

Kubuyeketiwe  
futsi kwahelenjiswa  
ngekwe-CAPS

Libanga



Emakhono Ekuphila  
SISWATI

Incwadzi 2  
Emathemu 3 & 4



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*Siyetsemba kutsi bothishela batatitfolo tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekuophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.*

*Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.*

*Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.*



# Libanga

# 1



Emakhono Ekuphila  
**SISWATI**  
Incwadzi 2



Lencwadzi ya:





## Asifundze

Ase ucabange ngabo  
 bonkhe labantfu  
 lobabonako nalokhuluma  
 nabo emalanga onkhe –  
 laba bantfu  
 bangummango wakho.  
 Bangaba bantfu  
 labasesitaladini sakho  
 noma labahlala dvute  
 nalapho uhlala khona.  
 Bangaba bantfu  
 labasesontfweni noma  
 esikolweni sakho,  
 emaphoyisa emmango,  
 bodokotela kanye  
 nalabanye nje.



## Asikhulume

Coca nemngani wakho ngaletifombe kulamakhasi lamabili.  
 Ngutiphi tindzawo lotibona kulesitfombe?  
 Bantfu babutsana kutiphi taletindzawo?





Lusuku:.....



Asente loku

Ngutiphi, kuletinzawo esitfombeni lesingentasi, loke wativakashela? Landzelela utsatsise titfunti-mugca tato ngemakhilayoni.



Asikhulume

Cocela umngani wakho kutsi ngabe letinzawo wativakashela uhamba nemuntfu noma wedwana. Kwaya ngani kutsi uvakashele letinzawo? Ucabanga kutsi letinzawo lowativakashela kulula kutsi tivakashelwe bantfu labakhubatekile?





# Kunakekela tinsita emmangweni wami



## Asikhulume

Tinzawo emimangweni yakitsi tinetinsita letehlukene letingasetjentiswa nguwonkhe wonkhe. Imitfolamphilo, tikolo, tinkhundla tekudlala netibhedlela. Tonkhe leti tinsita lesingatisebentisa. Sidzinga kunakekela tonkhe letinsita emmangweni wakitsi. Futsi sidzinga kugcina simondalo sakitsi sihlobile, khona wonkhe umuntfu atosisebentisa.



## Asikhulume

Coca nemngani wakho ngalesitfombe.

- Ucabanga kutsi bayatsandza yini bantfu kuhlala lapha?
- Kungani ucabanga kanjalo?
- Ungentiwa njani ummango nesimondalo sakini kuba ncono?





Lusuku:.....

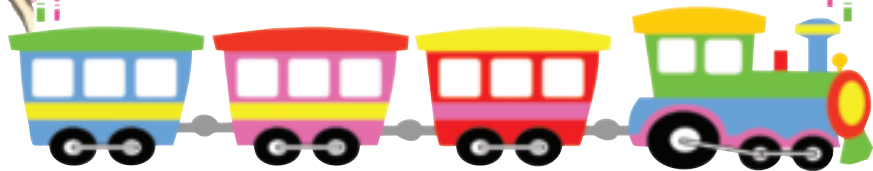


### Asente loku

Dvweba sitfombe sakho lesimbalabala lesiveta wena usebentisa tintfo tekutfutsa umphakatsi njengesitimela, ibhasi nobe itekisi. Veta kuhlukahlukana kwebantfu benta tintfo letehlukene kulomdvwebo-labanye bahleti phasi, labanye bagobekile, labanye bemile nobe balele phasi, labanye babuke emuva, labanye bakhulu, labanye bancane.

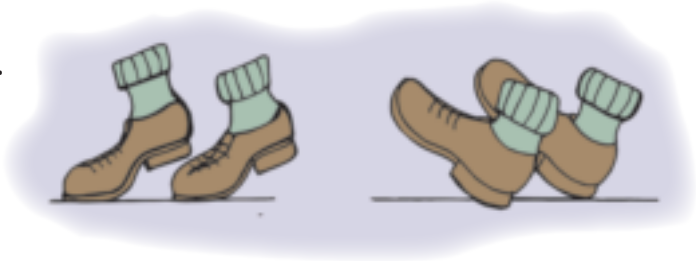


### Asinyakate



## Tifutfumete

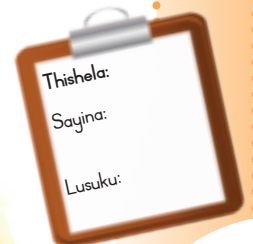
- Tifutfumete ngekuhamba uye embili mantontolwane.
- Nyalo hamba nyova ngetitsendze.
- Yani embili ngetitsendze.
- Hamba nyova mantontolwane.



## Bumba tinhlavu

Yakhani emacembu alaba-2. Sebentisani imitimba yenu kwakha tinhlavu. Ningema neyame lubondza noma nilale phansi.

Ase ubone kutsi wena nemngani wakho ningete nalwakha luhlavu labanye labangakhoni kulwakha.





# Kulungile noma cha



Asikhulume

Buka letitfombe.

Tiyini tonkhe letinsita? Tjela umngani wakho indlela lengiyo yekusebentisa insita ngayinye.

Ithemu 3 – Liviki 2





### Asente loku

Yakha umfanekiso wesakhiwo lesincane usebentisa tintfo letivuselelwa kabusha. Ungakha umtfolamphilo, umtaponcwadzi noma-ke ngusiphi nje sakhiwo emmangweni wakho. Ningabuye nisebente ndzawonye ngemacambu. Hlobisani sakhiwo senu kukhombisa kahle kutsi nakhe sakhiwo sini.



### Asinyakate

- Hlela lamathaya eme mpo alandzelane.
- Khasa uphumele ngale kwalamathaya.
- Beka emathaya uwalalise.
- Mani ngetinyawo totimbili etulu kwelithaya.
- Nyalo-ke sima ngelunyawo lunye etulu kwelithaya.
- Sebentisa lamathaya nakunobe ngumuphi lomunye umdlalo wekunyakata.

### Caphela ungatilimati.





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# Bantfu emmangweni wami

Ithemu 3 – Liviki 2



Asibhale

Buka letitfombe. Emabhokisini langesekudla, khetsa ligama lelungela sitfombe ngasinye. Libhale ngephansi kwesitfombe.



Umetsi wephethiloli

Umtsengisi timbali

Nesi



Umshayeli mathekisi

Liphoyisa lemgwaco

Dokotela



Umtsengisi titselo

Socimamlilo

Liphoyisa



Asikhulume

Buka letitfombe loticambile bese ucoca nemngani wakho ngato.

Uyababona labantfu emmangweni wakho?

Bobani lobabona emmangweni wakho?

Ngabe bantfu emmangweni wakini bayasitana yini? Yini labayentako?





Lusuku:.....



**Asibhale**

Dvweba umugca kusuka ekucaleni kwemusho ngamunye ngesancele kuya emagameni lahambisanako ngesekudla.



Socimamlilo
Lilunga leMkhandlu weMaphoyisa eNingizimu Afrika
Dokotela
Umtsengisi titselo
Umetsi wephethiloli

libamba tigebengu.
utsengisa titselo.
wetsa phethiloli etimotweni.
ucisha umlilo.
usenta siphile.



**Asibhale**

Buka letitfombe emagameni langentasi, Ligama lelingilo lesitfombe ngasinye libhale ngaphansi kwesitfombe ngasinye. Catsanisa timphendvulo takho netemngani wakho.

Iloli yesicimamlilo



Endzaweni yekwetsa phethiloli



Sibhedlela



Emaphoyiseni



**Asinyakate**

Shaya tandla ngesigci losivako.

- Lalelisa uma sigci sigucuka.
- Yenta loku ngetinhlobo letehlukene tetingoma, kusuka kutakudzala kuya kutesimanje.
- Shaya tandla ngesivinini nobe ungasheshisi kuhambisana nstigci.

**Emanotsi athishela:**  
 Lalela umculo thishela wakho lawudlalako kumbe tigci thishela wakho latidlalako ngesigubhu kumbe lolunye lugubhu lwengoma.





# Tilwane letifuywa ekhaya



## Asifundze

Linyenti letfu linetilwane tasekhaya. Silwane sakho sasekhaya ngumngani wakho. Uyasinakekela futsi sihlala dvute nawe – mhlawumbe ekhatsi endlini yinye nawe kumbe esakhiweni lesikhhetsekile ebaleni lakini.



## Asikhulume

Buka lesitfombe. Coca nemngani wakho ngalesitfombe. Sebentisa ikhilayoni kubiyela tonkhe tilwane tasekhaya lotibonako. Tingaki tilwane tasekhaya longatibala? Tjela thishela wakho.

- Unaso wena silwane sasekhaya? Uma unaso, cocela umngani wakho ngaso.
- Uma ute, cocela umngani wakho kutsi luhlobo luni lwesilwane longatsandza kuba naso kumbe-ke usho kutsi kungani ute silwane sasekhaya.



## Asibhale

Niliklasi yentani luhlu lwato tonkhe tinhlobo tetilwane tekufuywa leningatiboni esitfombeni. Kopela lapha loko thishela wakho lakubhalako ebhodini.

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Lusuku:.....



### Asente loku

Dvweba umtfwana  
lomncane Ngusiphi  
silwane sasekhaya  
lositsandzako?

Sebentisa lubumba  
kwakha lesilwane  
sasekhaya.



### Asinyakate

#### Bewati-nje?

Cishe tonkhe tinja titsandza kudlala ngebhola.  
Kodwa kufute uphutfume ngoba tinja tiyatsandza  
kubamba ibhola tigijime nayo tibaleke.

Tifundzise kuphosa nekugendza ibhola.

- Ngetandla totimbili phosa ibhola yethenisi etulu emoyeni. Yigendze ngetandla totimbili.
- Nyalo yiphose etulu emoyeni ngesandla sinye bese uyayigendza futsi ngaleso sandla.
- Nyalo-ke phosa ibhola yethenisi ngesandla sakho lesibutsakatsaka etulu emoyeni uyigendze futsi ngesandla sakho lesibutsakatsaka.
- Shaya ibhola yethenisi phasi ngetandla totimbili ubuye uyibambe futsi ngetandla totimbili.
- Yishaye ngesandla sinye ubuye uyibambe futsi ngaleso sandla.
- Yishaye ngalesa lesinye sandla ubuye uyibambe futsi ngaleso sandla.
- Mani endilingeni. Phosa ibhola yethenisi
- Mani endilingeni wendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa tandla totimbili.
- Yendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa sandla sinye.
- Sebentisa sandla sakho lesinye wendlulise ibhola iye kulomuntfu loseceleni kwakho kulela lelinye licala.





# Tinakekelwa njani tilwane tasekhaya



### Asikhulume

Kumcoka kunakekela tilwane tetfu tasekhaya.

Coca nemngani wakho ngalokudzingwa tilwane tasekhaya. Ticabange ungulesilwane sasekhaya umngani wakho lasidvwebe ekhasini 11. Cabanga ngalongakudzinga. Ungacabanga ngalokufana nekudla nendzawo yekulala. Nyalo-ke cocela umngani wakho. Phindza ukhulume ngaloko langakwenta nakwenteka ugula.



### Asibhale

Faka luphawu (✓) edvute kwentfo ngayinye ledzingwa silwane sasekhaya.

Kudla

Emanti

Inhlama yekucubha

Indzawo lefutumele, leyomile yekulala

Dokotela wesilwane nasigula

Liholide



### Asente loku

Dvweba tindzawo tekuhlala letingadzingwa nguletilwane. Chubeka ubhale ligama lesibita ngalo bantfwabato.

