

Ihlaziywe yaze
yalungelelaniswa
neCAPS

Ibanga loku-



Izakhono zoBomi
ngesiXHOSA
Incwadi yesi-2
Ikota 3 & 4



Igama:

Iklasi:



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LIFE SKILLS IN ISIXHOSA
GRADE 1 – BOOK 2
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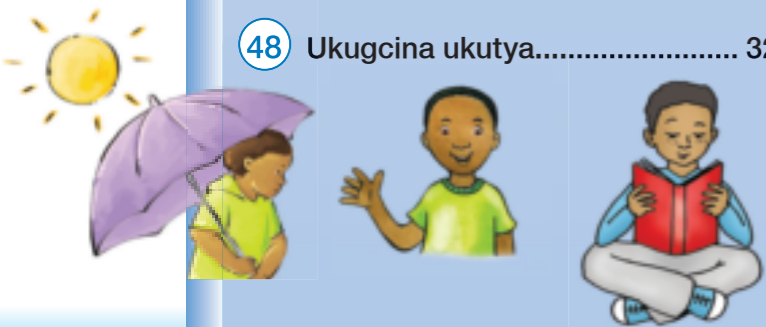


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UNksz Angie Motshekga
uMphathiswa weMfundo
esisiSeko



UGqir Reginah Mhaule
uSekela Mphathiswa
weMfundo esisiSeko

Ezi ncwadi zilungiselelwe abantwana boMzantsi Afrika phantsi kwephiko loMphathiswa weMfundo esisiSeko uNksz Angie Motshekga kunye noSekela Mphathiswa weMfundo uGqir Reginah Mhaule.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundo esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenkxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukuvelisa ezi ncwadi, zifumaneke ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala baya kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhulu kwimfundo yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundi.

Sinethemba lokwenene lokuba abantwana baya kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.



Ibanga loku-

1



Izakhono zoBomi

NGESIXHOSA

Incwadi yesi-2



Le ncwadi yeka-:



Iindawo zasekuhlaleni



Masifunde

Cinga ngabo bonke abantu obabonayo nothetha nabo yonke imihla – aba ngabantu basekuhlaleni. Ingangabantu abahlala kwisitalato ohlala kuso okanye abahlala kufuphi nakowenu. Ingangabantu abakhonza nawe ecaweni okanye abasesikolweni sakho, amapolisa akwingingqi yakho, oogqirha nabanye abaninzi.



Masithethe

Thetha nomhlobo wakho ngemifanekiso ekula maphepha mabini.
Zeziphi iindawo ozaziyo kulo mfanekiso?
Zeziphi iindawo kwezi abahlanganela kuzo abantu?



Umhla:



Zeziphi iindawo ezikulo mfanekiso ungezantsi owakhe wazindwendwela? Trejisa imiphandle yazo ngeekhrayoni.



Xelala umhlobo wakho ukuba ngaba ezi ndawo uzityelele nomnye umntu na okanye wedwa. Bekutheni ukuze uzityelele?

Ucinga ukuba iindawo okhe wazityelela zingandwendwelwa lula ngabantu abakhubazekileyo?



Ukukhathalela iindawo eziluncedo ekuhlaleni

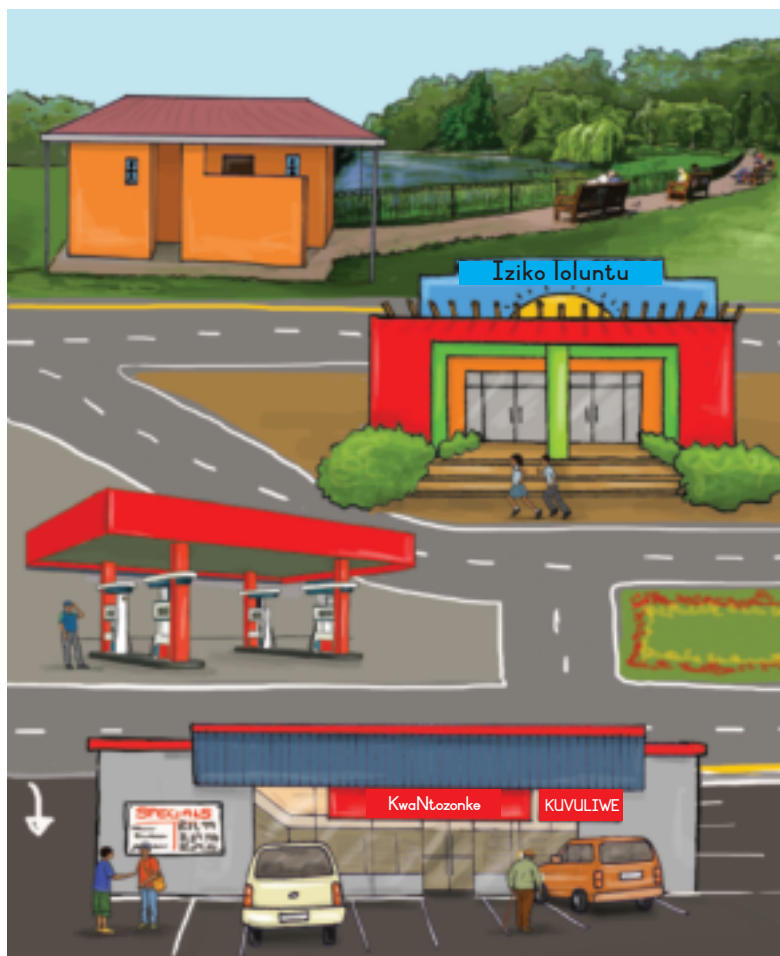


Masithethe

Iindawo ezisekuhlaleni zineendidi ezahlukeneyo zezinto eziluncedo ezinokusetyenziswa nguye wonke ubani. Iiklinikhi, izikolo, amabala emidlalo nezibhedlele zizibonelelo esizisebenzisa sonke.

Sifanele ukuziphatha kakuhle zonke izibonelelo ezikwiindawo esihlala kuzo.

Kwakhona kufuneka sigcine indawo esingqongileyo icocekile ukuze wonke ubani ayonwabele.



Masithethe

Thetha nomhlobo wakho ngalo mfanekiso:

- Ucinga ukuba abantu bayakuthanda ukuhlala apha?
- Kutheni ucinga njalo nje?
- Ingaphuculwa njani indawo ohlala kuyo wena?



Zoba umfanekiso wakho onemibala usebenzisa isithuthi sikawonke-wonke esifana nololiwe, ibhasi okanye itekisi. Bonisa zonke iindidi zabantu okhwele nabo nezinto abazenzayo. Abanye bahleli bathe nkqo, abanye bagobile abanye baqethukile balele, abanye bakhulu abanye bancinci.



Masizifudumeze

- Zifudumeze ngokuhamba uye phambili ngeenzwane.
- Ngoku hamba ubuye umva ngezithende.
- Yiya phambili uhambe ngezithende.
- Buya umva uhambe ngeenzwane.



Yenza oonobumba

Yenza oku nomhlobo wakho. Sebenzisani imizimba yenu nenze oonobumba. Ningema, nayame ngodonga okanye nilale phantsi.

Khanikhangele ukuba wena nomhlobo wakho aninakwenza unobumba ongenakwenziwa ngomnye umntu na.



Ilungile okanye ayilunganga?



Masithethe

Jonga le mifanekiso.

Zizibonelelo zantoni ezi? Xelela umhlobo wakho indlela elungileyo yokusebenzisa isibonelelo ngasinye.





Umhla:



Masenze

Yakha umfuziselo wesakhiwo usebenzise izinto ezinokuhlaziywa. Ungakha iklinihi, ilayibrari okanye nasiphi na isakhiwo esikwindawo yakho. Hombisa isakhiwo sakho ubonise ukuba sesiphi esi sakhiwo usakhileyo. Ningasebenza kunye ningamaqela.



Masishukume

- Lungisa amavili ame enze imiqolo.
- Khasa uphumele kula mavili.
- Lalisa amavili phantsi.
- Yima ngemilenze yakho yomibini phezu kwevili.
- Ngoku yima ngomlenze omnye evilini.
- Sebenzisa amavili ukuze wenze eminye imidlalo yeentshukumo.

Qaphela ukuze ungazenzakalisi.





Masibhale

Jonga le mifanekiso. Kwiibhokisi ezingasekunene khetha igama elichanekileyo lomfanekiso ngamnye. Libhale phantsi kwaloo mfanekiso.



Umthi wepetroli

Umthengisi weentyatyambo

Umongikazi



Umqhubi wetekisi

Igosa lezendlela

Ugqirha



Umthengisi weziqhamo

Umcimi-mlilo

Ipolisa



Masithethe

Jonga imifanekiso oyithiye amagama uze uthethe ngayo nomhlobo wakho.

Ingaba ukhe ubabone aba bantu kwindawo ohlala kuyo?

Ngubani omnye umntu ombonayo wendawo ohlala kuyo?

Ingaba abantu ohlala phakathi kwabo bayancedana? Benza ntoni?



Masibhale

Krwela umgca osuka ekuqaleni kwesivakalisi ngasinye esingasekhohlo uye kumagama ahambelana naso angasekunene.



Umcimi-mlilo	ubamba izaphuli-mthetho.
Ilungu leNkonzo yamaPolisa eMzantsi Afrika	uthengisa iziqhamo.
Ugqirha	ugalela ipetroli ezimotweni.
Umthengisi weziqhamo	ucima umlilo.
Umthi wepetroli	uyasiphilisa.



Masibhale

Jonga le mifanekiso. Kumagama angasezantsi khetha inkcazelo echanekileyo yomfanekiso ngamnye. Yibhale phantsi komfanekiso ngamnye. Thelekisa iimpendulo zakho kunye nezo zomhlobo wakho.

Inqwelo yabacimi-mlilo



Igaraji yepetroli



Isibhedlele



Isikhululo samapolisa



Masishukume

Qhwaba ngokwesiingqisho osivayo.

- Mamela kakuhle xa sitshintsha isingqisho.
- Kwenze oku ngeentlobo zomculo ezahlukahlukeneyo, ukususela kowamandulo ukuya kowekwayito.
- Qhwaba ngokukhawuleza okanye ngokucutha ugcine isingqisho.

Inqaku likatitshala:
Mamela umculo kunye nesiingqi esidlalwa ngutitshala.



Izilwanyana esizigcina njengezilo-qabane



Masifunde

Abaninzi bethu banezilo-qabane. Isilo-qabane sakho sisihlobo sakho esisilwanyana. Usijonga ngononophelo kwaye sihlala sisondele kakhulu kuwe – mhlawumbi endlwini ohlala kuyo okanye kwishedi eyodwa eseyadini.



