_\_\_\_

\_\_\_\_\_



Asivumeni

**Lotjha nomzana Langa!**  
**Ilanga lakho lisanda ukuthoma.**  
**Ngiyathanda ukubona ubuso bakho**  
**obumanyazelako. Lotjha nomzana Langa.**



**Zulu! Zulu tjabala!**  
**Abantwana bafuna ukudlala.**  
**Uzakubuya ngelinye ilanga.**  
**Ungabikhona ilanga libe linye tere.**



Utithere:  
Thikila:  
Ilanga:



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# linkhathi ezine zomnyaka

Itihemu-2 – Iveke-1 – Iphepha lokusebenzela



Asenzeni lokhu

Sika iinthombe zeenkhathi zomnyaka kibosika abangemuva encwadini yakho. Namathisela isithombe ngasinye eduze kwesikhathi esifaneleko somnyaka.



UJuni

UJulayi

U-Arhostesi

**ubusika**

USeptemba  
U-Oktoba  
UNovemba

**itwasahlobo**





**U**Disemba

**U**Janabari

**U**Feberbari

**ihlobo**



**Asiphumele ngaphandle**

Zijayeze ikghono lakho lebhola.  
Phosela ibholo phezulu kweboda.  
Gadanga ndawonye lokha nawubetha phasi ibholo.  
Kwanjesi gijima uphose ibholo ujikeleze isigodo.



# linkhathi zomnyaka

Asifunde

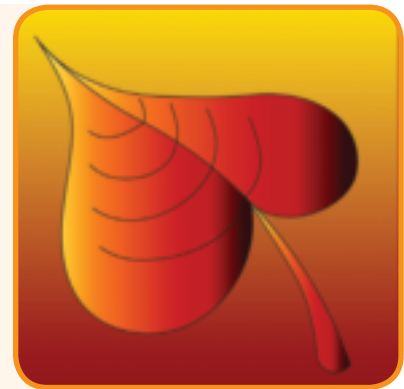


## Ihlobo

Ubjamo bezulu buyatjhisa bufuthumele.  
Imini yide kanti ubusuku bufitjhani.  
Singaphola ngokobana sidude nofana sihlale emthunzini.

## Isiruthwana

Ubjamo bezulu buyaphola.  
Amakari athoma ukutjhugulula umbala ube sagolide bese ayawa emthini.  
Iinyoni ziphaphela eendaweni ezifuthumeleko.



## Ubusika

Ubjamo bezulu bumakhaza.  
Kezinye iindawo kulala ilothe.  
Ubusuku bude kanti imini ifitjhani.  
Ezinye iinyamazana ziyahluba ebusika.

## Ithwasahlobo

Ubjamo bezulu buyatjhisa.  
Iintjalo zithoma ukumila begodu kubanamathuthumbo phezu kwezinye iintjalo.  
Iinyoni zithoma ukwakha iindlheke bezibekele amaqanda.





**Asikhulume**

Ukudla okuhlukahlukeneko kutholakala ngeenkhathi zomnyaka ezihlukeneko. Qalisisa ukudla okulandelako lokhu kwehlobo nokwebusika. Tjela umngani wakho kobana uthanda ukudla kuphi nakutjhisako nalokha nakumakhaza.



Utijhere:  
 Tikitla:  
 Ilanga:



# Ukwembatha ngendlela ubujamo bezulu bungakho



### Asigwaleni

Gwala isithombe somsana nomntazana. Umsana kufanele ambathe izembatho ezifuthumeleko zebusika bese kuthi umntazana ambathe izembatho ezipholileko zehlobo.



Umsana	Umntazana



### Asiphumele ngaphandle

- Yenza amaqubi wehlabathini.
- Lokha utitjhere wakho nakutjela bonyana weqe, yeqa weqele ngaphakathi kwamaqubi ngeenyawo zombili.
- Lokha utitjhere wakho nakutjela bonyana weqe, weqe uphume equbini ngenyawo elilodwa.
- Dlala iskomborika.
- Sebenzisa itjhogo ukugwala iindulunga neenkwere ehlabathini.





Asikhulume

Cocela umngani wakho kobana sembatha ziphi izembatho kesinye nesinye isikhathi somnyaka?

Thala umuda osuka ehlathululweni yezambatho esizimbatha ngesikhathi somnyaka.

Asitlole



## Ukwembatha okukhambisana nobujamo bezulu

Lokha nakunelanga sifanele ukuthwala iingwani ukuze sizivikele elangeni.



Lokha nakufuthumeleko sifanele ukwembatha izembatho ezipholileko.



Lokha nakumakhaza ngaphandle sifanele ukwembatha izembatho zevolo ezifuthumeleko.



Lokha nalinako sifanele ukwembatha irenjasi besiphathe nesambreni.



Utityhere:  
Tikitla:  
Ilanga:

# Imithelela yeenkhathi zomnyaka



Asifunde



## Itwasahlobo

Ngethwasahlobo imithi ithoma ukumila amakari.

Sibona iinyoni, iinyosi, amathuthumbo namakari ahlazana.

Iinyoni zakha iindleke bezibekele amaqanda.

Abosomaplasi bona barhuna/ baguda uboya bezimvu.



## Ihlobo

Ehlobo abosomaplasi bavuna iinthelo. Amakonyana weenyamazana abamjadu.

Kezinye iindawo izulu lina khulu line ngamawuruwuru nombani.

Utjani, amahlathi namathuthumbo kumila ngamandla. Imithi yona ibamide.





## Isiruthwana

Ezinye iinlwana zibulunga ukudla kwazo njengombana zizokutlhoga ngesikhathi sebusika.

Amakari wemithi athoma ukubasarulani, abezotho, abebomvu abuye abesalamune.

Utjani buthoma abezotho.