Silwane	Indzawo yekuhlala	Ligama lemntfwanaso
		_____
		_____
		_____



Lusuku:.....



**Asente loku**

Fundza umusho ngamunye ucabange ngekutsi ungativa njani nekutsi ungatsini futsi wenteni. Khombisa loko longakuva naloko longakusho. Thishela wakho utakutjela kutsi wente kuphi.

- Utitsatsele silwane sasekhaya lesisha.
- Likati lakho linyamalele.
- Inja yakho seyidle intsandvokati yelithoyizi lakho.
- Umngani wakho ucalainja.
- Ubonainja ikhiyelwe emotweni levaliwe.



**Asinyakate**

Lalela letigci letehlukene thishela wakho latatidlala. Lingisa silwane lesihamba ngesigci salengoma.

Uma ingoma igijima, cocoma njengelihashi.



Uma ingoma ipholile, ntjentjemuka njengeluvivane.

Uma ingoma imemeta, hamba njengendlovu.



Uma ingoma ingasheshisi, hamba njengelufudvu.



**Asikhulume**

Fundza lokubhalwe ngentasi ngaletitfombe letimbili. Cocela umngani wakho ngelikati.



Logwaja nguSagundwane. Ematinyo abosagundwane akayekeli kukhula.



Umnyaka munye wemuntfu ulingana neminyaka lesi-7 yenja. Umainja ineminyaka lemi-3, kufana nekutsi ineminyaka lengema-21 emuntfu.



**Asitijabulise**

Dlalani umdlalo "Likati neLigundwane". Thishela wakho utanitjela kutsi ngubani likati ngubani ligundwane. Niketanani ematfuba.





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Ithemu 3 – Liviki 4



Asifundze



Kusile Jabu.  
Uyaphila?

Kusile thishela.  
Yebo ngiyaphila ngiyabonga.

Lamagama akhomba imbeko lenhle. Imbeko yetfu yindlela lesiphatsa  
ngayo labanye bantfu. Imbeko yetfu ikhomba kutsi sibahlonipha  
kanganani labanye bantfu.

Siyakutsakasela kukhuluma nalomunye umuntfu lonembeko lenhle.  
Kumnandzi futsi kuba ngumngani wemuntfu lonembeko lenhle.

Sinemtfwalo wekuhlala siphatsa labanye bantfu kahle. Kungako sonkhe  
ngamunye kufute sibe nembeko lenhle.





Lusuku:.....



Asikhulume

Bukisisa letitfombe. Chubeka ufundze emagama emabhokisini. Coca nemngani wakho ngaletitfombe. Cocani ngekutiphatsa kahle noma kabi labantfwana labakukhombisako.

Kusile Make!



Yabelana nalabanye.

Ngabe ukhohlwe kudla kwakho? Ungatsatsa lokunye kwami.

Ngibonga kakhulu kungilalela ngesizotsa.



Khombisa umusa.



Lindza sikhatsi sakho.



Lalela labanye.

Ngicolele Make, bengifuna kubuka ivasi yakho lendzala. Ngibese ngiyayiwisa nyalo seyiphukile

Kunjani, Busi. Ngitfole sikhwama sakho sishiywe ngaphandle. Asetsembe kutsi kute lotsetse emakhilayoni akho.



Tsembeka



Hlonipha labanye bantfu



Hlonipha tintfo talabanye bantfu.

Bingelela bantfu lobatiko kanjalo netihambi.



Thishela:

Sayina:

Lusuku:

# Siyachubeka nekutibophelela



Asibhale

Bukisisa letitfombe bese ufundza lemisho emabhokisini .

Dvweba umugca usuke emshweni losibopho ucondzane nesitfombe lesifanele.



Ngiyasita kugcina indlu yakitsi ihlobile.

Ngingumngani lolungile ngisita labanye.

Ngikhombisa umndeni wami kutsi ngiyawutsandza.

Ngidlala kahle ngemathoyizi emngani wami.

Ngiyatinakekela mine netintfo tami.

Ngisita babe wami kudeka litafula.



Lusuku:.....



**Ase sidlale**

Lingisa ukhombisa imbeko nekuhlonipha ngekutsi:

- ubingelela bantfu lobatiko nalongabati
- lindzela litfuba lakho
- lalelisa kahle lomunye
- wabelana nalomunye
- ube nemusa kulabanye
- wetsembekile ngalokutsite
- ukhombisa kuhlonipha tintfo talabanye
- ukhombisa kuhlonipha labanye.

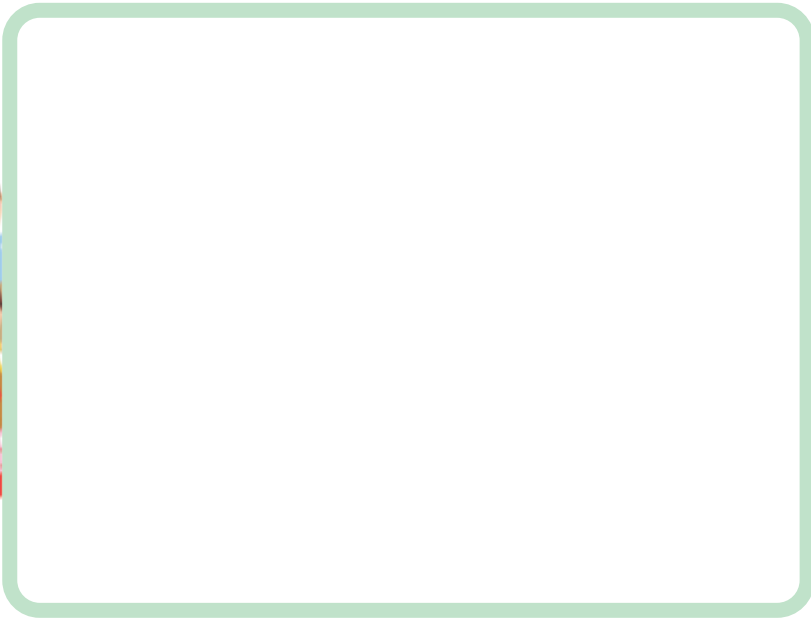
Lingisani kukhombisa imbeko nekuhlonipha ngakunye kwaloku:

- umndeni wakho
- umsebenti wenu wesikolo
- imisebenti yenu yasekhaya
- kudla lenikutfole mihla yonkhe
- timphahla lenitigcokako
- emathoyizi enu
- bangani bakho



**Asente loku**

Dweba sitfombe sakho ukhombisa bungani kulabanye.



**Asinyakate**

Lalela uma thishela wakho akutjela kutsi zuba, gijima nobe khasa. Thishela utawushaya indweba ngembi kwemlayeto lomusha ngamunye. Nyakata ngesivinini nobe ungasheshisi uma thishela wakho akutjela loku.



**Ase sidlale**

Dlala mkoko ngemlente wakho lobutsakatsaka. Nguyiphi imbeko lenhle nalebalukile uma udlala mkoko?



# Kungani sidzinga tilimo



Asikhulume

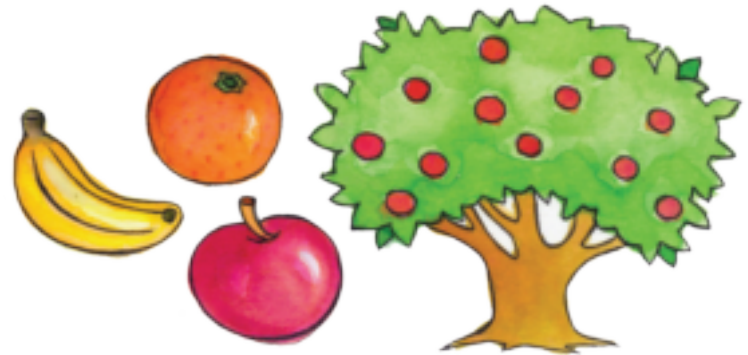
Buka lapho uhleti khona. Ngutiphi tintfo lotibona tiphuma etintfweni letitilimo? Coca nemngani wakho nibone kutsi nine nobabili ningacabanga tingaki. Tjela thishela wakho kutsi nicabange tingaki tilimo.



Asifundze



Letinye tilimo netihlahla  
tisipha umtfunti.



Letinye tilimo tisinika  
ijusi nekudla.

Letinye tilimo tisipha timbali  
lesitibeka emakhaya etfu.



Letinye tilimo netihlahla  
tiniketa umtfunti etilwaneni.





Lusuku:.....

Sidzinga tjani benkhundla yetfu yemdlalo.

Sisebentisa kotini kwenta timphahla.



Sisebentisa umhlanga kwakha emabhasikidi nekufulela luphahla.

Sisebentisa tilimo netihlahla kwakha ifenisha.



Asikhulume

Wena nemngani wakho, khetsani tindlela letintsatfu letimcoka kakhulu lokusetjentiswa ngato tilimo. Singatenta yini tihlahla kutsi tife uma sitisebentisa kakhulu? Cocisanani ngalombuto liklasi.



Thishela:  
Sayina:  
Lusuku:





# Indlela tilimo letibukeka ngayo



Asibhale

Tilimo takhiwa tincenye letehlukene. Sebentisa emagama lasemabhokisini kukhomba tincenye taletilimo. Catsanisa emagama akho newemngani wakho.

timphandze

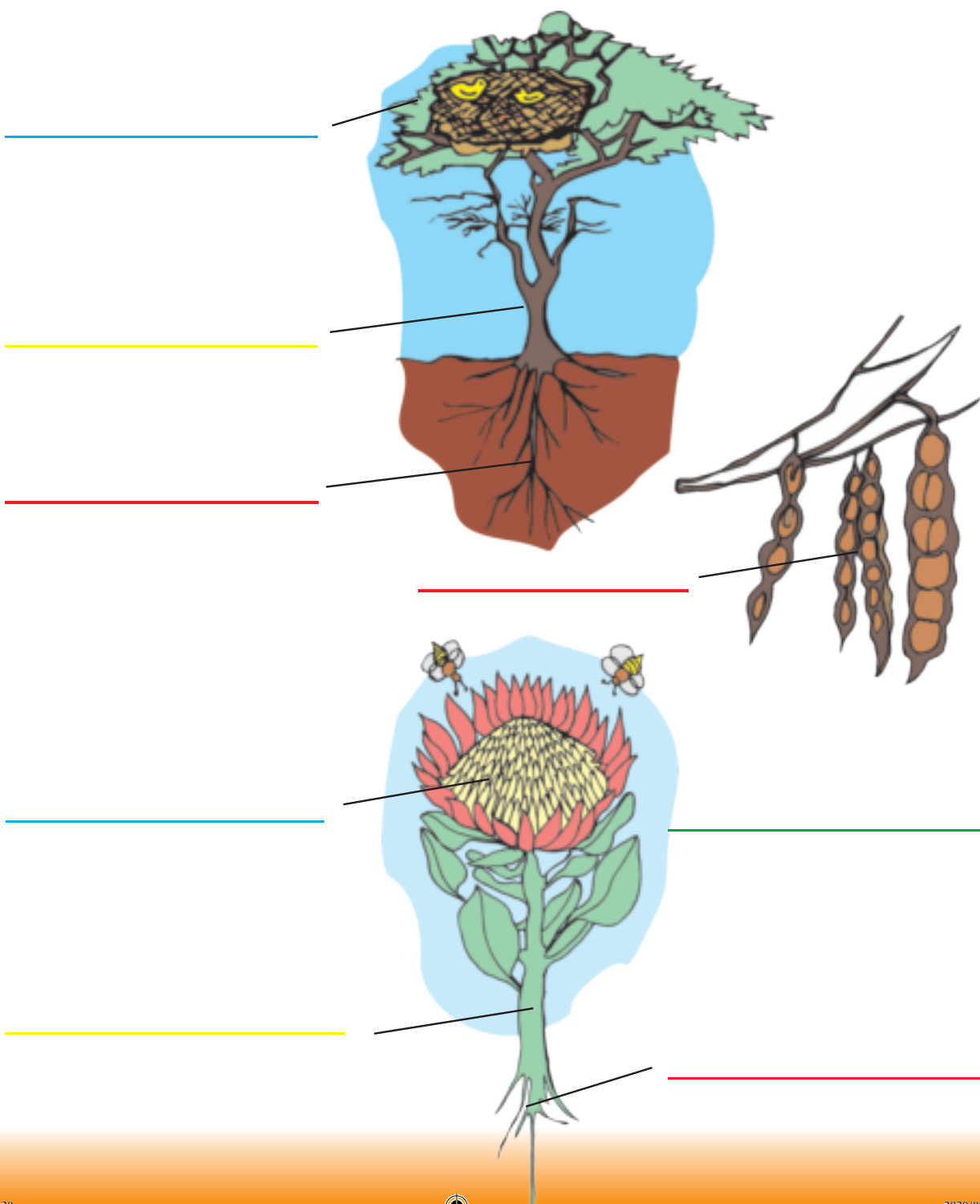
sicu sesihlahla

licembe

imbali

umbhede wekutjala imbewu

sicu





Lusuku:.....