Masithethe

Jonga emfanekisweni. Thetha nomhlobo wakho ngomfanekiso lowo. Sebenzisa ikhrayoni ubiyele zonke izilwanyana ezithandwa emakhaya ozibonayo. Zingaphi onokuzibala? Xelela utisthala wakho.

- Unaso isilo-qabane? Ukuba unaso, xelela umhlobo wakho ngaso.
- Ukuba akunaso, xelela umhlobo wakho ukuba sesiphi isilo-qabane onqwenela ukuba naso. Okanye kutheni ungafuni ukuba nesilo-qabane nje.



Masibhale

Iklasi mayenze uludwe lwazo zonke iintlobo zezilwanyana ezithandwa ekhaya ongaziboniyo emfanekisweni. Khuphela apha okubhalwa ngutitshala ebhodini.



Umhla:



Masenze

Zoba nokuba sesiphi
na isilo-qabane
osithandayo.

Zibumbele isilo-qabane
sakho ngodongwe.



Masishukume

Ziqhelise ukuphosa nokubamba ibhola.

- Phosa ibhola yententya phezulu ngezandla zozibini. Yibambe ngezandla zozibini.
- Ngoku yiphosele emoyeni ngesandla esinye uphinde uyigange kwakhona kwangeso sandla.
- Yiphosele emoyeni ke ngoku ngesandla ongasisebenzisiyo uze uyigange kwangeso.
- Bhampisa ibhola yententya emhlabeni ngazo zozibini izandla uze uphinde uyibambe ngezandla zozibini.
- Yibhampise ngesandla esinye uphinde uyibambe kwangeso sandla.
- Yiqakathise ngesinye isandla uphinde uyibambe kwangeso sandla.
- Yimani isangqa umntu agqithisele ibhola ngezandla zozibini emntwini osecaleni kwakhe.
- Gqithisela ibhola emntwini osecaleni kwakho usebenzise isandla esinye.
- Sebenzisa esinye isandla sakho uze ugqithisele ibhola emntwini osecaleni kwakho okwelinye icala.

Ubusazi na?

Phantse zonke izinja ziyakuthanda ukudlala ngebhola. Kodwa kufuneka ukhawuleze kuba izinja ziyathanda ukuyibamba ibhola ze zibaleke nayo.



Indlela yokukhathalela izilo-qabane



Masithethe

Kubalulekile ukuba sizikhathalele izilo-qabane zethu.

Thetha nomhlobo wakho malunga nokufunwa zizilo-qabane. Yiba ngathi usisilo-qabane esizotywe ngumhlobo wakho kwiphapha le-II. Cinga ngento onokuyifuna. Ungacinga ngezinto ezifana nokutya nendawo yokulala. Xelela umhlobo wakho. Thetha nangento afanele ukuyenza ukuba uye wagula.



Masibhale

Fakela uphawu (✓) ecaleni kwento nganye efunwa sisilo-qabane.

Ukutya

Amanzi

Intlama yamazinyo

Indawo eshushu neyomileyo yokulala




Ugqirha wezilwanyana xa sigula

Iholide



Masenze

Zoba izindlu kunye nokutya okufunwa zezi zilwanyana. Bhala ke ngoku igama esilithiya abantwana bazo.

Isilwanyana	Ukutya	Igama lomntwana
		_____
		_____
		_____



Masenze

Funda isivakalisi ngasinye uze ucinge ngendlela obuya kuziva ngayo nento obuya kuyithetha uyenze. Bonisa iklasi ke ngoku. Utitshala wakho uza kukuxelela ukuba wenze eyiphi.

- Uzifunele isilo-qabane esitsha.
- Ikati yakho ilahlekile.
- Inja yakho itye into yakho yokudlala oyithandayo.
- Umhlobo wakho ukorholainja.
- Ubonainja etshixelwe emotweni.



Masishukume

Mamela izingqi ezahlukeneyo eziza kudlalwa ngutitshala wakho. Yenza ngathi usisilwanyana esilandela izingqi somculo.

Xa umculo ukhawuleza, qabadula okwehashe.



Xa umculo usezantsi, bhabha okwebhabhathane.

Xa umculo ungxola, hamba okwendlovu.



Xa umculo ucotha, hamba okofudo.



Masithethe

Funda okubhalwe ngezantsi kwemifanekiso. Ngoku xelela umhlobo wakho into enika umdla ngeekati.



Umvundla yimpuku. Amazinyo empuku awayeki ukukhula.



Unyaka omnye womtu ufana neminyaka esixhenxe (7) yenja. Xainja ineminyaka emi-3 ubudala, ineminyaka engama-21 yobudala bomntu.



Xa ikati yonwabile, yenza isandi esibonisa oko.



Masonwabe

Dlalani "Impuku nekati". Utitshala wakho uza kutsho ukuba ngubani na ikati nokuba ngubani impuku. Tshintshani iindima emva kwexesha. Abanye mabenze isangqa babambane ngezandla.



Isimilo kunye noxanduva (1)



Masifunde



Molo Jabu.
Usaphila?

Molo Titshalakazi.
Ndiyaphila Titshalakazi, enkosi.

La mazwi abonisa isimilo. Isimilo yindlela esibaphatha ngayo abanye abantu.
Isimilo sethu sibonisa ukuba sibahlonela kangakanani na abanye abantu.

Siyakuthanda ukuthetha nabantu abanembeko.
Kumnandi ukuba ngumhlobo nomntu onembeko.

Sinoxanduva lokusoloko sibaphatha kakuhle abanye abantu.
Kungoko kufuneka umntu ngamnye abe nembeko.



Umhla:



Masithethe

Jonga imifanekiso. Funda namagama asezibhokisini. Thetha nomhlobo wakho ngemifanekiso. Thetha nangemikhwa elungileyo nengalunganga eyenziwa ngaba bantwana.

Molo Titshalakazi!

Yabelana nabanye.

Enkosi ngokundimamela kakuhle ngolu hlobo.

Usilibele isonka sakho? Thattha esinye sam.

Yiba nobuntu.

Lindela elakho ithuba.

Uxolo Mama, bendifuna ukubuka ivazi yakho endala ndaze ndayiwisa yophuka!

Molo Maisy, ndichole le bhegi yakho phandle. Ndiyathemba akukho mntu uthathe iikhrayoni zakho.

Bamamele abanye abantu.

Thembeka.

Bahloniphe abanye abantu.

Bulisa abantu obaziyo nongabaziyo.

Zihlonele izinto zabanye abantu.

Titshala:
Sayina:
Umhla:

Isimilo kunye noxanduva (2)



Masibhale

Jonga le mifanekiso uze ufunde izivakalisi ezisezibhokisini. Krwela umgca uye kuxanduva oluhambelana nomfanekiso ngamnye.



Ndiyancedisa ngokugcina indlu yasekhaya ibukeka kakuhle.



Ndingumhlobo olungileyo kwaye ndiyabanceda abanye.

Ndiyababonisa abantu basekhaya ukuba ndiyabathanda.



Ndidlala kakuhle ngezinto zokudlala zabahlobo bam.

Ndiyazikhathalela mna nezinto zam.

Ndancedisa umama ukudeka itafile.



Umhla:



Masidlale

Yenza umdlalo-linganiso omalunga nesimilo kunye noxanduva apho wenza enye yezi zinto:

- ubulisa abantu obaziyo nongabaziyo
- okanye ulinda kude kufike ithuba lakho
- okanye umamela ngononophelo komnye umntu
- okanye wabelana nomntu othile
- unobubele ebantwini
- uthembekile
- ubonisa ukuzihlonela izinto zabanye abantu
- ubonisa intlonipho kwabanye abantu.

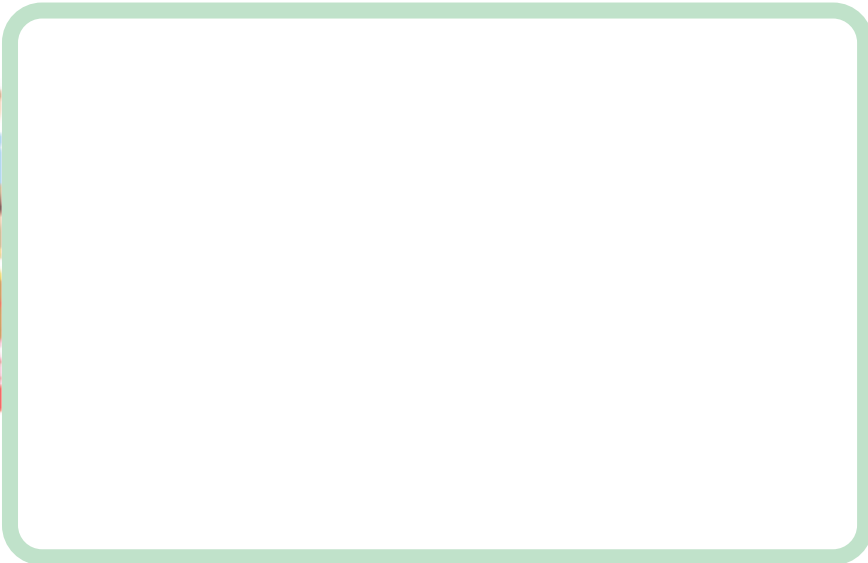
Ngokwamaqela, yenzani umdlalo-linganiso nibonise isimilo kunye noxanduva ngokubhekisele:

- ebantwini bakowenu
- okanye kumsebenzi wesikolo
- okanye kwimisebenzi yasekhaya
- okanye ekutyeni okufumana yonke imihla
- okanye kwiimpahla ozinxibayo
- okanye izinto zakho zokudlala
- okanye kubahlobo bakho



Masen

Zoba umfanekiso wakho ubonisa ubuhlobo kwabanye abantu.



Masishukume

Mamela xa utitshala wakho ekuxelela ukuba xhuma, baleka okanye khasa. Uya kuvuthela impempe phambi komyalelo ngamnye omtsha. Shukuma ngokukhawuleza okanye ngokucotha xa esitsho utitshala wakho.



Masidlale

Dlala unochesi ngalo mlenze ungawusebenzisiyo. Sesiphi isimilo esihle nesibalulekileyo xa udlala unochesi?