## Ubusika

Ezinye iinlwana ziyahluba ebusika. Ziyafuthumala ngombana isikhumba sazo sibamabhombo.



Asitlole

Ezinye iinlwana zenza ini ebusika? \_\_\_\_\_

Ezinye iinlwana zizivikela kunjani amakhaza? \_\_\_\_\_

Iinyoni zibuyela nini eendaweni ezifuthumeleko ebezibalekele kizo? \_\_\_\_\_



# Ukutjala isitjalo ngebhlegeni

Asenzeni lokhu

## Utlhoga

- Iimbontjisi
- Ivalo
- Isimumathi
- Amanzi







## Bese wenzeni

Beka iimbontjisi phezulu kwevalo ngaphakathi kwesimumathi. Silonde njalo sihlale sithambile. Beka isimumathi efesidereni lapho kunomkhanyo khona welanga. Tjheja isimumathi leso isikhathi esingaba ziimveke ezimbili. Tjheja kobana kumila njani.



Qala iinthombe zeentjalo lezi ezingesimumathini. Lokha isitjalo sakho nasiqaleka sinje, zalisa ilanga.

Ilanga	Ilanga	Ilanga	Ilanga
			



Asenzeni lokhu

Yenza umdlalo wokulingisa ngesibandana.  
Ungatjengisa ibhere nanyana isikwirili esibuthelela ukudla  
nokugcina ukudla kwebusika.



Asiphumele ngaphandle

Zigede phasi ehlabathini njengenyoka  
lokha nayifuna ukuhluba.

Phapha njengekonjani  
liphaphela endaweni  
efuthumeleko.



Utijhere:  
Tikitla:  
Ilanga:





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# Iinlwana: Iinlwana zemaplasini

Ithemu-2 – Iveke-4 – Iphepha lokusebenzela



Asikhulume

Qala iinthombe bese ukhuluma ngeenlwana zemaplasini ozibonako.  
Ngisiphi isilwana osithandako?  
Sithola ini kesinye nesinye isilwana kilezi ezilandelako?






Asitlolo

Qedelela ngependulo enembako ngaphakathi kwamatheyibula.  
Yokuthoma selewenzelwe yona.

	Eduna	Iramu
	Esikazi	Ikonyana lakadumbana
	Ikonyana	Idzinyani lemvu
	Itjhada	Baa!
	Indawo	Isibaya

	Eduna	
	Esikazi	
	Ikonyana	
	Itjhada	
	Indawo	

	Eduna	
	Esikazi	
	Ikonyana	
	Itjhada	
	Indawo	

	Eduna	
	Esikazi	
	Ikonyana	
	Itjhada	
	Indawo	



# Eplasini

Asivumeni



Umkhulu omdala bekanepiasi

Hee-hi-hee-hi-ho!

Eplasini bekaneenkomo

Zithi mu-mu lapha zithi mu-mu laphaya!

Lapha i-mu mu nalapha i-mu-mu!

Yoke indawo kuthi mu-mu-mu!

Umkhulu omdala  
bekanepiasi

Hee-hi-hee-ho!





**Asivumeni**

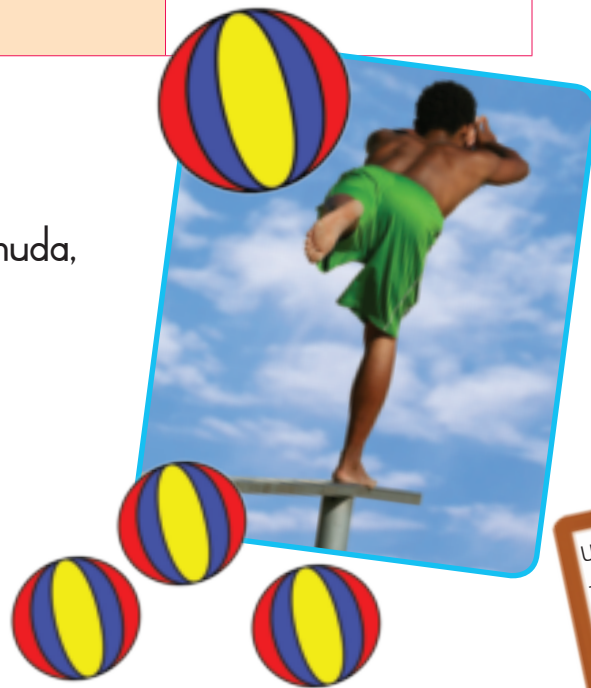
Ragela phambili uvume ingoma. Jamiselela imida yekomo ngeenlwana lezi.

		Eplasini bekanezinja.
		Eplasini abuye abenamadada.
		Eplasini abuye abeneempere.



**Asiphumele ngaphandle**

- Bakhamba phezu kwentambo nofana umuda, ngaphandle kokuwela phasi.
- Phosa ibholo emoyeni bese uyayigenda, ngaphandle kokuwela phasi.
- Kwanje rholobha njengepera.
- Betha umkhulungwana njengenja.
- Khamba njengerobodo.