### Asinyakate

Hlukanisa liklasi ngemacambu emabhungane engadzini nebalimi.

- Balimi kufanele bazame kuvimba nobe kubamba emabhungane.
- Ntjintjanisa ematfuba tekudlala emva kwemizuzu lemi-2.
- Phindzani tikhatsi letimbalwa.



### Ase sidlale

Dlala mabhacelana.

Emabhungane abhaca ngaphasi nobe ngemuva kwetitjalo ngako-ke balimi kufute batitfole ngembi kwekutsi tidle tonkhe tilimo.



### Asikhulume

Tinhlobo letehlukene titjalo tibukeka tingafani. Kodvwa tibuye tifane futsi ngetindlela letinyenti. Ase ubuke letitfombe. Coca nemngani wakho ngaletilimo Yini lefanako futsi yini leyehlukile?



### Asente loku

Dvweba nobe penda libhungane noma silwanyana lesifuna kudla sihlahla sakho selibhontjisi. Akudzingeki kube libhungane mbamba. Sebentisa umcondvo wakho-nje. Dvweba nobe upende titfombe ngemigca lekhanyako, nalegamile.





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# Inhlanyelo nalapho ivela khona

Ithemu 3 – Liviki 6



Asifundze

Letinye tilimo tinetimbewu letibhace etimbalini nobe etitselweni. Singayihlanyela lembewu kutjala tilimo letinsha. Imbewu iyahhohloka etitjalweni kute imile ibe titjalo letinsha. Lenye imbewu isakatwa ngumoya nobe bantfu, tilokatana naletinye tilwane. Letinye tenhlanyelo tidliwa tinyoni bese kutsi incenye yayo lelukhuni iphume nemangcoliso. Lenhlanyelo lesakateka ngalendlela iwela kuletinye tindzawo imile khona.



Asikhulume

Isabalala njani inhlanyelo kulesitfombe ngasinye? Kumele imbewu ibe njani kute ihambe ngalendlela? Coca nemngani wakho.



Uma ufuna kuhlanyela takho tilimo usebentisa imbewu, ungasebentisa imbewu yetilimo letisengadzeni yakho. Nobe ungatsenga imbewu esitolo.





Lusuku:.....



**Asikhulume**

Fundza lenkondlo nemnyakato.

**Imphilo yetitjalo**

Lena yimbewana:

Ase siyitjale ngekushesha emhlabatsini!

Ichuma sicu nembali

Ineliphunga lelimnandzi yonkhana.



Bonyosi manyakata bandiza embalini

Masinyane, yafa nje imbali lenhle.



Kodvwa, ungetfuki, ungakhali futsi.

Bona, kute lokukhalako endalweni.

Bukisisa, bona, kwenteka timanga:

Imbali ifile, kodvwa seyendlale

Sicu sayo lesifile kanye nemacembe

lahhwabile

Imbewu lephilako ilinzile emhlabatsini!



**Asinyakate**

Khombisa injabulo yakho ngaleminyakato  
Bamba indvwangu lenembala nobe iribhoni  
lendze ngesandla sakho lesisebenta ncono.  
Hambisa umkhono wakho, yenta emaphethini  
lehlukene emoyeni nobe phasi ngendvwangu  
nobe ngeribhoni yakho. Cala usebentise  
sandla sakho lesisebenta ncono bese uya  
kulesibutsakatsaka. Ungabuye ukwente  
ngesigci sengoma loku.

Uma kukhona sihlahla, buka kutsi sisisebentisa  
njani kudlala. Jinka ngentsambo lebosshwe nko.  
Cale ukwente ngetandla totimbili, bese kuba  
ngesandla sakho lesisebenta ncono futsi kube  
ngesandla sakho lesibutsakatsaka.

Emanotsi athishela:  
Sebentisa intsambo,  
indvwangu neribhoni.



Thishela:  
Sayina:  
Lusuku:



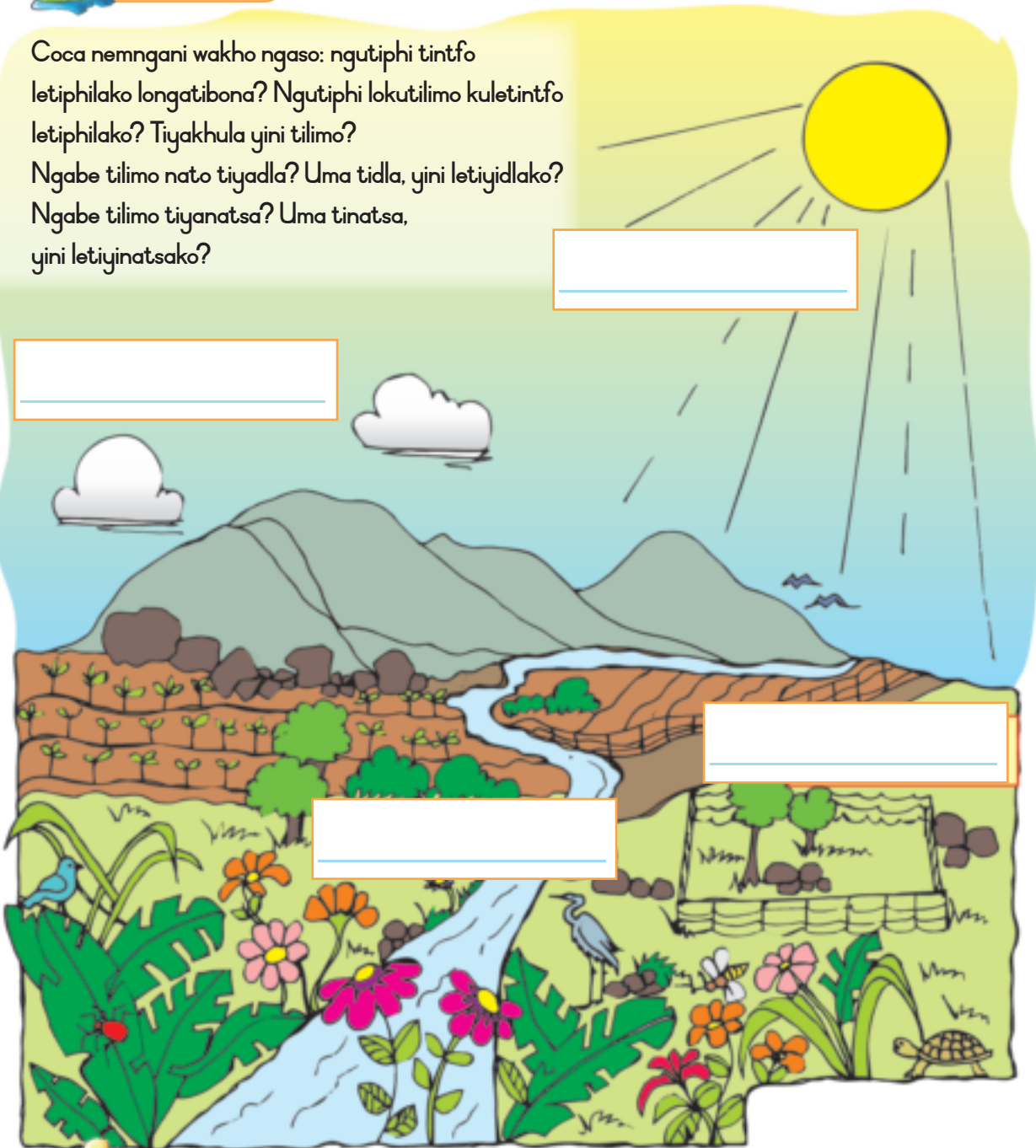
# Lokudzingwa tilimo kute tikhule



Asikhulume

Buka lesitfombe. Ngabe konkhe lokulapha kuyaphila?

Coca nemngani wakho ngaso: ngutiphi tintfo  
letiphilako longatibona? Ngutiphi lokutilimo kuletintfo  
letiphilako? Tiyakhula yini tilimo?  
Ngabe tilimo nato tiyadla? Uma tidla, yini letiyidlako?  
Ngabe tilimo tiyanatsa? Uma tinatsa,  
yini letiyinatsako?

Asibhale

Sebentisa emagama langentasi kugcwalisa emabhokisini lasesitfombeni lesingenhla.

kukhanya kwelilanga

emanti

umsoco

umoya



Lusuku:.....



Asente loku

Kulula kutjala titjalo takho. Utawutjala silimo selibhontjisi.

### Utawudzinga:

### Landzela letinyatselo:

#### Sinyatselo 1:

Mbonya emabhontjisi lama-3 emkhatsini wetincenye leti-2 takotini wavolo. Kubeke esosweni nobe endishini lengenalutfo ekhatsi.



emanti



emabhontjisi



indishi yekuphatsa



kotini wavolo

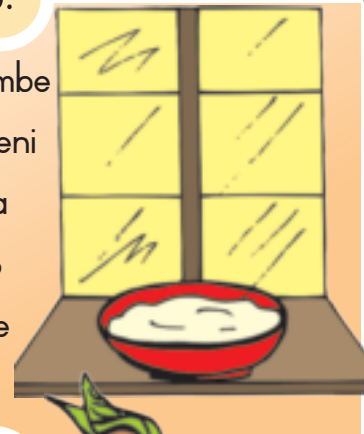
#### Sinyatselo 2:

Tsela emanti etu kwakotini wavolo ucinisekise kutsi uba manti nte!



#### Sinyatselo 3:

Beka lelisoso kumbe indishi entsendzeni yelifasitelo noma endzaweni lapho kufinyelela kahle khona lilanga.



#### Sinyatselo 4:

Emva kwemalangana, bona kutsi sikhula njani silimo sakho. Nisela kanye ngeliviki.