Sizifunela ntoni izityalo



Masithethe

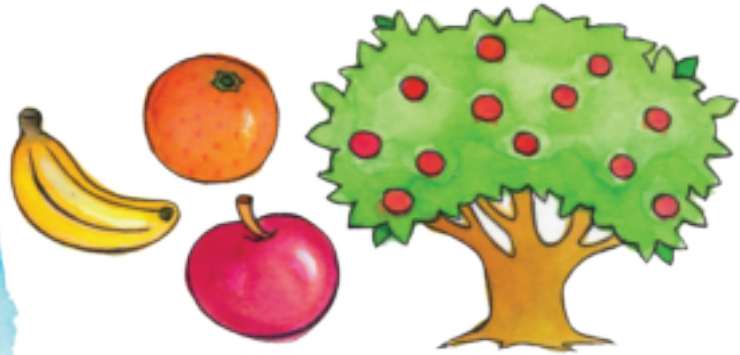
Jonga okukungqongileyo. Ziintoni ozibonayo ezivela kwizityalo? Thetha nomhlobo wakho nibone ukuba zingaphi eninokuzicinga ninobabini. Xelela utitshala ukuba zeziphi izityalo enizicingileyo.



Masifunde



Ezinye izityalo nemithi zisinika umthunzi.



Ezinye izityalo zisinika incindi kunye nokutya.

Ezinye izityalo nemithi ziba ngamakhaya ezilwanyana.



Ezinye izityalo zisinika iintyantyambo zokuhombisa emakhayeni ethu.



Umhla:

Sifuna ingca kumabala okudlala ezemidlalo.

Sisebenzisa umqhaphu ukwenza iimpahla.



Sisebenzisa iingcongolo ukwenza iibhasikiti nokufulela izindlu.



Senza ifenitshala ngamaplanga avela emithini.



Masithethe

Ukunye nomhlobo wakho, khetha ezona ndlela zibalulekileyo ezintathu esizisebenzisa ngazo izityalo.

Singazibulala izityalo xa sizisebenzisa kakhulu?

Xoxani ngalo mbuzo niyiklasi.





42

Indlela ezikhangeleka ngayo izityalo

Ikota 3 – Iveki 5



Masibhale

Izityalo zenziwe zanamalungu ahlukeneyo. Sebenzisa amagama aseziphokisini uphawule ezi zityalo. Thelekisa amagama akho nawomhlobo wakho.

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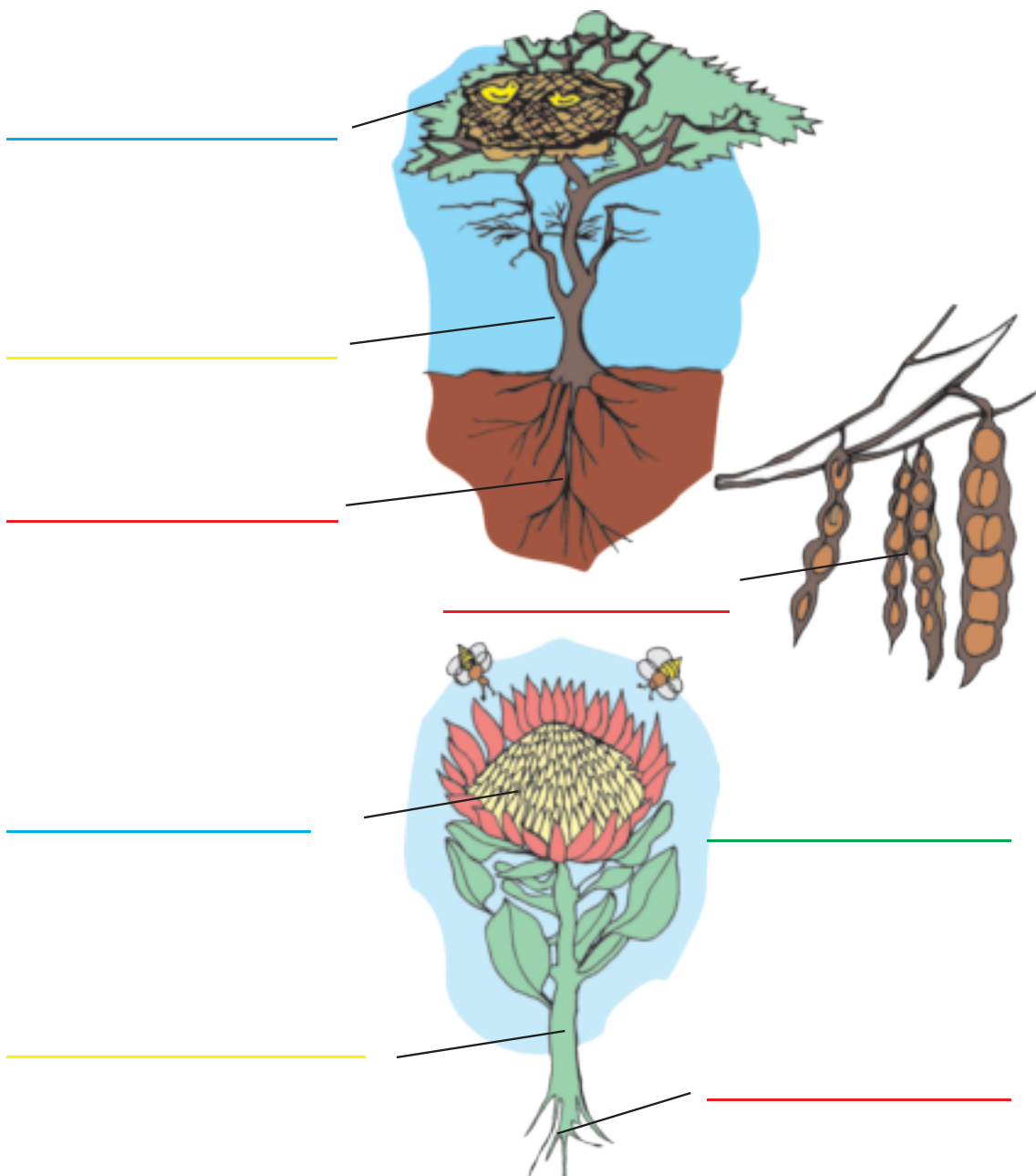
isiqu somthi

igqabi

intyatyambo

umdumba wembewu

isiqu





Umhla:



Masishukume

Yahlula iklasi ibe ziirhorho ezitya izityalo kunye nabasebenzi besitya.

- Abasebenzi besitya kufuneka bazame ukunqanda okanye ukubamba ezi rhorho.
- Tshintsha iindima emva kwemizuzu emibini.
- Phinda oku amaxesha aliqela.



Masidlale

Dlalani undize.



Imibungu izimela ngaphantsi okanye emva kwezityalo aze umlimi ayifune ayifumane ingekazityi zonke izityalo.



Masithethe

Iintlobo ezahluka-hlukileyo zezityalo zikhangeleka ngathi zahluke kakhulu. Kodwa zikwafana ngeendlela ezininzi. Jonga le mifanekiso. Thetha nomhlobo wakho ngezityalo. Zifana ngantoni ziphinde zahluke ngantoni?



Masenze

Zoba okanye peyinta isinambuzane okanye isilwanyana esifuna ukutya isityalo sakho sembotyi. Akunyanzelekanga ukuba ibe sisinambuzane sokwenyani. Khawube nombono. Zoba okanye peyinta wenze imigca neemilo ezicacileyo.



Titshala:
Sayina:
Umhla:



Iimbewu nalapho zivela khona



Masifunde

Ezinye izityalo zineembewu ezifihlwe kwiintyatyambo okanye kwiziqhamo. Singazityala ezi mbewu ukuze sibe nezityalo ezitsha. Iimbewu ziyavuthuluka kwizityalo ziwele emhlabeni ukuze kukhule izityalo ezitsha. Ezinye iimbewu zisasazwa ngumoya okanye ngabantu, izinambuzane kunye nezinye izilwanyana. Ezinye iimbewu zityiwa ziintaka ze ezi ndawo zilukhuni zishiyeke kwilindle lazo. Iimbewu ezisasazwa ngolu hlobo ziwa kwenye indawo ze zikhule apho.



Masithethe

Zisasazwa njani iimbewu ezikule mifanekiso? Kufuneka imbewu ibe njani ukuze isasazeke ngolu hlobo? Xoxa nomhlobo wakho.



Ukuba ufuna ukutyala ezakho izityalo ngokutyala imbewu, ungasebenzisa iimbewu zezityalo ezisegadini yakho. Okanye ungathenga imbewu evenkileni.





Umhla:



Masithethe

Funda lo mbongo nezi ntshukumo.

Ubomi emva kwesityalo

Eli lisuntswana lembewu:
 Masiyityale ngokukhawuleza emhlabeni!
 Ikhula isiqu kunye nentyatyambo
 Enevumba elimnandi kwindawo yonke.
 Iinyosi zibhubhuzela kule ntyatyambo –
 Ngokukhawuleza intyatyambo iyafa.
 Nceda ungakhathazeki kwaye sukukhala.

Uyabona, akukho sijwili kwindalo yonke.
 Jongisisa, nank' umangaliso:
 Intyatyambo yafa, kodwa yolula
 Isiqu sayo esifileyo ngaphantsi kwamagqabi
 asel'emdaka ngebala
 Iimbewu eziphilayo zilindile emhlabeni!



Masishukume

Bonisa uvuyo lwakho ngezi ntshukumo
 Bamba iribhoni ende okanye ilaphu
 elinemibala ngesi sandla uqhele
 ukusisebenzisa. Ushukumisa ingalo yakho
 njalo, yenza iipatheni ezahlukeneyo
 emoyeni okanye phantsi ngelaphu
 okanye ngeribhoni yakho.
 Ukuba kukho umthi okhoyo, masibone
 ukuba singawusebenzisa njani ukuze sidlale.
 Jinga kwintambo ebotshelwe yaqiniswa.
 Qala ngokusebenzisa izandla zozibini, uze
 emva koko usebenzise esi sandla uqhele
 ukusisebenzisa uze uphinde utshintshe
 usebenzise esi singaqhelanga kusebenza.

Inqaku likatitshala:
 Sebenzisa intambo
 kunye neribhoni.