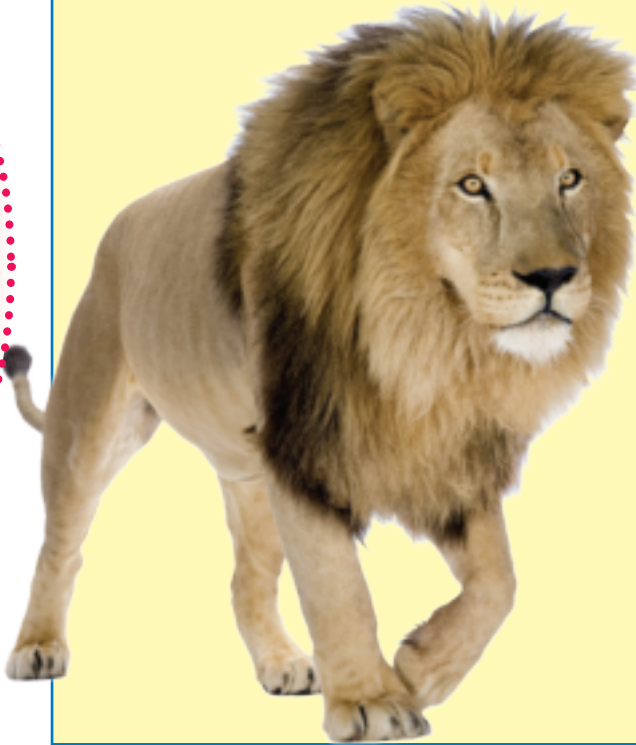
Utityhere:  
Tikitla:  
Ilanga:



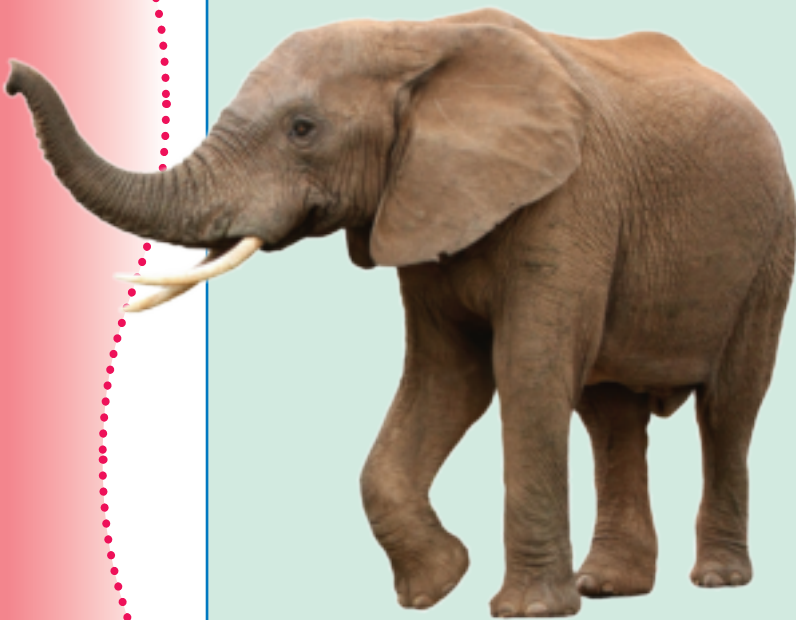
# Iinlwana zemangweni



Asifunde



Amabhubezi awela emhlotjaneni wabokatsu. Ibhubenzi laziwa njengekosi yeenlwana. Amabhubezi ayazuma abambe bekabulale iinlwana ezifana neempunzi namadube. Amabhubezi asikazi ngiwo azuma khulu. Amabhubezi avamise ukuzuma ebusuku ngeenqhema. Amabhubezi athanda ukuhlala endaweni evulekileko enotjani. Amabhubezi avame ukuzwakalisa isililo sawo khudlwana.



Iindlovu ziinlwana ekungezikulu kilezo ezimunyisako ephasini. Iindlovu avame ukuba sengozini esikhathini esinengi ziyazunywa ngebanga lomsebenzi weempondo zazo. Iindlovu zikhula ipilo yazo yoke. Iindlovu zisebenzisa imiboko yazo ukufaka imirabhu, iinthelo namanzi ngemloyeni lokha nazidlako. Zidla ukudla okungaba budisi obumakhiligremu ama-200 ngelanga begodu zisele amalitha wamanzi angaba malitha ali-190.



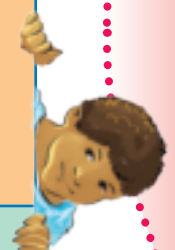
Kukhona imihlobo emibili yabobhejani, ubhejani omhlophe nonzima. Abobhejani ababoni kuhle kodwana banekghono elihle lokunukelela. Abobhejani bakhulu begodu bangaba nobudisi obungabamakhilogremu azi-2 500. Abobhejani kanengi bayabulawa babulawelwa iimpodo zabo. Kufanele sikhandele besivikele ukubulawa kwabobhejani babulawelwa iimpondo zabo.



Ingwemabala ekulu ingaba mamitha ama-2 ubude. Ibonakala ngamabala abezotho okukhanyako namabala anzima sandulunga. Ingwe inekghono lokukhwela umuthi begodu ayibi nobudisi ukuzuma ikhwele emthini.



Iinyathi avame ukuhlala ngomhlambi. Lokha nakubonakala sengathi kunengozi, amatholekazi namakonyana ajama ngaphakathi kwendulungu ezungelezwe ziinkunzi ukuzivikela. Ezinye zeenkomo zommango zikhula zibe nokuphakama okungaba limitha eli-1,7.



Utityhere:  
Tikitla:  
Ilanga:





Asifunde



Ezinye iinlwana zizivikela ngokutjhugulula imibala yazo ifane nendawo lapho zikhona ukuze zivikeleke.

Inwabu litjhugulula umbala walo ufane nowomuthi eliwukhwelako. Imithalo etholakala phezulu komzimba wedube yenza kubebudisi ukubona idube emangweni nanyana emahlathini. Ezinye iinlwana zineensiba ezifanako ezenza kungabilula kobana zibonakale. Lokhu sikubiza ngokutjhuguluka kweenlwana.

Akhe ucabange ngezinye iinlwana ezitjhugulula umbala nokunye.



Efitjhani



Utitjhere wenu uzanitjengisa kobana umvumo obethwa ngeenhlalo unjani.





Asenzeni lokhu

Grwala isilwana semangweni sibe sinye. Bese ucocela umngani wakho kobana isilwana leso sitjhuguluka burjani umbala waso.