Lilanga 1



Lilanga 2



Lilanga 3

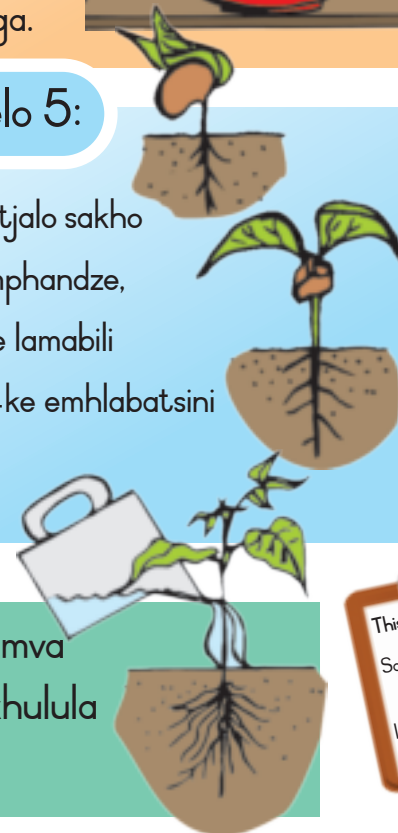


Lilanga 4



#### Sinyatselo 5:

Nangabe sitjalo sakho sichuma timphandze, nemacembe lamabili ungasitjala-ke emhlabatsini lotsambile.



#### Sinyatselo 6:

Nisela silimo sakho kanyentana nje. Emva kwemaviki lambalwa, utawukhona kukhulula emabhontjisi akakho nawe.



Thishela:

Sayina:

Lusuku:





# Kudla lesikudlako



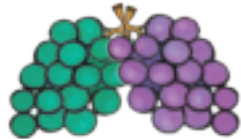
## Asifundze

Kudla lokuhle kusipha emandla njengaphethiloli lowenta imoto ihambe. Sidzinga kudla lokunemphilo kute sikwati kwenta kahle tintfo malanga onkhe. Kudla lokunemphilo kusinika emandla futsi kuisite sikhule.



## Asibhale

Ase ubuke letitfombe. Bhala ligama lenhlobo ngayinye yekudla ngentasi kwesitfombe lesingiso.



## Asibhale

Ngukuphi kudla lokutsandza kakhulu? Ngukuphi-ke longakutsandzi kangako? Kubhale ngaphasi kwetihloko letifanele. Khetsa kuletitfombe letingenhla.

**Kudla lengikutsandzako**

**Kudla lengingakutsandzi**

Kudla lengikutsandzako	Kudla lengingakutsandzi





Lusuku:.....

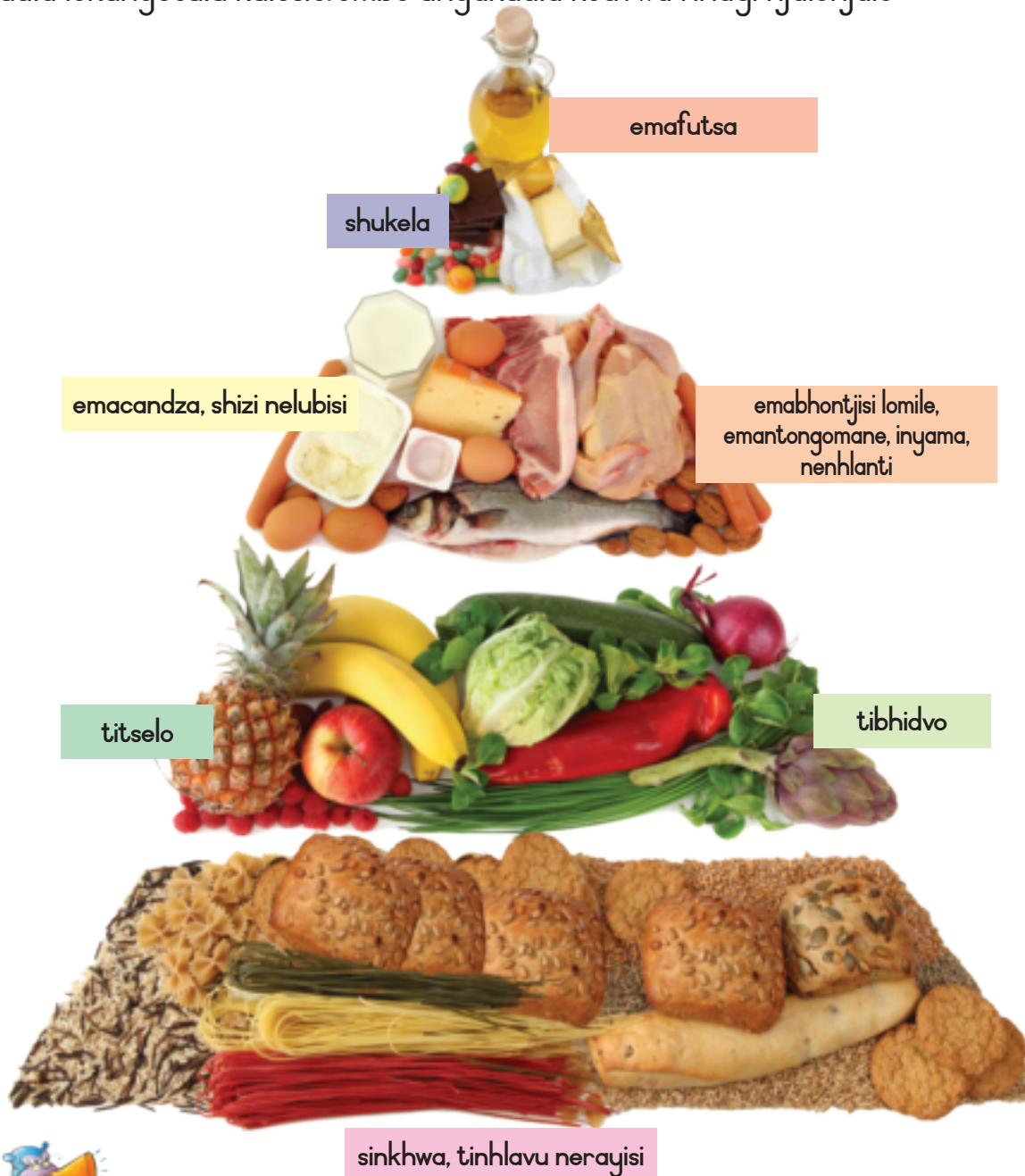


### Asifundze

Kudla singakwehlukanisa ngemacembu la-7.

Kulesitfombe lesingentasi kunekudla longakudla emahlandla lamanyenti.

Lokudla lokungetulu kulesitfombe ungakudla kodvwa hhayi njalonzalo



### Asikhulume

Cocani niliklasi

Kungani sifanele kukudla kancane kudla lokusetulu eluhleni lwesitfombe bese sikudla kakhulu lokungephasi?



# Lapho kuvela khona kudla lokwehlukene



## Asifundze

Balimi bahlanyela titjalo babuye bafuye tilwane kute sitfole kudla.

Singakupheka lokudla futsi singabuye sihlanganise tinhlobo letehlukene tekudla.



Sinkhwa nemasireli  
abuya kukolo.



Emacandza siwatfole  
etinkhukhwini.



Titseto timila etihlahleni nasetitjalweni.



Sitfole lubisi nenyama etinkhomeni.  
Sakha iyogathi nashizi ngelubisi.



Sisebentisa ummbila  
kwenta imphuphu.



Luju lona lubuya etinyosini.



Shukela wentiwa  
ngemoba.



Inyama nebhekhoni siyitfolo  
etingulubeni.



Tibhidvo singatitjala  
etingadzeni tetfu.



Asente loku

Hlabela lengoma  
nathishela wakho.



Emahhabhula, emagwava nabhanana

Emabhontjisi emaphizi nemazambane

Kukhulisa imitimba yetfu icine.

Kungenta ngilungele kusebenta

Ngidla kudla lokunemphilo!

Kungigcina ngicinile nginemandla.





47

Ithemu 3 – Liviki 8

# Kudla lokunemphilo nalokute



Asifundze

Kudla lesikutsandzako akuhlali kungulokusilungele. Kulesinye sikhatsi singatsandza lokutsite kantsi akukasilungeli. Kantsi kulesinye sikhatsi asikutsandzi lokutsite kube kusilungele kakhulu.

Kodvwa-ke, kudla kakhulu nobe ngabe ngukuphi kudla lokunyenti akukavami kuba ngulokusilungele. Ngako-ke akunamphilo kudla kakhulu nobe ngabe yini.

Ubodla ute utive sewesutsi bese uyema. Ungabolibala kudla kakhulu kudla nje ngoba wena uyakutsandza.



Asente loku

Sika titfombe tekudla lokunemphilo nalokute imphilo kubomagazini utinamatsisele etikoteleni letifanele. Uma wehluleka kutfola titfombe, kudvwebe lokudla.



Kudla lokunemphilo



Kudla lokute imphilo





Lusuku:.....



Asibhale

Sebentisa lokufundze ngekudla kubhala luhlelo lwakho lwekudla.

Kudla kwekuseni

Blank lined writing area for breakfast (Kudla kwekuseni).

Kudla kwemini

Blank lined writing area for midday meal (Kudla kwemini).

Kudla kwakusihlwa

Blank lined writing area for evening meal (Kudla kwakusihlwa).



Asente loku

Sitakwenta isaladi yetitselo. Landzela lemilayeto lengentasi.

Utawudzinga loku:

- Titselo letehlukene
- Indishi lenkhulu
- Umukhwa nesipunu



Landzela letinyatselo:

- Geza titselo.
- Ticate nakunesidzingo (njengemawolintji).
- Ticobe ticucu letincane. (Cela lomdzala akusite.)
- Didiyela titselo endishini.



# Kulondvolota kudla



Asifundze

Buka lesitfombe.



IKHALEND A 2015

INYONI

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



Asikhulume

Yini loyinakako ngaletinsuku? Sisengakudla lokudla? Ucabanga kutsi kutakwentekani kulokudla?



Asifundze

Kudla lokusha akuhlali kukusha sikhatsi lesidze. Letinye titselo netibhidvo tisheshe tibune bese tiyabola. Inyama, inhlanti naleminye imikhcito yelubisi kusheshe kubole. Ngeke sikhone-ke kukudla. Yini lesingayenta kugcina kudla kukusha sikhatsi lesidze?

Indzawo lephephile yekonga kudla kusefrijji. Kodvwa lokunye kudla kungonakala nanobe komiswe ngelichwa nobe kusefrijji sikhatsi lesidze kakhulu. Kunetindlela tekugcina kudla lokunye kukusha.



Lusuku:.....



### Asikhulume













Buka letitfombe. Coca nemngani wakho ngato. Ngutiphi tindlela lekungalondvolotwa ngato kudla?

Ungaticabanga nje letinye tindlela letingavikela kudla kungaboli? Coca nemngani wakho ngato. Shano tibonelo utjele liklasi.



### Asibhale

Bukisisa letitfombe letingentasi bese ufundza emagama emabhokisini. Chubeka ubhale linye lalamagama letingentasi kwesitfombe ngasinye lesihambisana neligama.