Titshala:
 Sayina:
 Umhla:

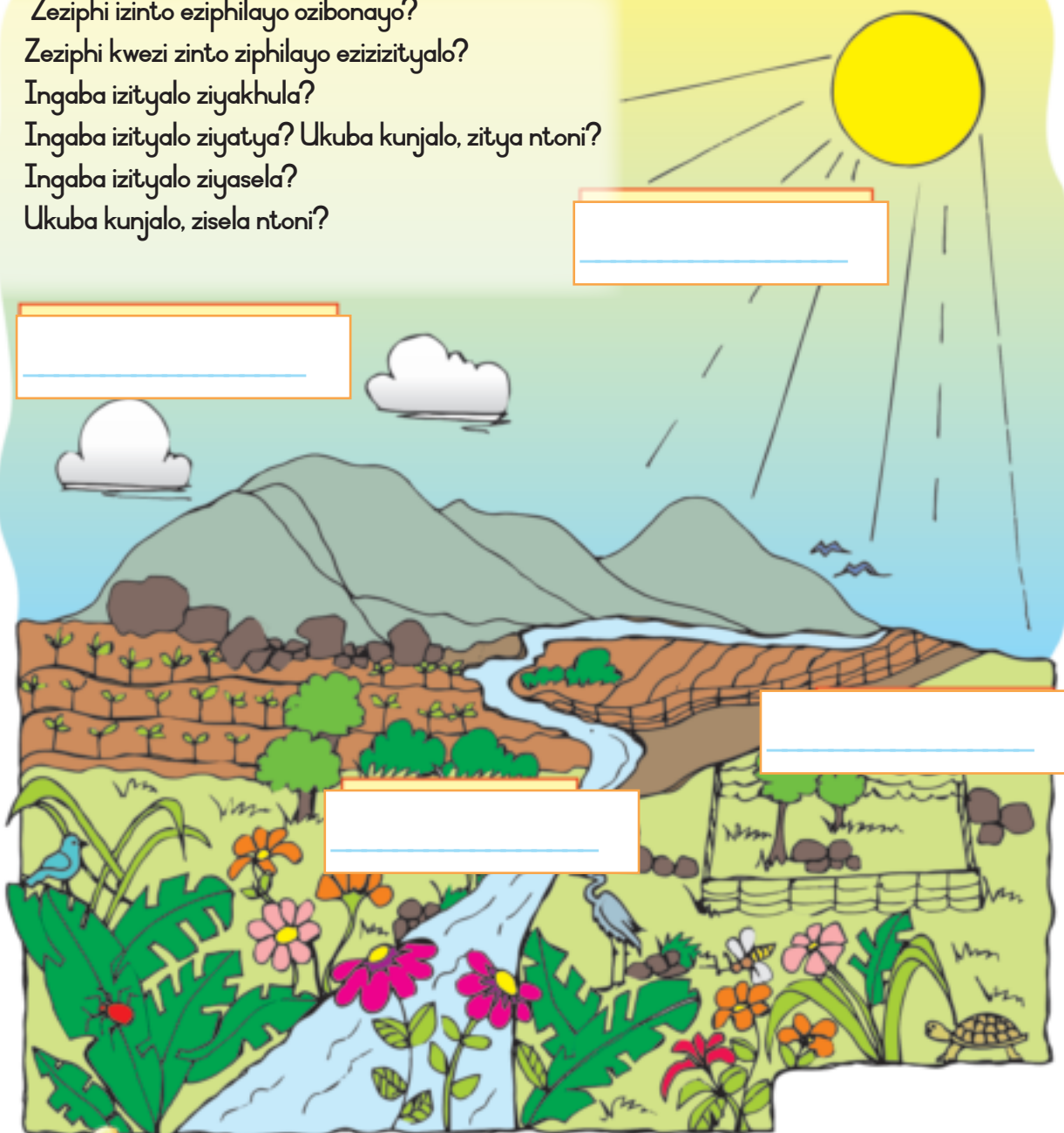
Okufunwa zizityalo ukuze zikhule



Masithethe

Jonga lo mfanekiso. Ingaba iyaphila yonke into ekuwo?

- Zeziphi izinto eziphilayo ozibonayo?
- Zeziphi kwezi zinto ziphilayo ezizizityalo?
- Ingaba izityalo ziyakhula?
- Ingaba izityalo ziyatya? Ukuba kunjalo, zitya ntoni?
- Ingaba izityalo ziyasela?
- Ukuba kunjalo, zisela ntoni?



Masibhale

Bhala ke ngoku igama ngalinye kula kwiibhokisi ezisemfanekisweni ongentla ubonise ukuba izityalo zifuna ntoni ukuze zikhule. Bonisa utitshala into oyibhalileyo.

ilanga

amanzi

izondlo

umoya



Umhla:



Masenze

Kulula ukuzilimela isityalo sakho.
Uza kulima isityalo sembotyji.

Uza kufuna oku:

Landela la manyathelo:

Inyathelo 1:

Beka iimbotyji ezi-3 phakathi kwemicu emibini yoboya. Zibeke kwisosara engenanto okanye esityeni.



amanzi



iimbotyji



isitya



uboya

Inyathelo 2:

Galela amanzi phezu koboya kwaye uqiniseke ukuba bumanzi toxo.



Inyathelo 3:

Beka isosara okanye isitya phezu kodonga lwefesitile okanye kwindawo enelanga elaneleyo.



Inyathelo 4:

Emva kweentsuku ezimbalwa, jonga ukuba isityalo sakho sikhula njani na. Sinkcenkcheshele kanye ngeveki.

Usuku 1



Usuku 2



Usuku 3



Usuku 4



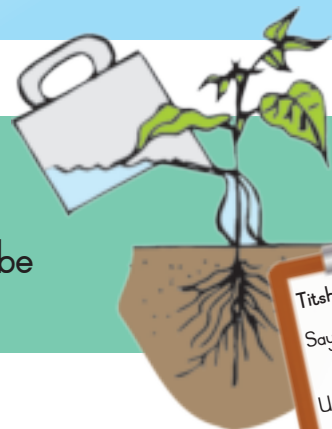
Inyathelo 5:

Xa isityalo sakho sikhule iingcambu namagqabi amabini ungasilima emhlabeni othambileyo.



Inyathelo 6:

Sinkcenkcheshele rhoqo isityalo sakho ukuze umhlaba uhlale ufumile. Emva kweeveki ezimbalwa, iimbotyji zakho zakube zikulungele ukuvunwa.



Titshala:

Sayina:

Umhla:

Ukutya esikutya



Masifunde

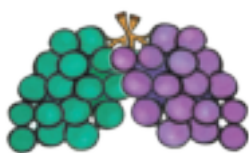
Ukutya okulungileyo kusenza sihambe okwemoto egalelwe ipetroli. Kufuneka sitye ukutya okunempilo ukuze sikwazi ukwenza izinto ekufuneka sizenzile nokuze sizenzise.

Ukutya okunempilo kusinika amandla kwaye kuyasinceda sikhule.



Masibhale

Jonga le mifanekiso. Bhala igama lohlobo lokutya ngalunye ezantsi komfanekiso ochanekileyo.



Masibhale

Zeziphi izinto othanda ukuzitya? Kokuphi okona kutya ongakuthandiyo? Kubhale phantsi kwesihloko esichanekileyo. Khetha kwimifanekiso engasentla.

Ukutya endikuthandayo	Ukutya endingakuthandiyo



Umhla:



Masifunde

Ukutya singakwahlula kube ngamaqela asi-7.

Kufuneka utye ukutya okungezantsi rhoqo. Ungakutya nokutya okungentla, kodwa hayi rhoqo.



Masithethe

Xoxani niyiklasi.

Kutheni le nto kufuneka sitye kancinci kwiqela lokutya elingasentla emfanekisweni ze sitye kakhulu kwelingasezantsi?



Zivela phi iindidi zokutya?



Masifunde

Abalimi okanye amafama alima izityalo aze afuye izilwanyana ezisinika ukutya. Oku kutya siyakupheka. Siyakwazi nokudibanisa iindidi ezahlukeneyo zokutya.



Isonka neesiriyeli zivela kwingqolowa.



Sifumana amaqanda ezinkukhwini.



Iziqhamo zikhula emithini nakwezinye izityalo.



Sifumana ubisi nenyama ezinkomeni. Iyogathi netshizi sizenza ngobisi.



Umgubo wombona siwenza ngombona.



Ubusi buvela ezinyosini.

Umhla:



Iswekile ivela kumazele eswekile.



Sifumana inyama kunye nesipeke ezihagwini.



Imifuno siyityala ezigadini zethu.



Masenze

Cula le ngoma kunye notitshala wakho.



Ama-apile, iigwava, iibhanana.

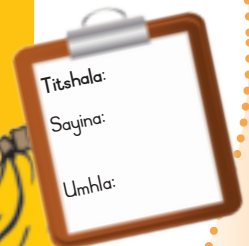
Imbotyi nee-ertyisi neetapile.

Zikhulisa imizimba yethu yomelele.

Ukuze ndilungele umsebenzi

Nditya ukutya okunempilo kuphela!

Kundigcina ndomelele.



Ukutya okunempilo nokungenampilo



Masifunde

Ukutya esikuthandayo akusoloko kulungile. Maxa wambi sithanda ukutya okungasilungelanga.

Maxa wambi siye singathandi oku kutya kusilungeleyo kanye. Kodwa noxa kunjalo, nantoni na ebaxekileyo ayilunganga.

Ukutya okulungileyo okuninzi kakhulu akulunganga. Akukho mpilweni ukutya nantoni na ngokugqithisileyo.

Yitya uhluthe kodwa ungagqithisi. Sukutya ungayeki kuba into uyithanda.



Masenze

Sika imifanekiso yokutya okunempilo nokungenampilo kwimagazini uze uyincamathisele kwiitoti ezichanekileyo. Ukuba akufumani mifanekiso, kuzobe oko kutya.



Ukutya okunempilo



Ukutya okungenampilo



Umhla:



Masibhale

Bhala eyakho imenyu usebenzise ulwazi olufundileyo malunga nokutya.

Isidlo sakusasa

Blank lined area for writing breakfast menu items.

Isidlo sasemini

Blank lined area for writing midday menu items.

Isidlo sangokuhlwa

Blank lined area for writing evening menu items.



Masenze

Uza kwenza isaladi yeziqhamo. Landela le miyalelo ingezantsi

Uza kufuna oku:

- Iindidi ezahlukeneyo zeziqhamo
- Isitya esikhulu
- Imela necephe



Landela la manyathelo:



- Hlamba iziqhamo.
- Zichube ukuba oko kuyimfuneko (njengeeorenji).
- Zinqunqe zibe ngamaqhekeza amancinci. (Cela umntu omdala akuncedise.)
- Dibanisa iziqhamo esityeni.
- Yitya isaladi uyonwabele.



Ukugcina ukutya



Masifunde

Jonga le mifanekiso.