Utithere:  
 Tikitla:  
 Ilanga:



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# Iinlwana zangemanzini

Ithemu-2 – Iveke-6 – Iphepha lokusebenzela



Asenzi lokhu

Qedelela isithombe ngokuthi ungezelele umgwalo nanyana iinthombe zeenlwana eziphila ngemanzini.





# Iinlwana eziphila ngaphasi kwamanzi

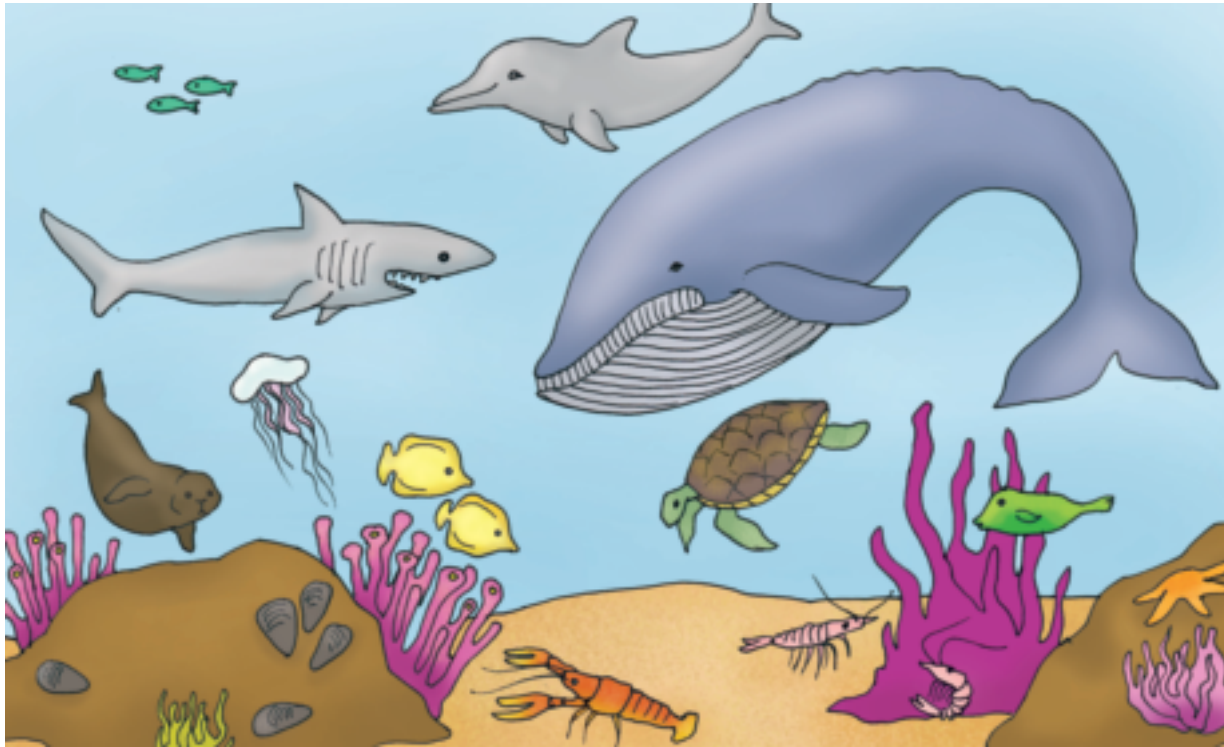


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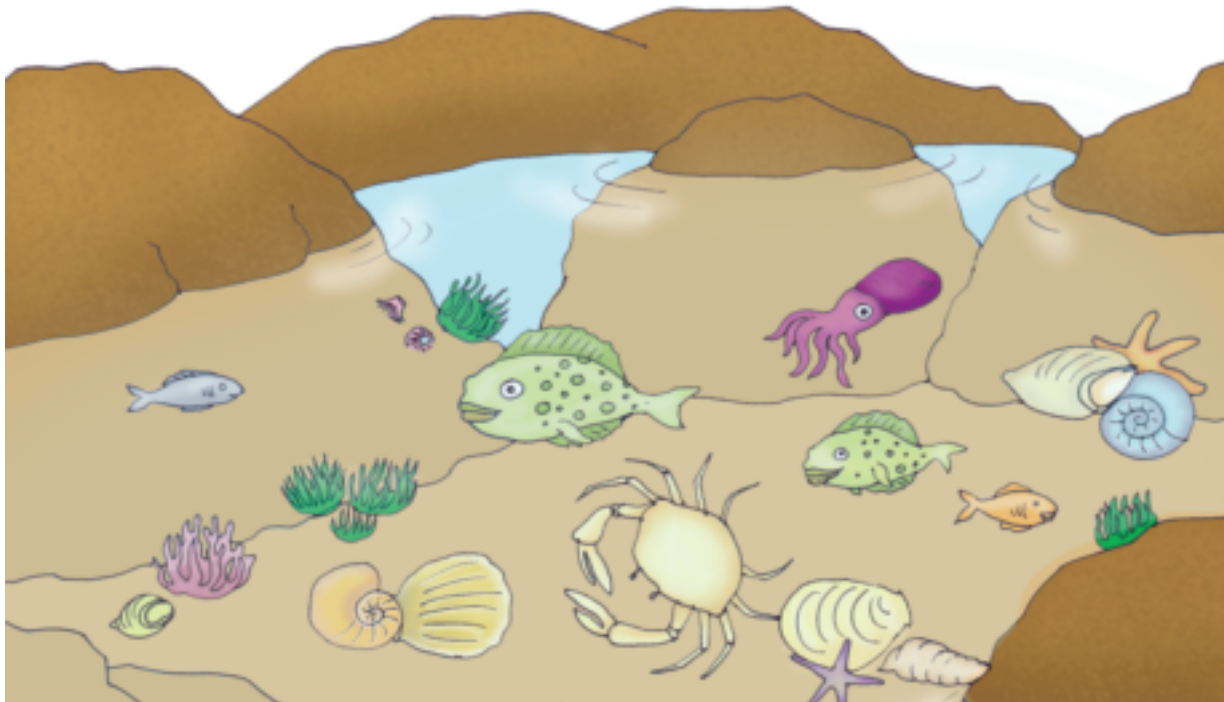


Asikhulume

Akhe siqale zoke iinlwana eziphila ngaphasi kwehlabathi.