Lokusha	Esikoteleni	Kukomisa	Kukomisa ngelichwa
			
			
			





# Tinhlobo temakhaya (1)

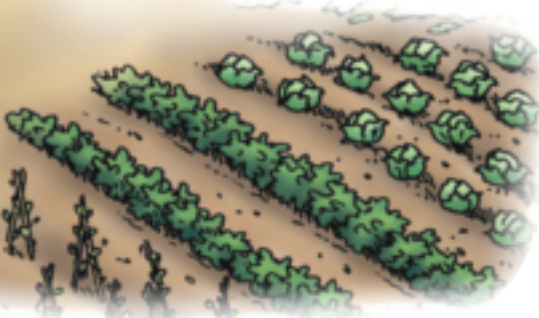
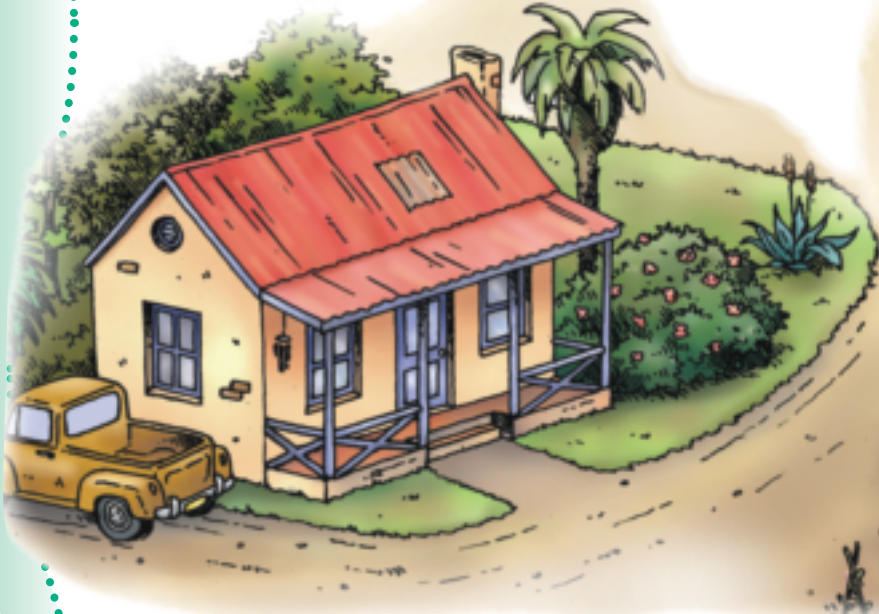
Ithemu 4 – Liviki I



Asikhulume

Likhaya lakho yindzawo  
lohlala kuyo.

ENingizimu Afrika bantfu  
bahlala etinhlotjeni  
letehlukene temakhaya.  
Ungalitfolaphi lelo nalelo  
khaya kulawa?





Lusuku:.....

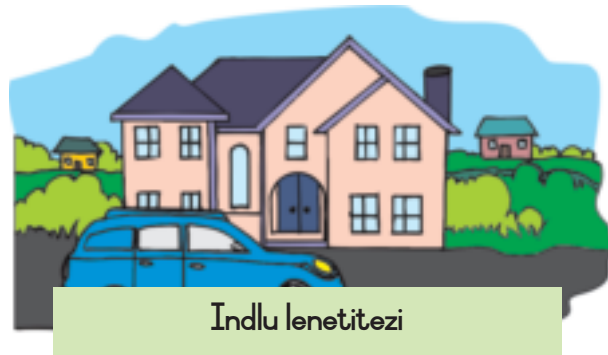


### Asikhulume

Buka letitfombe ngentasi. Coca nemngani wakho ngetintfo letifanako kuwo onkhe emakhaya. Ubese-ke ukhuluma ngaletintfo letehlukile. Ngukuphi lokunyenti: tintfo letifanako noma tintfo letehlukene?



Emafulethi



Indlu lenetezi



Emakhalavani nemathende



Tindlu letingakahlelwa



Emakhaya esintfu



Indlu lenesitezi sinye



### Asente loku

Sebentani emacenjini. Tfolani libhokisi lesicatfulo, nobe lenye inhlobo yelibhokisi. Lipendeni libukeke njengendlu. Yakha umfanekiso wakho ngelubumba (nobe lubumba lwekudlala) wente lokutsite ngaphandle dvute kwendlu.



# Tinhlobo temakhaya (2)



Asente loku

Ase ucabange ngetinhlobo letehlukene temakhaya loke watibona lapho uhlala khona noma etindzaweni loke wativakashela. Dvweba titfombe tetinhlobo letimbili letehlukene temakhaya loke watibona.



Asikhulume

Emanotsi athishela:  
Thishela wakho utawulalela  
imibono yenu.

Endlini lekahle lecinile asivami kuva kubandza kakhulu kumbe kushisa kakhulu. Asiyiva imvula nobe umoya. Bantfu labanyenti abakavikeleki kanje. Khuluma nemngani wakho ngekutsi bantfu bativikela njani uma bangahlali etindlini.



### Asinyakate

- Lula sandla kufika ekugcineni kute upende luphahla lwendlu yakho.
- Guca phasi utjale tilimo engadzeni yakho.
- Lula imikhono yakho kabanti kuvula emafasitelo endlu yakini. Bese uvala onkhe emafasitelo.
- Gobondzela ususe lukhula engadzeni yakho.
- Shanyela phasi ngemshanyelo lomudze.
- Greza emafasitelo ngendvwangu.



#### Emanotsi athishela:

Lalela lesigci thishela wakho lasidlala esigujini.  
Hambisana nesigci. Uma thishela wakho agucula sigci, gucula sivinini semnyakato wakho.  
Lalelisisa!



# Tintfo letakha emakhaya lehlukene

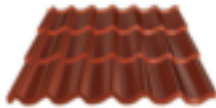


Asikhulume

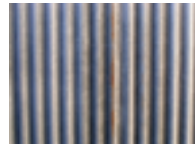
Sisebentisa tintfo lehlukene kwakha tindlu. Buka letitfombe letingentasi.



titini



emathayili



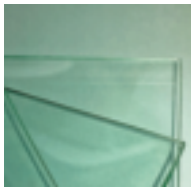
ngcwengcwe



semende



lucunga/umhlanga



emagilasi



tingodvo



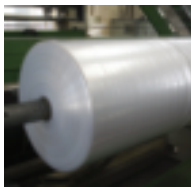
emapulango



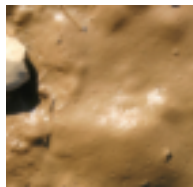
ematje



liseyila lelithende



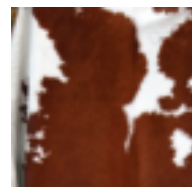
ipulasitiki



lubumba/ludzaka



insimbi



tikhumba



sihlabatsi



Coca nemngani wakho ngaletintfo lehlukene.

Ngukuphi lokubuya efektri?

Kubuyaphi loku lokunye?

Cocela liklasi kutsi letindlu lotibona endleleni nawuya esikolweni takhiwe ngani.

Emanotsi athishela:  
Thishela wakho angenta  
luhla ebhodini.





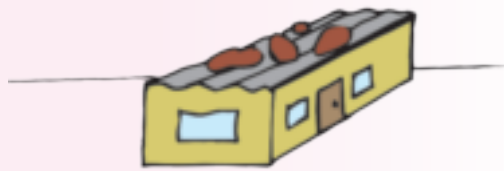
Asente loku

Kulolo nalolo luhlobo lwendlu dvweba umugca uye entfweni lolwakihiwe ngayo.

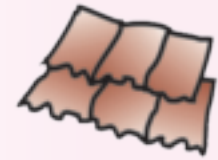
Lusuku:.....

Emanotsi athishela:  
Thishela wakho utawutsatsa tincwadzi tenu tekusebentela atibukete.

### Luhlobo lwendlu



### Tintfo tekwakha



# Emakhaya nesimo selitulu



Asifundze

Emakhaya agcina bantfu baphephile etinhlotjeni letehlukene tesimo selitulu. Tingasivikela emisebeni leshisako yelilanga. Tibuye tisivikele emakhateni, emoyeni nasetimvuleni.



Bewati nje kutsi bantfu emaveni labandzako badzinga kwakha tindhlobo letikhetsekile temakhaya njengaleli lelingentasi?

Leli libalave leGreenland, lokulive lelibandza kakhulu.

Lena  
yi-ayiglu



Labanye besive sema-Inuwithi labahlala etindzaweni letinesitfwatfwa lesinyenti nelichwa bakha emakhaya asebusika ngetitini telichwa.

Lelichwa liliguma lekuvika emakhata.

Lamakhaya abitwa ngekutsi ngema-ayiglu.



Lusuku:.....



Asente loku

Ecenjini, lingisani kutsi ningayakha njani indlu.  
Khetsani kutsi kutawuba yindlu lenjani.

Nitawusebentisa tiphi tintfo tekwakha?

sivalo

tindlu letingakahlelwa

Bani utakwenta ini? Yini

lotayenta kucala?

indlu yesitezi sinye  
nobe letimbili

emakhaya esintfu

Yini lotayenta ekugcineni?

tindlu letakhiwe ngetingodvo

Sebentisa lamanye alamagama.

titini

lubondza

pendi

emafulethi

luphahla

shimela

lifasitelo

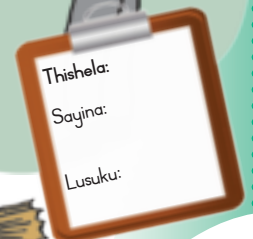
semende



Asifundze

Hayani lenkondlo njengcenywe  
yemdlalo-mbukiso wenu:

Yakha, yakha indlu yakho lensha-sha!  
Letsa titini, kala lolwa bondza  
Betsela leso sipikili, shwila leso sikulufelo –  
Letsa umpheme sibhacele lilanga.  
Yakha, yakha indlu yakho lensha-sha!  
Letsa sihlabatsi netivalo nemathayili  
Letsa emanti, bhuca semende –  
Letsa umpheme sibhacele invula.



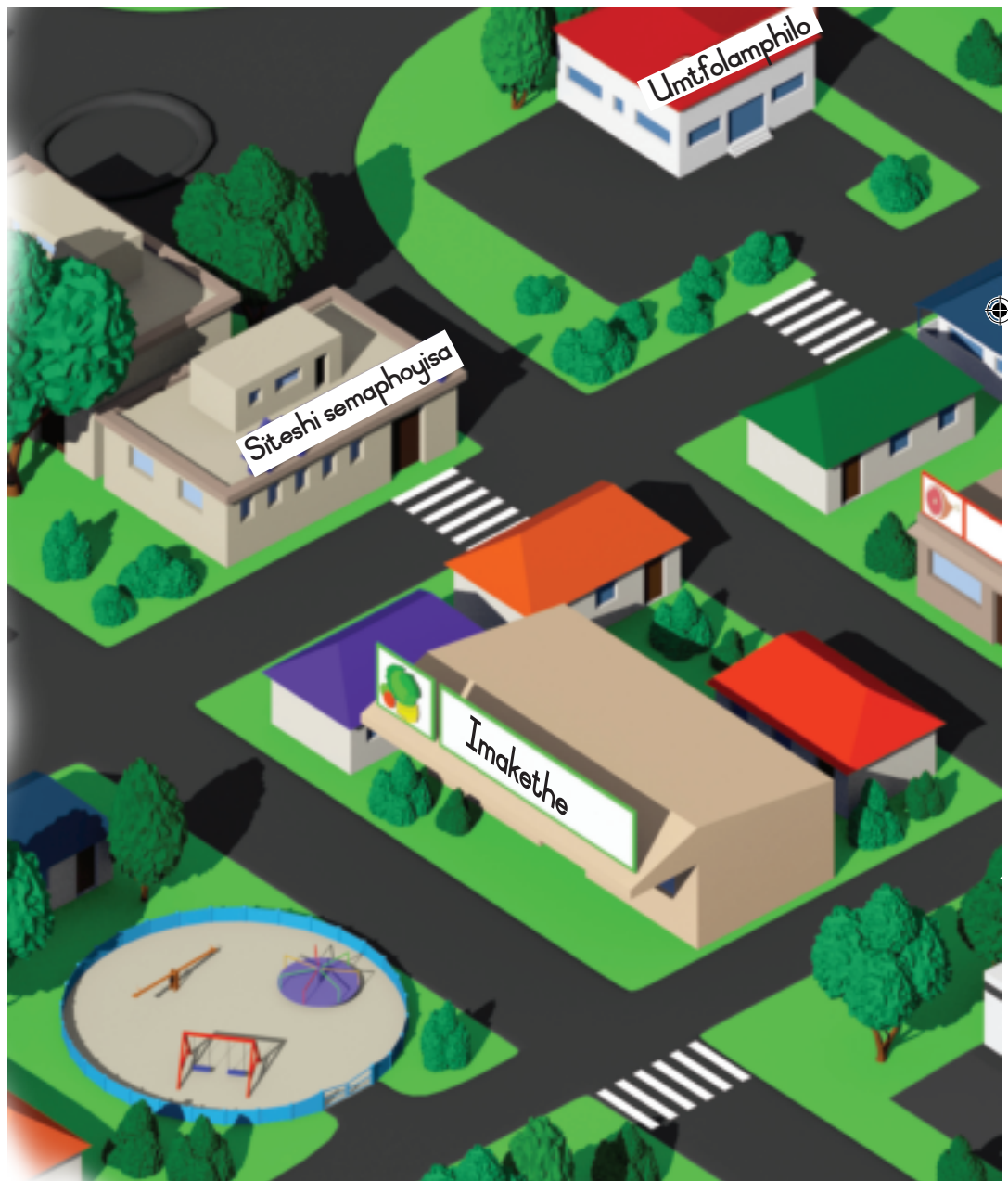
# Kutfole tindhawo netintfo (1)