IKHALEDA KA-2015

EYOMSINTSI

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27



Masithethe

Uqaphela ntoni ngale mihla?

Singakutya oku kutya?

Ucinga ukuba kwenzeka ntoni koku kutya?



Masifunde

Ukutya okutsha akuhlali kunjalo ixesha elide. Ezinye iziqhamo nemifuno zikhawuleza zibole. Inyama, intlanzi kunye nezinye iimveliso zobisi nazo ziyabola. Ngoko ke asikwazi ukuzitya. Singenza ntoni ukuze sigcine ukutya kukutsha ixesha elide? Indawo ekhuselekileyo yokugcina ukutya kusefrijini. Kodwa okunye ukutya kungonakala ukuba kukhenkcezwe okanye kugcinwe efrijini ithuba elide kakhulu. Zikhona ezinye iindlela zokugcina ukutya kukutsha.





Umhla:



Masithethe

Jonga le mifanekiso.
 Ncokola nomhlobo wakho
 ngayo. Zeziphi iindlela
 ezahlukeneyo zokugcina
 ukutya? Ungazicinga ezinye
 iindlela zokugcina ukutya
 kungonakali?
 Thetha nomhlobo wakho
 ngazo.
 Nika imizekelo eklasini.



Masibhale

Jonga imifanekiso engezantsi uze ufunde amagama aseziphokisini. Wakugqiba bhala igama phantsi komfanekiso ngamnye ohambelana nelo gama.

kutsha

kunkonkxiwe

komisiwe

kukhenkceziwe

Titshala:
 Sayina:
 Umhla:



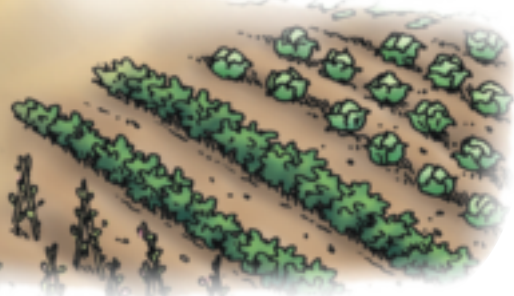
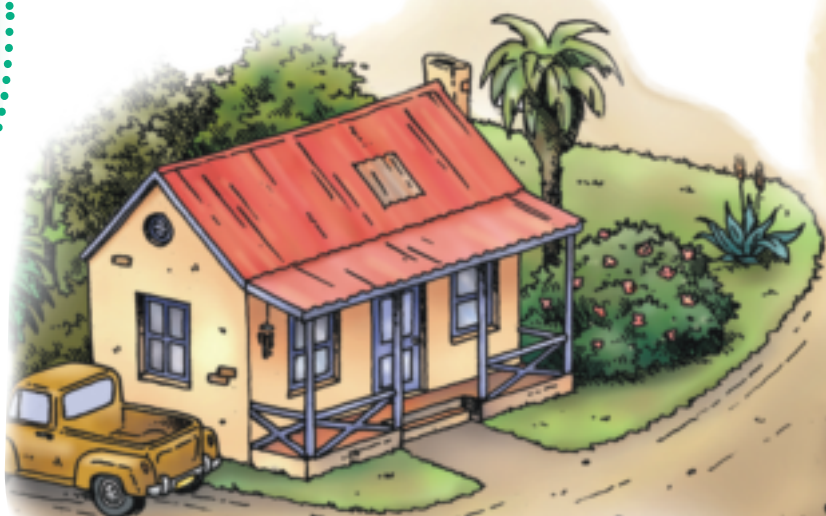
Iindidi zezindlu (1)



Masithethe

Ikhaya lakho kulapho uhlala khona.

Abantu baseMzantsi
Afrika bahlala kumakhaya
amaninzi ahlukeneyo.
Ungalifumana phi ikhaya
ngalinye kula?



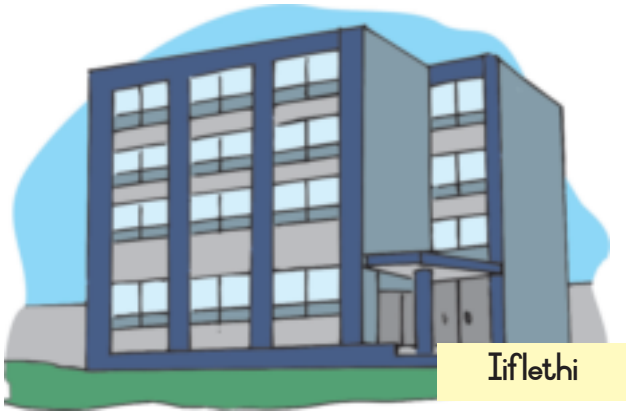


Umhla:



Masithethe

Jonga le mifanekiso ingezantsi. Thetha nomhlobo wakho ngezinto ezifanayo kumakhaya onke. Thethani ke ngoku ngezinto ezahlukileyo. Zeziphi ezininzi: zezifanayo okanye zezahlukileyo?



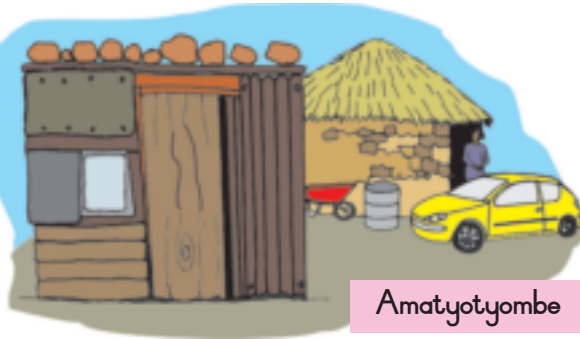
Iiflethi



Izindlu ezinemigangatho emibini



Iikharavani neentente



Amatyotyombe



Ooronta namaxande



Izindlu ezinomgangatho omnye



Masenze

Sebenza eqeleni. Yiza nebhokisi yezihlangu okanye olunye uhlobo lwebhokisi. Yipeyinte njengekhaya. Sebenzisa udongwe (okanye intlama yokudlalisa) uzibumbe wena usenza into ethile ecaleni kwendlu.





50

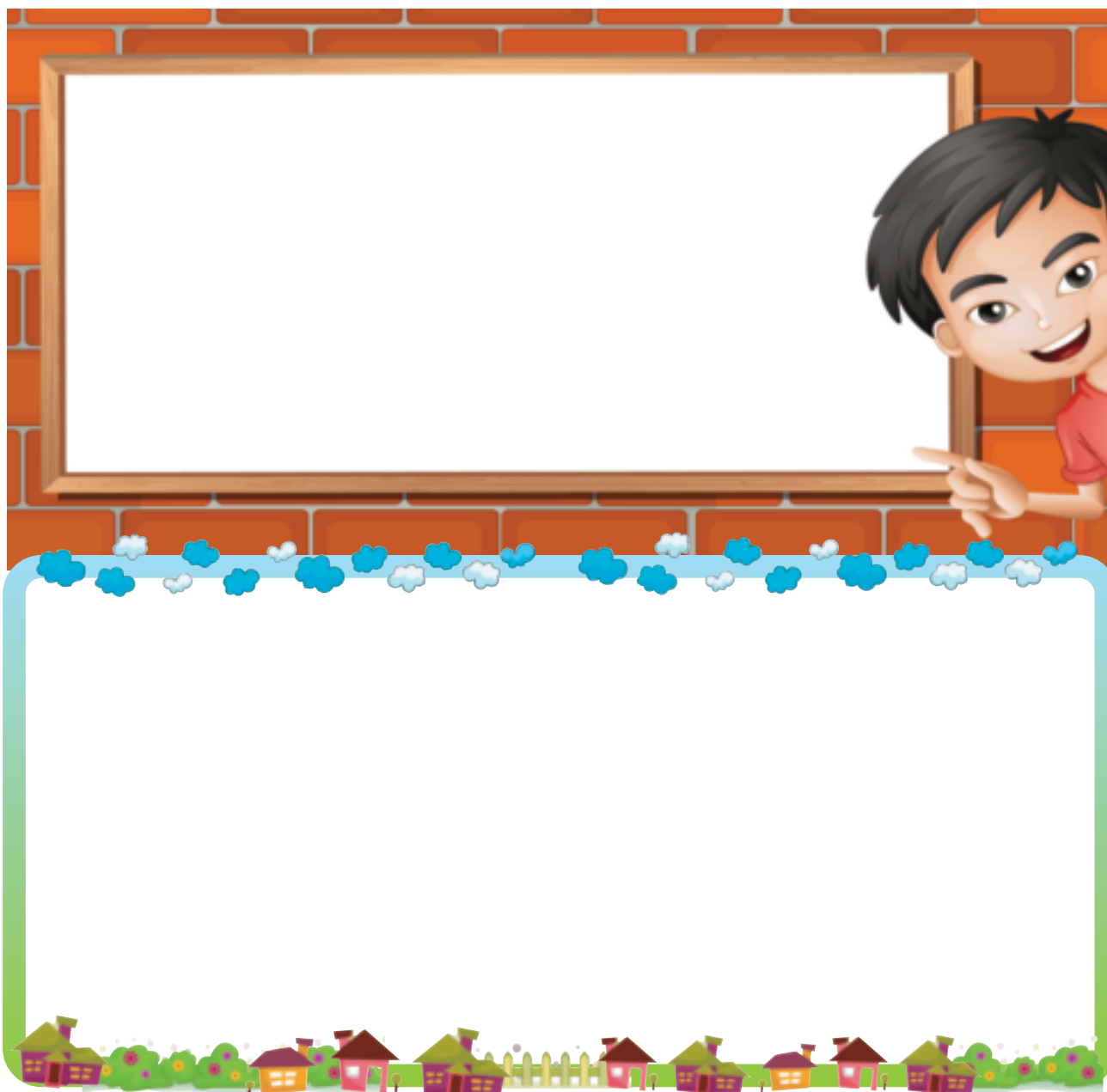
Iindidi zezindlu (2)

Ikota 4 – Iveki 1



Masenze

Cinga ngezindlu ezahlukeneyo okhe wazibona apho uhlala khona okanye kwiindawo okhe wazindwendwela. Zoba imifanekiso yeendidi ezimbini ezahlukeneyo zezindlu owakhe wazibona.



Masithethe

Inqaku likatitshala:
Utitshala wakho uya kumamela izimvo zakho.