Kukhona neenlwana ezincani eziphila hlangana namatje ngaphasi kwamanzi.



Ithemu-2 – Iveke-b – Iphepha lokusebenzela

Utityhere:  
Tikitla:  
Ilanga:





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## Ubukghwari beenlwana

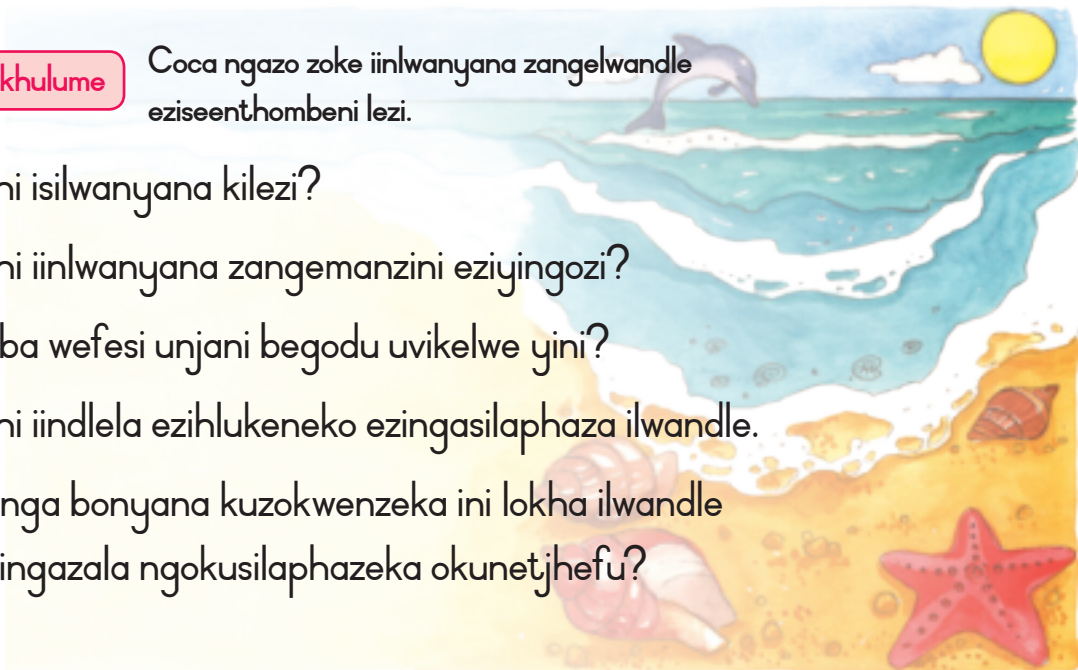
Ithemu-2 – Iveke-7 – Iphepha lokusebenzela



### Asikhulume

Coca ngazo zoke iinlwanyana zangelwandle eziseentombeni lezi.

- Ngisiphi isilwanyana kilezi?
- Ngiziphi iinlwanyana zangemanzini eziyingozi?
- Umzimba wefesi unjani begodu uvikelwe yini?
- Ngiziphi iindlela ezihlukeneko ezingasilaphaza ilwandle.
- Uqabanga bonyana kuzokwenzeka ini lokha ilwandle nangelingazala ngokusilaphazeka okunetjhefu?



### Asitole

Tlola amabizo weenlwanyana oqabanga bonyana zihlala emilanjani, emadamini nofana elwandle emakholomini amathathu wethebula engenzasi.