Asifundze

Kunetinhlobo-nhlobo temabalave. Kukhetsa libalave lelingilo kufute sati kutsi sifuna kulisebentisela ini lelibalave. Emabalave emgwaco asisita kutfole titaladi netindhawo edolobheni nobe edolobhenilamakhulu.

Balimi batsandza emabalave lakhombisa tintfo letinjengemadamu, imifula nemagcuma.





Lusuku:.....



Asente loku

Cocani nemngani wakho ngalemibuto. Dvwebani indilinga ibiyele letinzawo kulesitfombe kulamakhasi lamabili.

Ungatitfola kuphi tincwadzi tekufundza?

Ungabika kuphi nakuntjontjiwe?

Ungaya kuphi nawugula?

Ungakutsenga kuphi kudla?

Ungayimela kuphi ibhasi?

Ungaweca kuphi umgwaco lapho kuphephe khona?

Emanotsi athishela:

Thishela wakho utawufundza umbuto ngamunye, bese nitfola imphendvulo.



# Kutfole tindhawo netintfo (2)



Asikhulume

Buka lomvula esitfombeni selibalave lemgwaco Jama lawulandzelako kusuka ekhaya kubo kuya esikolweni sakhe.

Chazela umngani wakho kutsi Jama ulandzela umvila muphi.  
Sebentisa lamanye alamagama:

ngetulu

kwengca

nge

ngetulu kwe

ngaphasi

Angawela ngakuphi umgwaco ngekuphepha umngani waJama longaboni?



Emanotsi athishela:

Thishela wakho utawuhambahamba eklasini. Tjela thishela wakho nawucabanga kutsi umngani wakho uwuchaze kahle umvila.



### Asinyakate

- Beka intsambo lendze phasi.
- Utawuhamba kulo "mgwaco."
- Yani phambili, emuva nasemaceleni uhamba etulu kwentsambo.
- Yani phambili uhamba etulu kwentsambo ubeke tandla takho etulu kwenhloko.
- Hamba nyova etulu kwentsambo, ubeke tandla takho ngemuva emhlane.
- Hamba uye emaceleni uhamba etulu kwentsambo, ubeke tandla takho elukhalo.




















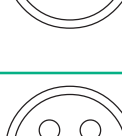
Lusuku: .....

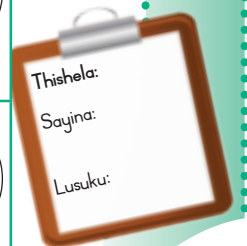


### Asifundze

Usebente njani? Uma ukhonile kwenta yonkhe iminyakato kahle, faka umbala ebusweni lobumamatsekile. Uma ungakakhoni kwenta iminyakato, faka umbala ebusweni lobukhatsatekile.

Kantsi nawukhone kwenta leminyeye iminyakato, faka umbala ebusweni lobusemkhatsini.

			
Ngikhonile kuya phambili nasemuva ngihamba etulu kwentsambo.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo.			
Ngikhonile kuya phambili ngihamba etulu kwentsambo ngibeke tandla tami enhloko yami.			
Ngikhonile kuhamba nyova ngihamba etulu kwentsambo ngibeke tandla tami ngemuva emhlane.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo ngibeke tandla tami elukhalo.			



# Kutfoia indlela



Asibhale

Emabalave etitfombe asisita kubona kutsi tindzawo tikhashane kanganani lenye kulenye. Buka lelibalave.



Asibhale

Phendvula lemibuto. Ungacela umngani wakho akusite.

Dvweba indilinga lapho ubona khona km.

Tingaki tindilinga lonato?

David uhamba kusuka esikolweni aye kumtaponcwadzi.

Ubonani dvutane nemtaponcwadzi?

Ubone luphawo luni endleleni?

David uhambe libanga lelidze nganani?

Ngusiphi sakhawo langasibona David nakeme phambili kwesivalo semtaponcwadzi?

David ulambile. Ufuna kufika ekhaya. Tfoia indlela lemfisha kakhulu kusuka emtaponcwadzi kufika ekhaya lakubo.

Ngabe inkhundla yebhola yindzawo lesedvute kakhulu nelikhaya lakubo?

Emanotsi athishela:  
Njalo, tivele unesibindzi kutjela thishela wakho uma kukhona longakuboni kahle.

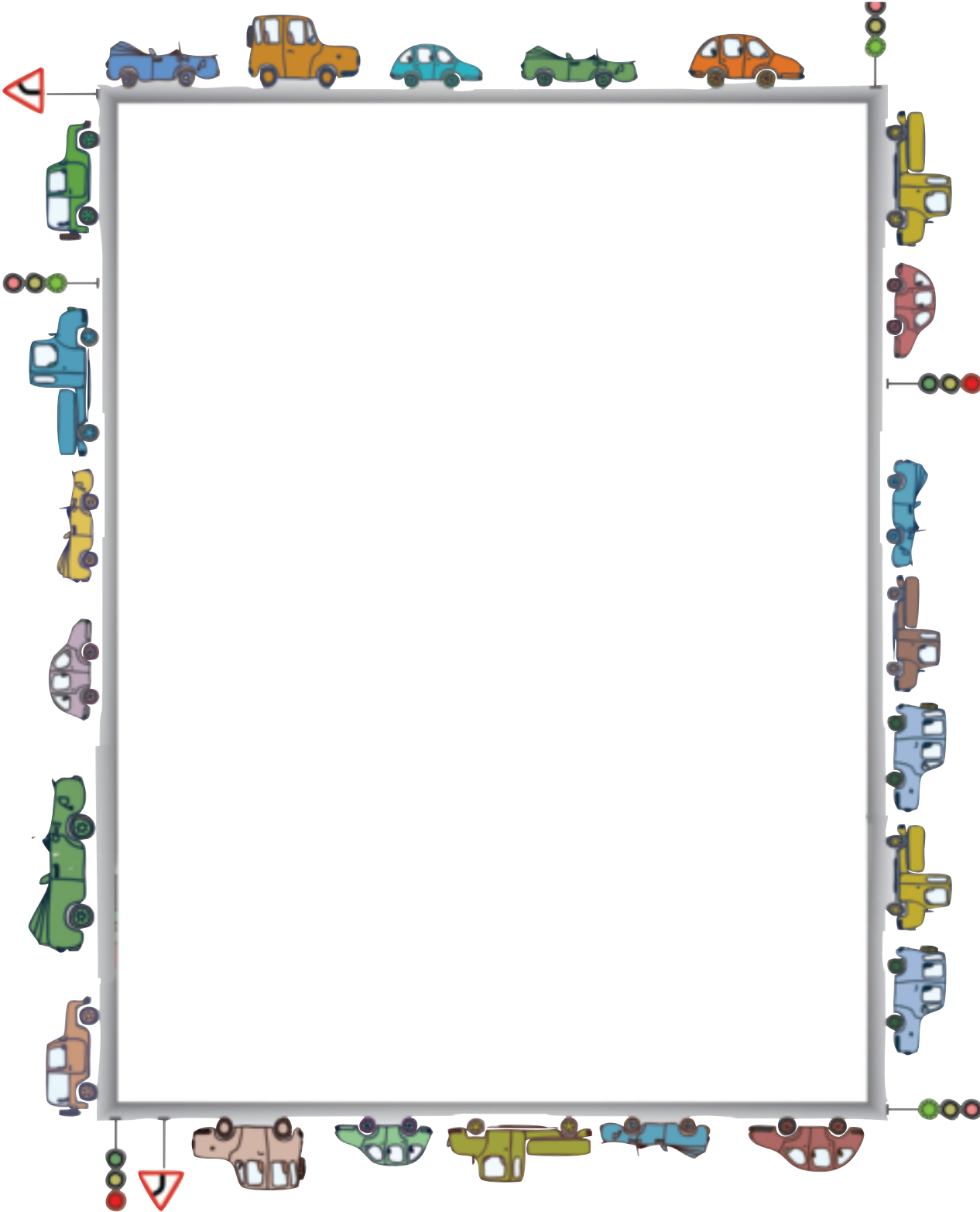


Lusuku:.....



**Asente loku**

Dvweba lakakho libalave-sitfombe lemvila lowuhambako emkhatsini wetinzawo leti-2. Ungakhetsa noma tiphi nje tindzawo leti-2. Nawucedza, ungakhombisa bangani bakho libalave lakho. Khombisa umngani wakho libalave lakho umcele akuchazele lomvila lowuhambako. Bona kutsi ukwenta kahle yini loku. Tjela thishela wakho uma umngani wakho akwente kahle loku.



Clipboard with text: Thishela: Sayina: Lusuku:





Asente loku

Thishela wakho utanifundzela indzaba ngaGundi. Lalelisisa. Landzela umvila wakhe kubalave encwadzini yakho.

Emanotsi athishela:

Thishela wakho utayifundza futsi bese ubhala tiphambano (X) etindzaweni.



NgeMigcibelo Gundi udlala nebangani bakhe epaki (X).

Langa limbe ekuseni unina utsi: "Gogo uyagula. Ungasita umhambisele naku kudla?"

Gundi utsetse sikhwama sakhe lesikhulukati sekudla. Kodvwa utsite nakaphuma

nje esangweni (X) watitsela endvodzeni. Yabhavumula ngelivi lemaholoholo yatsi, "Yaa, ngiyabona uphetse kudla. Kwagogo wakho, angitsi?" Gundi wetfuka wachucha. Wahamba washakutela ehla ngemgwaco acondze etindlini tesicimamlilo. Wefika lapha wajikela ngesancele (X). Kodvwa utsite ubuka emuva nemgwaco, yabe itile indvodza imlandzela.

Gundi ancume kuvele ayowufuna lusito kubangani bakhe epaki. Utsite nakefika nje emtaponcwadzi, wajikela ngesekudla futsi wachubeka wahamba (X). Ngesancele ubona sikolo, kodvwa achubeke asengce (X). Etitaladini kuthulile kakhulu. Gundi nyalo sewuyagijima masinyane wehla ngemgwaco (X). Emva kwesikhatsi, ayibone ipaki. Ahambe etulu kwelibhuloho (X) ayohlangana nebangani bakhe esangweni! (X)



### Asinyakate

Nyalo sitawudlala umdlalo wekucudzelana.