Endlwini elungileyo, eyomeleleyo asinakugodola kakhulu singenakuva nobushushu obugqithisileyo. Asiyiva nemvula okanye umoya ovuthuzayo. Baninzi abantu abangenalo olu khuseleko. Thetha nomhlobo wakho ngendlela abazikhusela ngayo abantu xa bengahlali zindlwini.





Masishukume

- Zolule ube mde kangangoko unako ukuze upeyinte uphahla lwendlu yasekhaya.
- Guqa ngamadolo emhlabeni ukuze ulime izityalo esityeni sakho.
- Yolulela izandla zakho emacaleni kangangoko unako ukuze uvule iifestile zasekhaya. Emva koko vala zonke iifestile.
- Goba ukuze uncothule ukhula esityeni sakho.
- Tshayela umgangatho ngomtshayelo omde.
- Hlamba iifestile ngelaphu.

Umhla:



Inqaku likatitshala:

Mamela isingqi esidlalwa ngutitshala kwigubu. Shukuma ngokwesingqi eso. Xa utitshala etshintsha isingqi, nawe tshintsha ukukhawuleza kweentshukumo zakho. Mamelisisa kakuhle!



Titshala:
Sajina:
Umhla:



Izinto ezakhiwe ngazo izindlu ezahlukeneyo

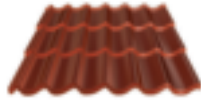


Masithethe

Sisebenzisa izinto ezahlukeneyo ukwakha izindlu.
Jonga le mifanekiso ingezantsi.



izitena



iithayile



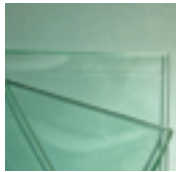
amazinki



isamente



ingca/iingcongolo



iglas



iipali



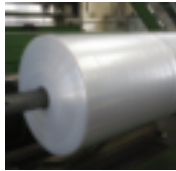
amaplanga



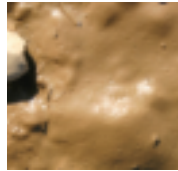
amatye



iseyile



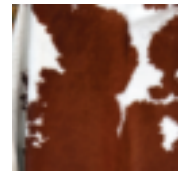
iplasitiki



udongwe/udaka



intsimbi



izikhumba



isanti



Thetha nomhlobo wakho ngezi zinto zokwakha zahlukeneyo.

Zeziphi ezivela efektri?

Zivela phi ezinye?

Xelela oogxa bakho ukuba zenziwe ngantoni izindlu odlula kuzo xa usiya esikolweni.



Masenze

Kudidi ngalunye lwendlu kwela umgca oya kwinto eyenziwe ngayo.

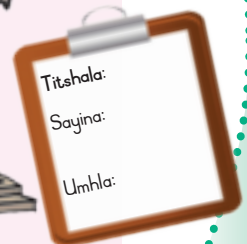
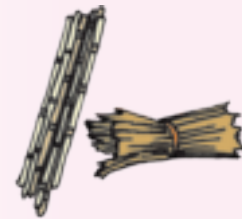
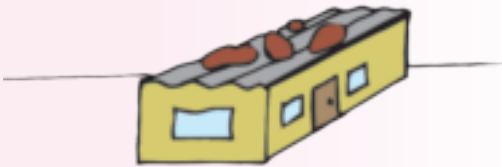
Umhla:

Inqaku likatitshala:
Utitshala wakho uza kuzithatha iincwadi zenu azijonge.



Uhlobo lwendlu

Izinto zokwakha





Izindlu nemozulu



Masifunde

Izindlu zigcina abantu bekhuselekile kwiimeko ezahlukeneyo zemozulu. Zingasikhusela kwimitha egqatsileyo yelanga. Kanti zingasikhusela nasengqeleni, emoyeni nasemvuleni.



Ubusazi na ukuba abantu abahlala kumazwe abandayo bakha izindlu ezizodwa ezifana nale ingasezantsi? La makhaya kufuneka abagcine befudumele xa kusiwa ikhephu.

Le yimephu yaseGreenland, ilizwe elibanda ngokugqithisileyo.



Le yindlu ekuthiwa yi-igloo



Abanye abantu abangama-Inyuwiti abahlala kwimimandla ye-Arctic enekhhephu nomkhenkce omninzi bakha izindlu zabo zasebusika ngomkhenkce. Umkhenkce uyayithintela ingqe. Ezi zindlu zibizwa ngokuba zii-igloo.





Umhla:



Ngokwamaqela, yenzani umdlalo nibonise ukuba ningayakha njani na indlu. Yenzani isigqibo malunga nohlobo lwendlu eniza kuyakha.

Niza kusebenzisa eziphi izinto zokwakha?

Ngubani oza kwenza ntoni?

izindlu zamandulo ooronta

izindlu zamaplanga

Niza kuqala nenze ntoni?

ityotyombe

Niza kugqibela ngantoni?

ucango

izindlu ezinomgangatho omnye okanye emibini

Sebenzisa amanye ala magama.

izitena

udonga

ipeyinti

iiflethi

uphahla

itshimini

ifesitile

isamente

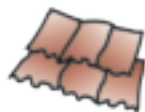


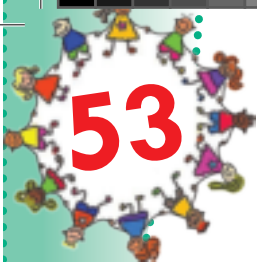
Yenza lo mbongo njengenxalenye yomdlalo wakho:

Yakha, yakha indlu entsha kraca!
Yiza nezitena, linganisa udonga
Bethelela isikhonkwane, qinisa isikrufu –
Zikhusele elangeni.



Yakha, yakha indlu entsha kraca!
Yiza nesanti neengcango neethayili
Yiza namanzi, xuba isamente –
Zikhusele emvuleni.





53

Ikota 4 – Iveki 3

Singazifumana phi? (1)



Masifunde

Kukho iindidi ezahlukeneyo zeemephu. Ukuze sikwazi ukukhetha imephu elungileyo kufuneka sazi ukuba siyifunela ntoni na imephu leyo.

Iimephu zezitalato zisinceda ukuba sifumane izitalato kunye neendawo ezithile edolophini okanye esixekweni. Abalimi bathanda iimephu ezibonisa izinto ezinjengamadama, imilambo neenduli.





Umhla:



Masenze

Wena nomhlobo wakho xoxani ngale mibuzo. Yenzani isangqa sijikeleze iindawo ezisemfanekisweni kula maphepha mabini.

- Uza kuzifumana phi iincwadi zokufunda?
- Ungabuxela phi ubusela?
- Ukuba uyagula ungaya phi?
- Ungakuthenga phi ukutya?
- Ungayilindela phi ibhasi?
- Ungasingqumla phi ngokukhuselekileyo isitalato?

Ingaku likatitshala:
 Utitshala wakho uza kuzifunda nganye nganye, uze ufumane impendulo.





Singazifumana phi? (2)



Masithethe

Jonga indlela ekule mephu ehanjwa nguJason xa esuka kowabo esiya esikolweni.

Chazela umhlobo wakho ukuba uJason uhamba ngeyiphi indlela. Sebenzisa amanye ala magama.

ngasentla

dlula

ecaleni

ngaphezulu

ngezantsi

Angasinqumla phi isitalato ngokukhuselekileyo uJason?



Inqaku likatitshala:
Utitshala wakho uza kujikeleza iklasi. Chazela utitshala wakho ukuba ucinga ukuba umhlobo wakho uyichaze kakuhle indlela.





Masishukume

- Beka intambo ende emhlabeni.
- Uza kuhamba kule ntambo.
- Hamba uye phambili, ubuye umva uye nasemacaleni unxuse intambo.
- Yiya phambili ecaleni kwentambo, izandla zakho zibe sentloko.
- Buya umva uhamba ecaleni kwentambo izandla zakho zibe ngasemva.
- Hamba ngamacala izandla zakho zibe sesinqeni.

Umhla:



Masifunde

Wenze njani? Ukuba ukwazile ukuzenza zonke iintshukumo kakuhle, fakela umbala kobu buso buncumileyo. Ukuba akukwazanga ukuzenza zonke iintshukumo, fakela umbala kubuso obulusizi. Ukuba kukho ezinye zeentshukumo okwazileyo ukuzenza, fakela umbala kubuso obuphakathi.

Ndikwazile ukuya phambili nokubuya umva ecaleni kwentambo.			
Ndikwazile ukuhamba ngamacala ecaleni kwentambo.			
Ndikwazile ukuya phambili ecaleni kwentambo izandla zam zisentloko.			
Ndikwazile ukuhamba ngomva ecaleni kwentambo izandla zam zisemqolo.			
Ndikwazile ukuhamba ngamacala ecaleni kwentambo izandla zam zisesinqeni.			



Ukufumana indlela



Masibhale

Iimephu zemifanekiso zisinceda sibone ukuba zikude kangakanani na iindawo. Jonga le mephu.



Masibhale

Phendula le mibuzo. Ungacela umhlobo wakho akuncede.

Yenza isangqa apho ubona khona igama elingu-**km**

Zingaphi izangqa onazo?

UDavid uhamba ngeenyawo ukusuka esikolweni ukuya elayibrari.

Ubona ntoni ecaleni kwelayibrari?

Zeziphi iimpawu azibonileyo endleleni?

Uhambe umgama ongakanani uDavid?

Sesiphi isakhiwo akwaziyo ukusibona xa ekumnyango wangaphambili waselayibrari?

UDavid ulambile. Ufuna ukugoduka. Funa eyona ndlela imfutshane ukusuka elayibrari ukuya kowabo.

Ingaba ibala lebhola ekhatywayo yeyona ndawo ikufuphi kowabo?

Ingaku likatitshala:

Utitshala wakho uza kukuxelela ukuba ungakanani na umgama ongangekhilomitha usuka esikolweni sakho. Siwubhala ngolu hlobo: l km



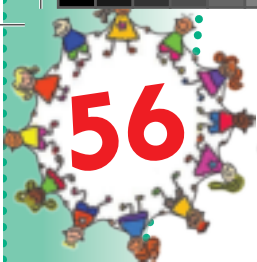
Umhla:



Masenze

Zoba imephu yemifanekiso yendlela oyithathayo phakathi kweendawo ezimbini.
 Khetha nokuba zeziphi iindawo ezimbini. Xa ugqibile bonisa imephu yakho kumhlobo wakho aze
 achaze indlela leyo yakho.
 Qinisekisa ukuba uyichaza kakuhle. Xelela utitshala wakho xa umhlobo wakho
 echaze ngendlela echanekileyo.