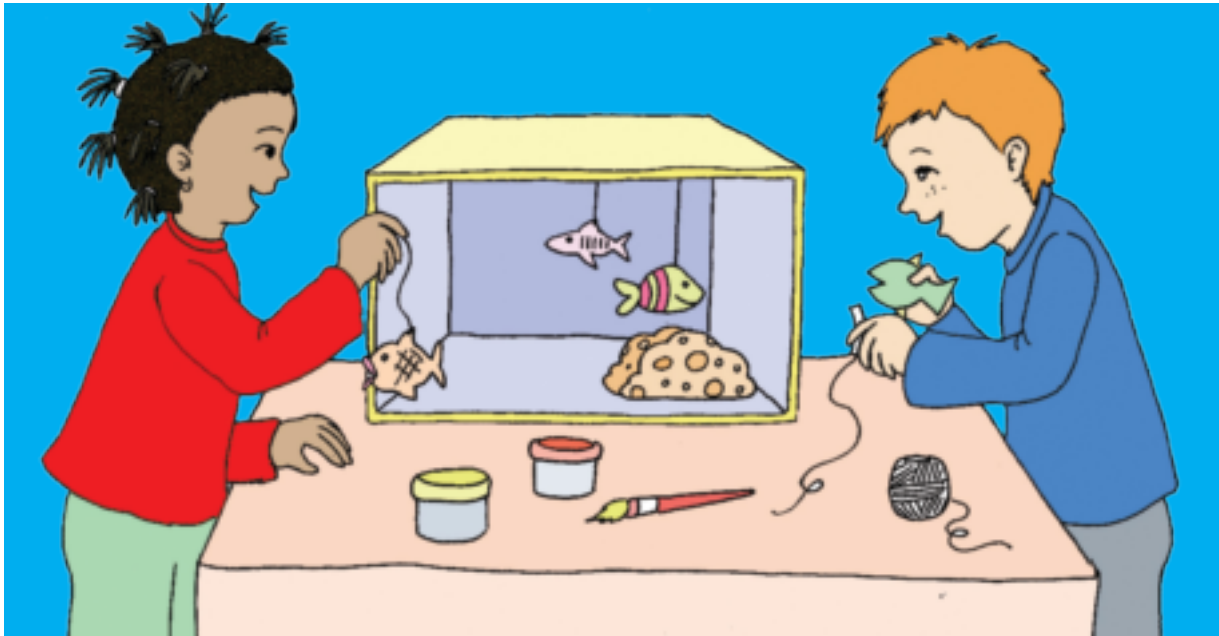
Emlanjani	Elwandle	Edamini



### Asenzeni lokhu

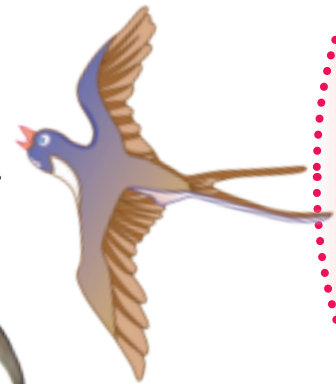
Zakhele sakho isiziba seemfesi.

- Penda ingaphakathi lebhoksi leenyathelo ngokuhlaza kwesibhakabhaka bese ulilalisa ngehlangothi.
- Sika ukhuphe ifesi/ihlambi ngemuva kwencwadi.
- Namathisela ngaphezulu kwebhoksi ngeselotheyibhu nentambo.



### Asiphumele ngaphandle

- Phapha njengenyoni ngebelo eliphezulu nebelo elibuthaka.
- Tjuza njengephengwini.
- Phapha njengenyosi.
- Khamba likeke njengekala.
- Duda njengefesi/njengehlambi.
- Yeqa njengesirhwarhwa.
- Dlalani umdlalo wokulandela odosako/ongaphambili.
- Dlalani umdlalo wakakatsu nekhondlo.



# Iinlwanyana ezithwala imizi yazo ngaso soke isikhathi



Asifunde



Uthi bewazi? Ngilingana kuhle ngaphakathi kwecephe lami begodu akwenzeki kobana libelincani lingangilingani.

## Ikgghuru

Ikgghuru ingenye yeenlwana ezirhurhuba ngamathumbu begodu inemilenze evulekileko nentamo nehloko.

### Zihlala kuphi?

		
Ithathila: Ngihlala elwandle.	Itheraphina: Ngihlala endaweni esemanzini, endaweni ezithambileko.	Nekghuru: Ngihlala ehlabathini.



Asitlole

Phendula imibuzo elandelako ngekghuru ehlala ehlabathini.

Indlwana yekghuru ithambile nanyana iqinile? \_\_\_\_\_

Indlwana yekghuru iyivikela ini, kuphi? \_\_\_\_\_

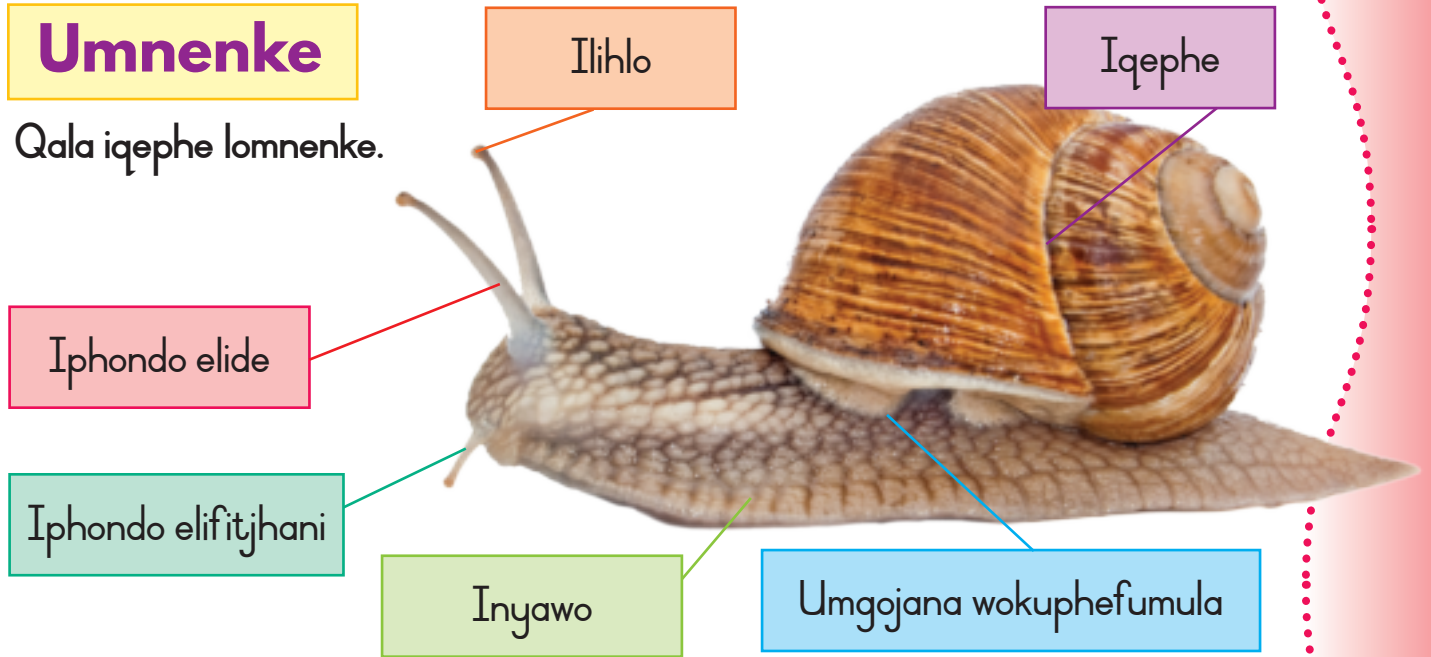
Ikgghuru yenza ini lokha nayithukweko? \_\_\_\_\_

Iinkghuru zidla ini? \_\_\_\_\_



# Umnenke

Qala iqephe lomnenke.