- Bekani tihlalo tenu tibe yindilinga. Dlalani "titulo-ngoma" – kutawufuneka nitfole indlela lemfisha kakhulu leya esihlalweni.



Thishela:  
Sayina:  
Lusuku:

# Siwasebentisa njani emanti: ekhaya nasesikolweni



Asibhale

Sisebentisa emanti malanga onkhe. Buka tindlela letehlukene lesisebentisa ngato emanti. Ngaphasi kwesitfombe ngasinye, bhala kutsi emanti asetjentiselwani sebentisa tinchazelo-sitfombe.

Kucima umlilo

Kutigeza tsine

Kugeza titja nobe kuwasha timphahla

Kusita titjalo kukhula

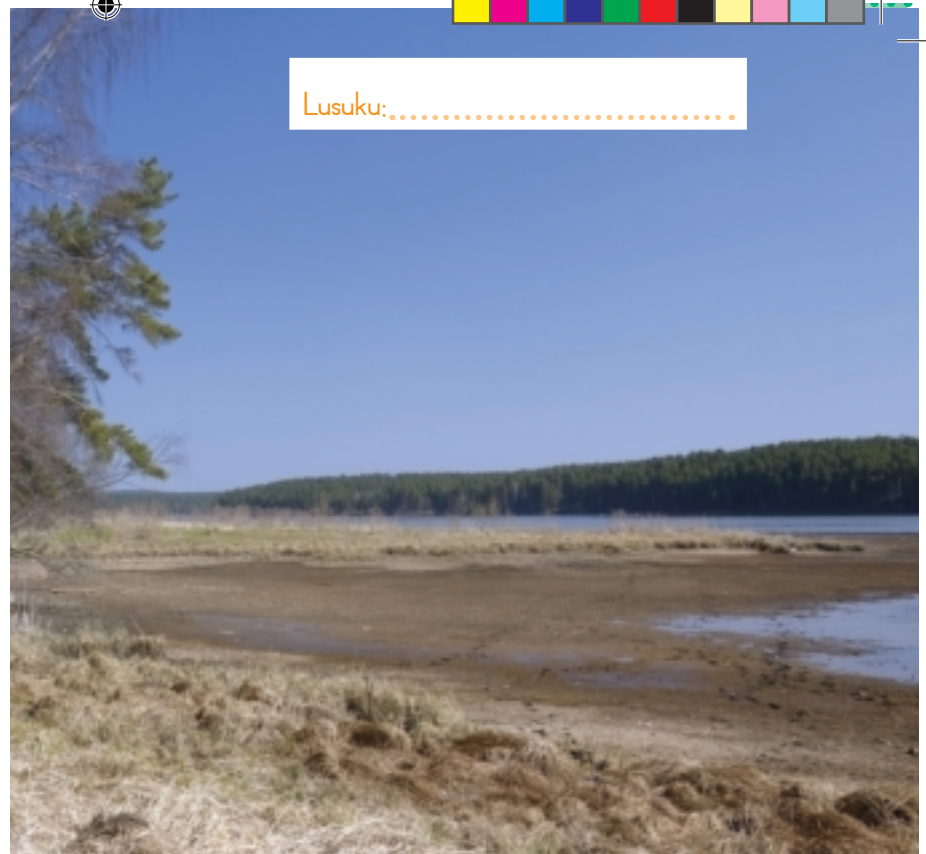
Kupheka kudla





### Asikhulume

Emanti ayamangalisa!  
 Singacoca lokunyenti ngemanti.  
 Cocani ngetindlela letinye  
 lesisebentisa ngato emanti.  
 Emanti aligugu. Cocani ngekutsi  
 emanti siwasaphata njani.  
 Bekungentekani nangabe  
 singaphelelwa manti? Yabelana  
 ngemibono yakho neliklasi.

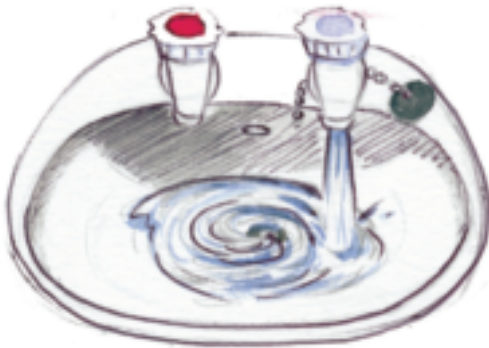


Lusuku:.....



### Asinyakate

Lingisa loku lokulandzelako:



Impompi levova  
 emanti ahushukela  
 ebhavini.



Lifu lemvula  
 letfwala, liba likhulu  
 limumatsa imvula  
 legcina ihhohloka  
 ina, nelifu liya  
 ngekunyamalala.

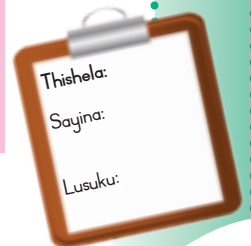


Umfula logeleta ngesineke etulu  
 kwemadvwala bese futsi ugeleta  
 sakushelela etulu kwesihlabatsi.



### Ase sidlale

- Dlala umdlalo lotsi "Emabhakede nematfonsi emanti".



# Tindlela letisaphata emanti



Asibhale

Buka letifombe faka luphawu (✓) madvute nesitfombe ngasinye lesinekongeka kwemanti, nesiphambano (✗) madvute nesitfombe ngasinye lesinemanti lamosakalako.





Lusuku:.....



### Asikhulume

Buka letitfombe lofaka siphambano kuto. Cocisanani eklasini ngaloko lokwentiwa bantfu esitfombeni. Cocani ngendlela labebangonga ngayo emanti. Cocani ngekutsi bangawasebentisa kanjani emanti ngenhlakanipho.



### Asibhale

Bukisisa letitfombe. Fundza lemisho lengentasi. Faka luphawu (✓) kusenteko ngasinye lesisisitako konga emanti, nesiphambano (✗) kuleso lesisaphate emanti.



	✓ noma ✗
Ngiyekela impompi itfulule emanti nangicubha.	
Angiwacitsi emanti lasebhavini , kodvwa ngiwasebentisa kunisela ingadze.	
Njalo ebusuku, ngigeza ngemanti lagcwele nswi ebhavini.	
Nangibona impompi ivova, ngiyivala icine nko.	
Sigeza titja ngemanti lageletako.	



Thishela:  
 Sayina:  
 Lusuku:



# Emanti ekunatsa laphephile nalangakaphephi



Asibhale

Ase ubuke letitfombe. Faka luphawu (✓) dvute nesitfombe ngasinye kukhombisa imisebenti laphephile. Faka siphambano (✗) dvute nesitfombe ngasinye kukhombisa imisebenti lengakaphephi.





Lusuku:.....



Asibhale

Bhala ligama "kuphephile" nobe "akukaphephi" kucedzela umusho ngamunye. Sesikwentele wekucala.

Kunatsa emanti langcolile akukaphephi.

Kubhukusha emantini langcolile \_\_\_\_\_.

Kunatsa emanti lasebhodloleni \_\_\_\_\_.

Kunatsa emanti labuya emfuleni longcolile ku \_\_\_\_\_.

Kunatsa emanti asempompini lahlobile \_\_\_\_\_.



Ase sidlale



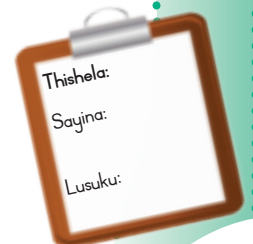
**Dlala nalabanye lababili.**

- Shaya tandla ngesikhatsi emafonsi emanti lakehla ngaso:
  - ngekunyonyoba empompini
  - ngelitubane empompini
  - ngesivinini lesikhulu empompini
  - nonkhe nihlala sikhatsi sinye.
- Dlalani noma ngumuphi nje lomunye umdlalo wekushaya tandla leniwatiko.



Asinyakate

- Zuba njengesicoco uphume emantini langcolisekile.
- Zuba njengesicoco ungene emantini lahlobile.
- Gradvula njengelihashi lelomile ligijimela kuyonatsa emanti.
- Gijima ngelitubane lakho lonkhe ubalekela imvula.
- Cocoma lidwala ngelidwala uwele umfula. Sita labo labangakhoni kuhamba.
- Shwilana ndzawonye njengemanti atfuluka aphuma ebhavini (uwedvwa bese uba nemngani).
- Thishela wakho utanikhombisa nase kufanele nigucukele emnyakatweni lowehlukile.



# Kulondvolota emanti lahlobile



## Asifundze

Emanti langcolile ayasigulisa.

Kufanele sinatse emanti lahlobile.

Futsi kufanele sidlale sibuye sibhukushe emantini lahlobile.



## Asikhulume

Ase ubuke titfombe. Khuluma nemngani wakho ngekutsi abuyaphi emanti etfu lahlobile. Tjela liklasi ngaloko wena lokucabangako. Nasihlobisa emanti, siwenta acwengeke ahlobe khona kutowuphepha kuwanatsa.



Singawanatsa emanti emvula uma luphahla lwetfu nelithange kuhlobile.



Masipala uyawahlobisa emanti etfu awagine kahle khona sitowukhona kuwanatsa.



Emanti etfu singawabilisa kuwahlobisa.



Singawasefa kuwahlobisa.



### Asente loku

Cela thishela wakho anikhombise kutsi sentiwa njani sisefo semanti.

### Utawudzinga loku:

Libhodlela lepulasitiki lemalitha lama-2

Sihlabatsi lesicolisakele, lesihlobile

Sihlabatsi lesihhayekile, lesihlobile

Ematje lamancane/lukhetse, loluhlobile

Umukhwa lokhaliphile

Volo lohlobile

Ingilazi yemanti



### Asinyakate

- Sebentisa sikhwama bhontjisi nehlahhubhu. Beka ihlahhubhu phasi, bafundzi babe beme emgceni lomamitha la-5 kusuka kulehlahhubhu. Ungasebentisa sikhala sekukola senethibholi.
- Umfundzi ngamunye utfola lihlandla lekuphosa sikhwama sekudlala esikheleni sekukola, kulehlahhubhu.



# Kusuka emini kuya ebusuku



## Asifundze

Imini nebusuku kwehlukene.

Kubukeka ngekwehlukana, siva nemisindvo leyehlukene, futsi senta tintfo letehlukene.

Emini sibona lilanga likhanya. Lilanga lisiniketa kukhanya nekushisa. Bantfu labanyenti basebenta emini, tsine siya esikolweni.



## Asibhale

Buka letitfombe bese ucoca nemngani wakho ngato. Ngabe titfombe tasemini noma tasebusuku? Tehluke ngani? Bhala "Imini" nobe "Busuku" ngetulu kwesitfombe ngasinye.





### Asifundze

Kusihlwa lilanga liyashona. Kuba mnyama bese sibona inyanga netinkhanyeti.

Kufute sisebentise emalambu kubona kutsi sentani.

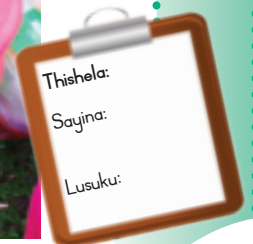


Ebusuku, kuyabandza kunasemini.  
Labanyenti betfu bayalala ebusuku, kodvwa labanye bantfu basebenta ebusuku. Kunetilwane letiphuma kuphela nakumnyama.