56

Ukufumana iziganeko ebalini



Masenze

Utitshala wenu uza kunifundela ibali elingoMicky. Mamela ngononophelo. Landela indlela yakhe kwimephu esencwadini yenu. Uze emva koko uzifundele ibali. Beka unongxabalaza (X) kwindawo efanelekileyo kwimephu xa ubona unongxabalaza ngamnye ebalini.

Inqaku likatitshala:

Utitshala wakho uza kulifunda kwakhona ibali aze akucele wenze unongxabalaza (X) kwezo ndawo.



Ikota 4 – Iveki 4



ngemigqibelo uMicky udlala nabahlobo bakhe epakini (X).

Ekuseni ngenye imini umama wakhe uthi: Umakhulu uyagula. Unganceda umsele oku kutya?"



UMicky uthatha ingobozi enkulu enokutya. Uthe xa ephuma egeyithini (X) wagileka kwindoda ethile. Ngelizwi elirhabaxa yathi, "Heke, ndiyabona ukuba uphethe ukutya. Kokukamakhulu, anditsho?"

Yamoyikisa kakhulu uMicky le nto.

Wakhawuleza wahamba ngendlela eya ngakwiziko labamcimi-mlilo. Wajika ngasekhohlo (X). Wathi akubheka ngasemva wabona ukuba laa ndoda iyamlandela.

UMicky ugqibe kwelokuba aye kufuna uncedo kubahlobo bakhe l. abasepakini. Uthi xa efika elayibrari ajike ngasekunene aze ahambe aye phambili (X). Ngasekhohlo ubona isikolo asidlule (X). Kuthe cwaka ezitalatweni. Nanko uMicky ehamba etsiba endleleni (X).

Ngelingeni wayibona ipaki. Nanko ehamba phezu kwebhulorho (X) ukuze adibane nabahlobo bakhe egeyithini. (X)



Masishukume

Ngoku siza kudlala umdlalo wokunikezelana.

- Bekani izitulo zenu zenze isangqa. Dlalani "izitulo zomculo" – kuza kufuneka ufune eyona ndlela imfutshane eya esitulweni.



Titshala:
Sayina:
Umhla:



57

Ukusetyenziswa kwamanzi ekhaya nasesikolweni



Masibhale

Sisebenzisa amanzi yonke imihla. Jonga iindlela ezahlukeneyo esiwasebenzisa ngazo amanzi. Ecaleni komfanekiso ngamnye, bhala ukuba asetiyenziselwa ntoni na amanzi. Sebenzisa ezi zihloko.

Ikota 4 – Iveki 5

Ukucima imililo

Ukuhlamba iziqu zethu

Ukunceda izityalo ukuze zikhule

Ukuhlamba iimpahla okanye izitya

Ukupheka ukutya





Umhla:



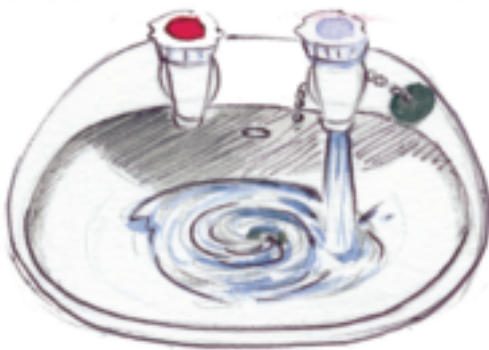
Masithethe

Thetha ngeendlela esiwasebenzisa ngazo amanzi. Amanzi axabisekile. Thetha ngeendlela esiwamoshisa ngayo amanzi. Kungenzeka ntoni ukuba anokuphela amanzi angabikho? Xelela iklasi izimvo zakho.



Masishukume

Linganisa oku kulandelayo.



Itephu evulelweyo amanzi agaleleka esityeni.



Ilifu lemvela elikhula lide libe likhulu ligqabhuke ine imvula emva koko lithi shwaka.



Umlambo ohla ngokucotha phezu kwamatye amakhulu uze uqukuqele kuhle phezu kwesanti.



Masidlale

• Dlala umdlalo othi "Iiemele namachaphaza amanzi".





Ikota 4 – Iveki 5

Siwamosha njani amanzi?



Masibhale

Jonga le mifanekiso. Yenza uphawu (✓) ecaleni komfanekiso obonisa ukulondolozwa kwamanzi, uze ufake (✗) ecaleni komfanekiso obonisa amanzi amoshwayo.





Umhla:



Masithethe

Jonga imifanekiso ofake u (X) kuyo. Xoxani niyiklasi malunga nokwenziwa ngabantu abakuloo mifanekiso. Thetha ngendlela enobulumko abanokuwasebenzisa ngayo amanzi.



Masibhale

Jonga imifanekiso. Funda izivakalisi ezingezantsi. Beka uphawu (✓) ecaleni kwesenzo ngasinye esincedisa ekulondolozeni amanzi, uze ubeke u-(X) kwisenzo ngasinye esimosha ngamanzi.



	✓ okanye X
Ndivulela itephu xa ndihlamba amazinyo am.	
Andiwachithi amanzi okuhlamba, kodwa ndiwasebenzisela ukunkcenkceshela esitiyeni.	
Ndihlamba ebhafini ezele ngamanzi rhoqo ebusuku.	
Xa ndibona itephu evuzayo ndiyayivala ndiyiqinise.	
Sihlamba izitya ngamanzi avulelweyo.	



Amanzi aselwayo akhuselekileyo nangakhuselekanga



Masibhale

Jonga le mifanekiso. Fakela uphawu lokukorekisha (✓) ecaleni komfanekiso ngamnye obonisa imisebenzi ekhuselekileyo. Fakela unongxabalaza (✗) ecaleni komfanekiso ngamnye obonisa imisebenzi engakhuselekanga.





Umhla:



Masibhale

Bhala igama elithi "kukhuselekile" okanye "akukhuselekanga" ugqibezele isivakalisi ngasinye. Sikwenzele esokuqala.

Ukusela amanzi amdaka akukhuselekanga.

Ukuqubha emanzini amdaka _____.

Ukusela amanzi abilisiweyo _____.

Ukusela amanzi avela emlanjeni onongcoliseko _____.

Ukusela amanzi acocekileyo etephu _____.



Masidlale



Dlala nabanye ababini.

- Qhwaba izandla qho amanzi echiphiza:
 - ephuma ngokucotha etephini
 - ephuma ngokukhawuleza etephini
 - ephuma ngokukhawuleza kakhulu etephini
 - onke ngexesha elinye.
- Dlalani nokuba ngowuphi na umdlalo wokuqhwaba izandla eniwaziyo.



Masishukume

- Tsiba okwesele liphuma emanzini angcolileyo.
- Tsiba okwesele lingena emanzini acocekileyo
- Qabadula okwehashe elinxaniweyo libaleka lisiya kusela amanzi.
- Baleka ngamendu amakhulu kangangoko unakho umke emvuleni.
- Tsiba usuke kwelinye ilitye uye kwelinye elingaphaya komlambo. Nceda abo bangakwaziyo ukuhamba.
- Jikeleza ndaweninye okwamanzi asebhafini (uwedwa uphinde unomhlobo wakho).
- Utitshala wakho uya kukuxelela xa kufuneka utshintshe wenze enye intshukumo. Mamela ngobunono imiyalelo yakhe.



Titshala:
Sayina:
Umhla:

60 Masigcine amanzi ecocekile

Ikota 4 – Iveki 6



Masifunde

Kufuneka sisele amanzi acocekileyo.
Sineendlela ezahlukeneyo zokucoca amanzi.
Kufuneka sigcine amanzi ngeendlela ezinokuwagcina ecocekile.



Masithethe

Jonga imifanekiso. Thetha nomhlobo wakho ngokuba avela phi amanzi ethu acocekileyo. Xelela iklasi into oyicingayo. Xa sihlambulula amanzi, siyawacoca ukuze kukhuseleke ukuwasela.



Singawasela amanzi emvula ukuba uphahla lwendlu kunye netanka zicocekile. Ukuba siyacoca singawasela ngokukhuselekileyo.



Umasipala uyawacoca aze awagcine ecocekile amanzi ukuze sikwazi ukuwasela.



Singawacoca ngokuwabilisa amanzi



Singawacoca ngokuwahlaza amanzi



Umhla:



Masenze

Cela utitshala wakho akubonise indlela yokwenza isihluzo samanzi.

Uza kufuna oku:

Ibhotile yeplastikhi yeelitha ezi-2

Isanti ecocekileyo, ecolekileyo

Uhlalutye olucocekileyo

Amatye acocekileyo, amancinane/igrabile

Imela ebukhali

Uboya obucocekileyo

Iglasi yamanzi



Masishukume

- Sebenzisa ibhola kunye nohlahuphu. Beka uhlahuphu phantsi abafundi bame ngomgca malunga nee-5 m ukusuka kuye. Ungasebenzisa neringi yepali yebhola yomnyazi.
- Umfundi ngamnye ufumana ithuba lokuphosa ibhola eringini.



Ukutshintsha kwemini ibe bubusuku



Masifunde

Imini nobusuku zahlukile.

Zikhangeleka zahlukile, siva izandi ezahlukileyo, kwaye senza izinto ezahlukileyo.

Emini sibona ilanga elikhanyayo. Ilanga linika ukukhanya nobushushu. Abantu abaninzi basebenza emini, nathi siya esikolweni.



Masibhale

Jonga imifanekiso uze uthethe nomhlobo wakho ngayo. Ingaba yimifanekiso yasemini okanye yasebusuku? Yahluke njani? Bhala "Imini" okanye "Ubusuku" ngentla komfanekiso ngamnye.





Masifunde

Liyatshona ilanga ebusuku.
Kuba mnyama kwaye
siyakwazi ukubona inyanga
neenkwenkwezi.

Sisebenzisa izibane ukuze
sibone into esiyenzayo.



Umhla:



Ebusuku, kuyabanda
kunasemini.

Abaninzi bethu
bayalala ebusuku, kodwa
bakhona abanye abantu
abasebenza ebusuku.
Kukho izilwanyana
eziphuma xa kumnyama
kuphela.



Masishukume

- Sebenzisa iipali (okanye iibhakana ezinjengeekhowuni) kunye nebhola.
- Beka iipali (okanye iibhakana) zithi qelele kubafundi kangangeemitha ezimbalwa.
- Sebenzisa ibhola enkulu efana neyebhola ekhatywayo.
- Khabela ezipalini okanye phakathi kweebhakana.
- Qala ukhabe ngonyawo lwasekunene ulandele ngolwasekhohlo.
- Mangaphi amanqaku owafakileyo?