Umnenke ukhamba bunjani? \_\_\_\_\_

Ukhe wafunyana iqephe lilodwa? Ucabanga bonyana kwenzeke ini ngomnenke loyo? \_\_\_\_\_

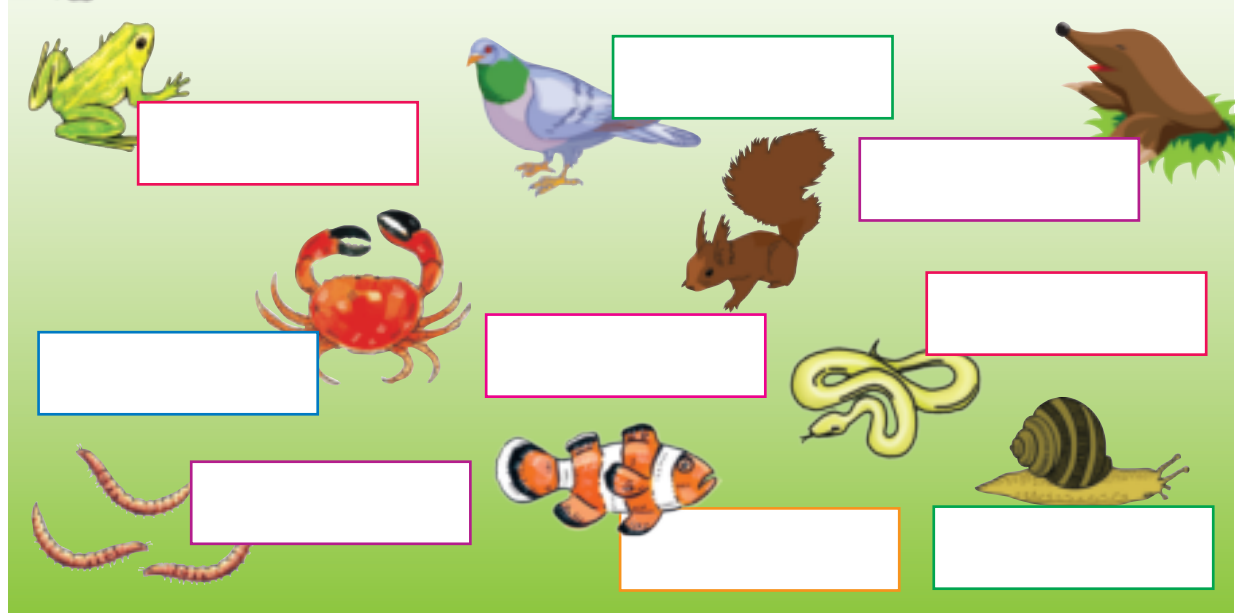
Amaqephe weminenke anombala onjani? \_\_\_\_\_

Kubayini ucabanga kobana iminenke ibe namaqephe? \_\_\_\_\_



Asitlolo

Ucabanga kobana ngihlala kuphi? Eduze kwesithombe sami tlola indlwana yami esemthini, ehlabathini nanyana emanzini.



# Iinlwana ezizakhela izundlu zona ngokwazo

Ithemu-2 – Iveke-8 – Iphepha lokusebenzela

Asenzeni lokhu

Hlanganisa iinthombe zeenlwana lezi neenthombe zezindlu zazo.



Asifunde

## Iinyosi

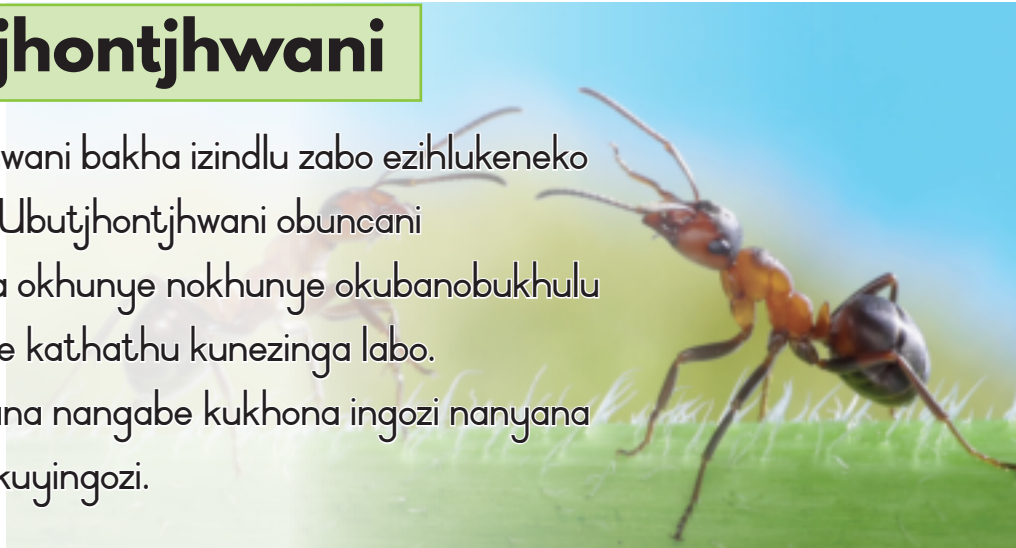
Iinyosi zihlala ngaphakathi kwesihlaka seliju.  
Zakha isihlaka ngesinamathelisi esithileko.  
Zifihla ukudla ngaphakathi kwesihlaka sazo.