### Asinyakate

- Sebentisa emapali ekubekisa (nobe timphawu-siboniso njengemakhoni) nebhola.
- Beka lipali lekubekisa (nobe timphawu-siboniso) emamitha lambalwa kusuka kubafundzi.
- Sebentisa ibhola lenkhulu njengeyetinyawo.
- Khahlela lebhola ingene emapalini nobe emkhatsini netimphawu-siboniso.
- Cale ukhahlele ngelunyawo lwakho lwesekudla bese ukhahlela ngelesancele.
- Mangaki emagoli leniwafakile?



# Indlela sibhakabhaka sibukeka ngayo ebusuku



Asifundze

Emini, sivamile kubona sibhakabhaka lesiluhlata cwe nemafu. Kakhulukati, sibona lilanga.



Ebusuku, sibona inyeti netinkhanyeti letinyenti. Tinyenti netichingi-mhlaba letifana netinkhanyeti.



Kulesinye sikhatsi inyeti iba sesibhakabhakeni nasemini nje. Asikhoni kuyibona kahle ngoba lilanga libhokile ngekukhanya. Yetama kutfola inyeti ngesikhatsi sasemini.



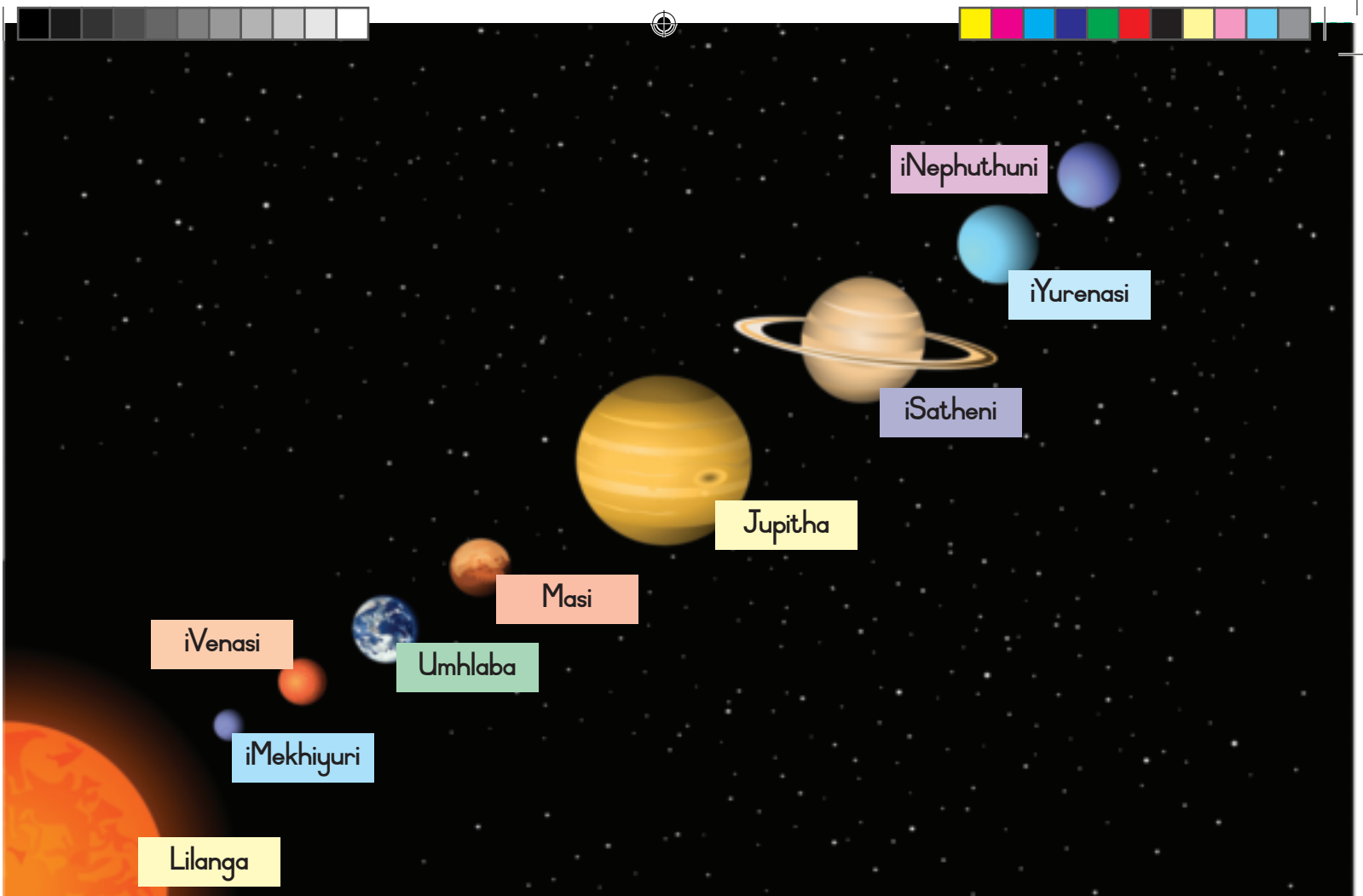
Asente loku

Inyeti ayibukeki ngekufana busuku ngebusuku. Caphela inyeti kulobusuku lobu-5 lobutako. Kulamabhokisi langentasi, dvweba tinhlobo letehlukene tabobunjwa benyeti lotibonile.

Busuku bekucala

Busuku besitsatfu

Busuku besihlanu



Loku-ke lilanga netichingimhlaba letiseluhlelweni lwelilanga endalweni yetfu – laba bomakhelwane betfu emkhatsini. (Lilanga netichingi-mhlaba akukadwetjwa ngebukhulu bako-ngco.)



### Asikhulume

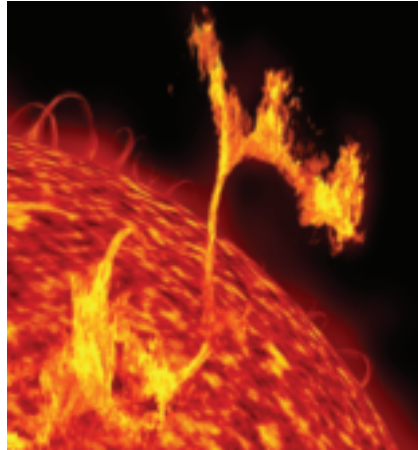
Lesi sitfombe seSatheni.  
 Yehlukile kuto tonkhe  
 letinye tichingimhlaba ngoba  
 inetindilinga letiyitungeletile.  
 Uyawabona lamacashata  
 lamhlophe esitfombeni?  
 Ucabanga kutsi ayini vele?  
 Ase ubuke lesitfombe  
 lesikhulu ngetulu. Ngabe  
 iSatheni yinkhudlwana noma yincanyana kunemhlaba? Ngusiphi  
 sichingimhlaba lesikhudlwana kuneSatheni?



# Lilanga nenyanga

Asikhulume

Buka letitfombe.



Coca nemngani wakho. Tisikhombisani?  
Unganiketa nobe nguyiphi imphendvulo lefika  
emcondvweni wakho.



Asifundze

Emanotsi athishela:

Thishela wakho utawulalela yonkhe  
imibono yenu bese uyanatisa kutsi  
tiyini letitfombe.

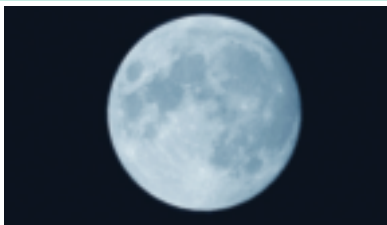
Lilanga yinkhanyeti. Lifana nebhola-milo lenkhulukati lephosa kushisa kwayo  
nekukhanya macala onkhe. Lilanga lingaphindzeka emahlandla latigidzigidzi  
ngebukhulu kwengca umhlaba.

Inyanga ilidwala lelitje netintfuli letikhulukati noko alukuphosi kushisa. Inyanga  
ite kwakayo kukhanya. Ifana nesibuko lesiphosa imisebe yelilanga ite ngakitsi.  
Inyanga yincane kakhulu kabi kunemhlaba.

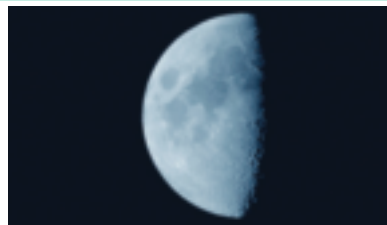


Asikhulume

Coca nemngani wakho ngekutsi igucuke njani inyanga ebusukwini  
lobusihlanu. Chubeka ubuke letitfombe. Ngabe inyanga yakho ibe nako  
kufana nalenye yaleti?



Inyanga legcwele



Inyanga lelucetu



Inyanga ledvulungile



# Tinkhanyeti

Lusuku: .....

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Asifundze

Lilanga liyinkhanyeti lesondzele kakhudlwana kitsi. Leti letinye tinkhanyeti tikhashane natsi. Kube bewungahamba ngesivinini lesikhulu uye kunobe nguujiphi yaletinkhanyeti, bekungakutsatsa iminyaka-nyaka kufika lapho.



Asikhulume

Lenkhanyeti leya Mantentekazana,  
Ngitamjela Babe Mantentekazana  
Ajishayashaye Mantentekazana,  
Ngendvukwana yakhe Mantentekazana.  
Lemagiligombo Mantentekazana,  
Bukan' phasi Bukan' etulu!



Asifundze

Lengoma yacanjwa kadzeni endvulo. Bantfu bebangati lokunyenti kangako ngetinkhanyeti kuleto tikhatsi.

Lamuhla noko sesati lokunyenti. Ema-Astronothi antjwiza aye emkhatsini ngetintjwiza-mkhatsi telikhetselo kutfo

kabanti ngetinkhanyeti. Uma bantjwizi-mkhatsi – ema-ostronothi bavakashela umkhatsi, bagcoka tembatfo telikhetselo, emasudu-mkhatsi. Ngesizatfu sebantjwizi-mkhatsi labanesibindzi-nebantfu labahlakaniphile lababayisa emkhatsini, sesifundze lokunyenti kabi ngetinkhanyeti.



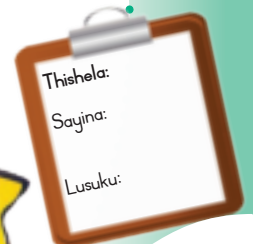
Asikhulume

Kuyintfo lenhle yini kutsi sesifundze kabanti ngetinkhanyeti?

Cocani ngaloku wena nemngani wakho.

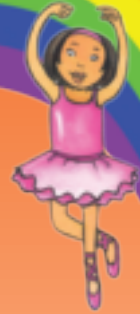


Ithemu 4 – Liviki 8



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**Ukhetsekile.**  
**Umtimba wakho wonkhe**  
**ungulokhetsekile.**

**Umtimba wakho, wakho wedvwa!**



**KUTE**  
**lokumele**  
**akutsintse titfo**  
**temtimba**  
**letifihlekile.**

**Kumele utjele lomunye nangabe kukhona**  
**lokutsintsa titfo temtimba wakho**  
**letifihlekile.**

**Kumele utjele lomunye**  
**nangabe kukhona lokwentisa**  
**tintfo longatitsandzi.**

**Longamshayela akusite:**

**Inombolo yemphilo: 0861 322 322**

**Inombolo yeBantswana: 0800 05 55 55**

**SAPS Inombolo lephutfumako: 10111**

**YeMaphoyisa eKucedza Bugebengu: 086 00 10111**

**Luhlangotsi lweKuvikela Bantswana:**  
**012 393 2359/2362/2363**



**Make a placemat**

*Cut out the pictures you like and paste them on to the opposite page to make yourself a two-sided placemat. Cover or laminate the placemat with plastic and use it when you eat.*