# Abotjhontjhvani

Abotjhontjhvani bakha izindlu zabo ezihlukeneko ehlabathini. Ubutjhontjhvani obuncani bungathwala okhunye nokhunye okubanobukhulu obubuyelelwe kathathu kunezinga labo. Buyayelelisana nangabe kukhona ingozi nanyana okuthileko okuyingozi.



Asitlale

Kubayini ucabanga kobana ubutjhontjhvani bakha iindlwana zabo?

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Ngubani isitha zabotjhontjhvani? \_\_\_\_\_

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Ubutjhontjhvani busebenzisa ini lokha nabakha iindlwana zabo? \_\_\_\_\_

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Asifunde

# Iinyoni

Iinyoni zakha isidleke lapho zizokwazi ukubekela amaqanda wazo khona. Ubukhulu besidleke bulawulwa bukhulu benyoni?

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Ngiyiphi inyamazana esisitha senyoni?

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A large rectangular writing area with a vertical red margin line on the left and horizontal blue lines for writing. The area is currently blank.

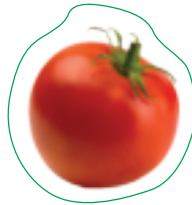
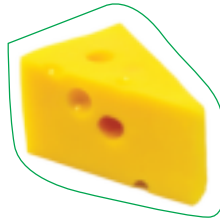
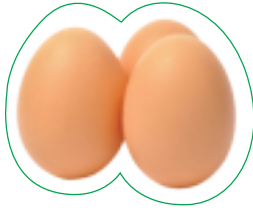
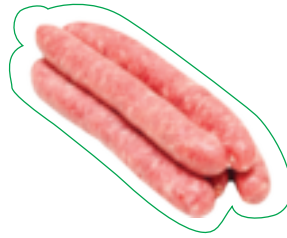
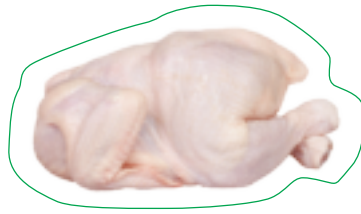




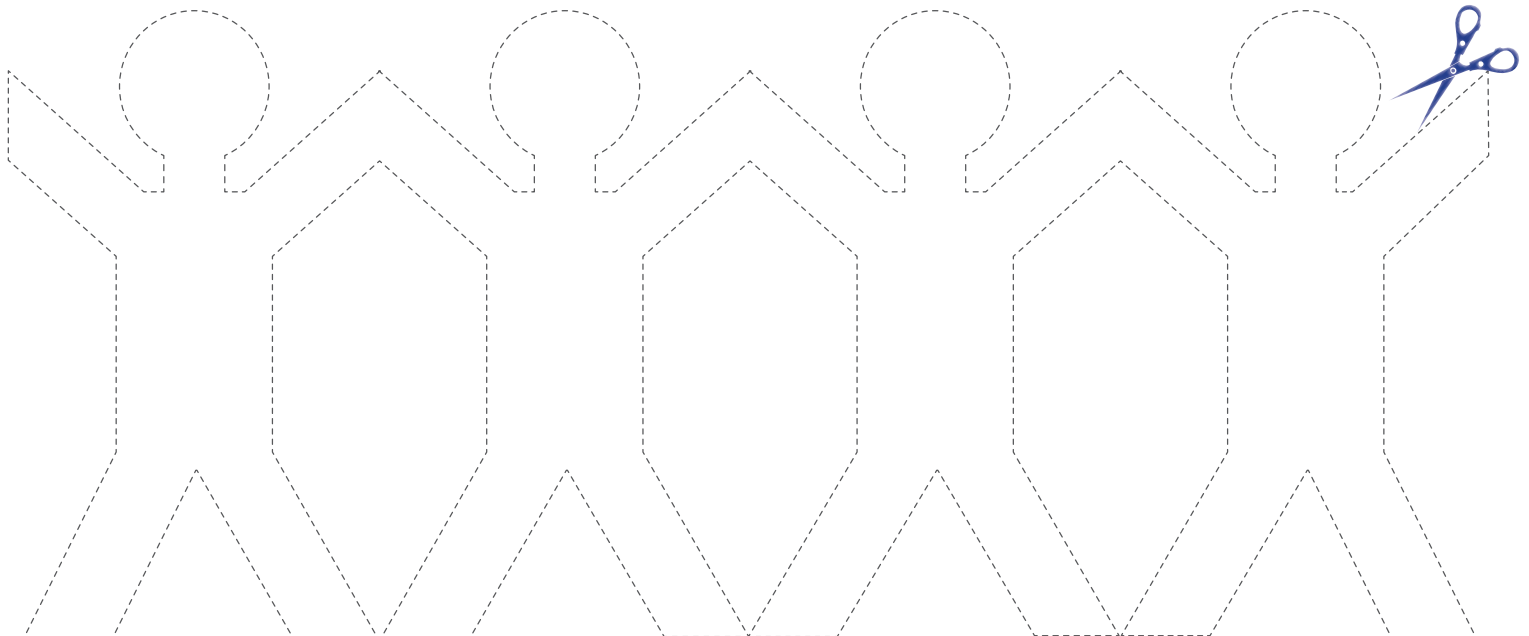
A large rectangular area containing a vertical red margin line on the left side and horizontal blue ruling lines spaced evenly down the page, typical of a primary school writing paper.



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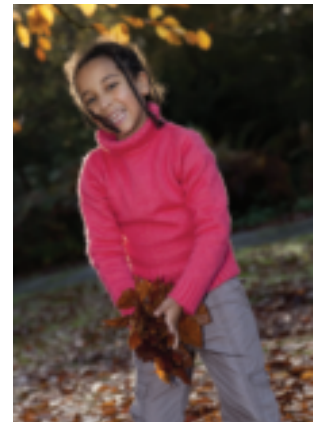
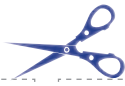


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P.36-37



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