Sinjani isibhakabhaka ebusuku?



Masifunde

Emini sibona isibhakabhaka esiluhlaza kunye namafu. Okubaluleke kakhulu, kukuba sibona ilanga.



Ebusuku sibona inyanga neenkwenkwezi ezininzi. Kukho neeplanethi ezikhangeleka okweenkwenkwezi.



Ngamanye amaxesha inyanga ibonakala esibhakabhakeni nasemini. Phofu asiyiboni kakuhle ngenxa yokuqaqamba kwelanga. Zama ukufumana inyanga emini.



Masenze

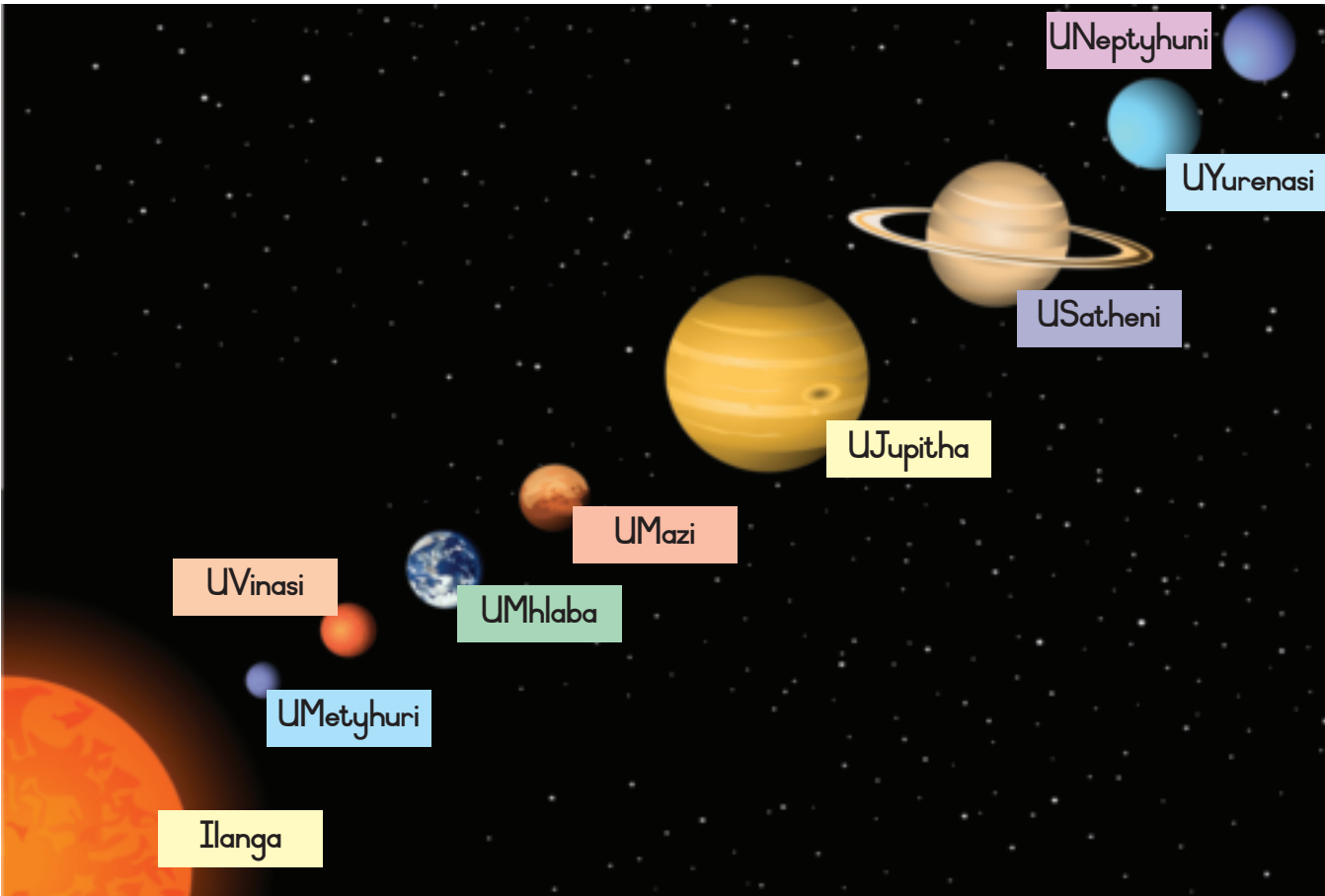
Inyanga ayikhangeleki ngokufanayo ngobusuku ngabunye. Jonga inyanga ebusuku iintsuku ezi-5 ezilandelayo. Kwiibhokisi ezingezantsi, zoba iimilo ozibonileyo ezahluka-hlukileyo zenyanga.

Ubusuku bokuqala	Ubusuku besithathu	Ubusuku besihlanu
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Umhla:

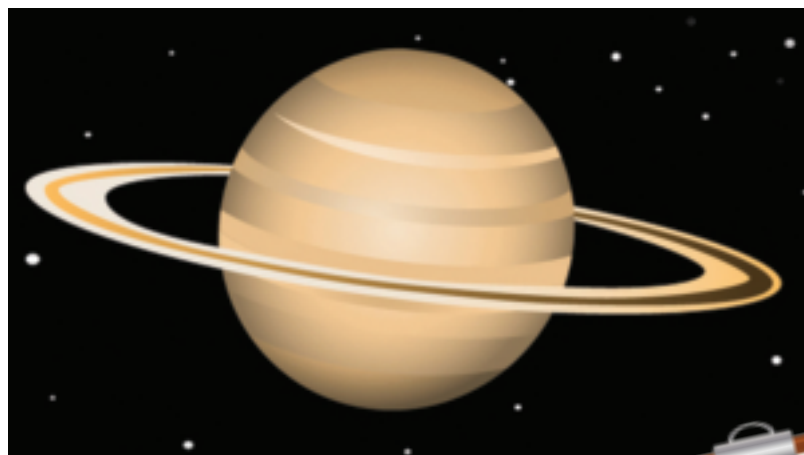


Ezi zinto lilanga kunye neeplanethi ezikwisixokelelwano selanga – zingabamelwane bethu. (Ilanga kunye neeplanethi azizotywanga ngokwemilinganiselo.)



Masithethe

Lo ngumfanekiso weSatheni. Yona yahlukile kuzo zonke iiplanethi kuba inezangqa eziyijikelezileyo. Uyawabona amachokoza amhlophe emfanekisweni? Ucinga ukuba ziintoni?



Jonga umfanekiso omkhulu ongasentla. Ngaba iSatheni inkulwana okanye incinanana kunoMhlaba? Yeyiphi iplanethi enkulu ngaphezu kweSatheni?



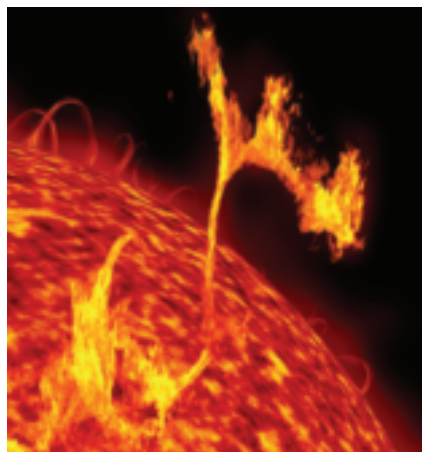


Ilanga nenyanga



Masithethe

Jonga le mifanekiso.



Thetha nomhlobo wakho. Isibonisa ntoni le mifanekiso? Nika nokuba yeyiphi impendulo efika kuqala engqondweni.



Masifunde

Inqaku likatitshala:

Utitshala wakho uza kuzimamela zonke izimvo zakho aze akuxelele ukuba yeyantoni imifanekiso.

Ilanga yinkwenkwezi. Lifana nebhola yomlilo enkulu ethumela ubushushu bayo nokukhanya kuwo onke amacala. Ilanga likhulu ngokuphinda-phindwe ngamawaka kunehlabathi.

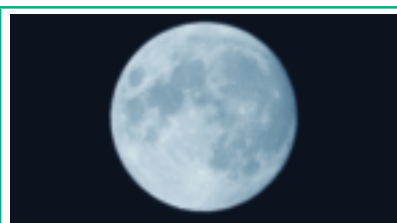
Inyanga yibhola enkulu yeliwa nothuli engakhuphi bushushu.

Inyanga ayinakukhanya kukokwayo. Ifana nesipili esibonisa thina imitha yelanga. Inyanga incinane kakhulu kunehlabathi.

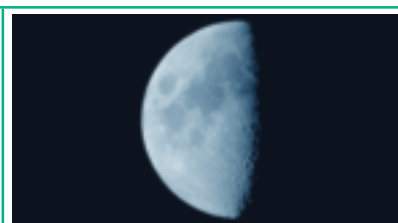


Masithethe

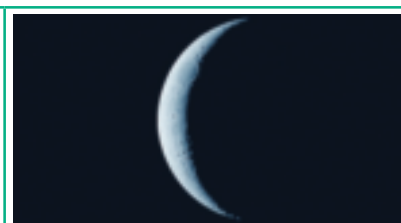
Thetha nomhlobo wakho malunga nendlela etshintshe ngayo inyanga kubusuku beentsuku ezintlanu. Emva koko jonga le mifanekiso. Ingaba inyanga yakho ibifana nenye yezi?



Inyanga epheleleyo



Isiqingatha senyanga



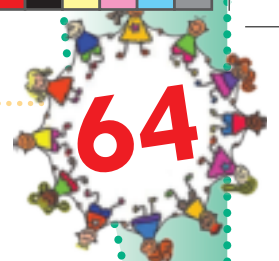
Inyanga eliceba





Iinkwenkwezi

Umhla:



64



Masifunde



Ilanga yeyona nkwenkwezi ikufutshane kuthi. Ezinye iinkwenkwezi zikude kakhulu kuthi. Nokuba ubunokuhamba ngokukhawuleza kangangoko unako usiya nakweyiphi kwezi nkwenkwezi, kungakuthatha iminyaka emininzi kakhulu ukufika apho zikhoyo.



Masithethe

Balekani nonke
Nants' inkwenkwez' enomsila
Balekani nonke
Nants' inkwenkwez' enomsila
Ikude kangakanani phezu komhlaba
Injengedayimani esibhakabhakeni
Menye-menye, meny' inkwenkwez' enomsila
Menye-menye, meny' inkwenkwez' enomsila
Owu nas' isimang' esabonwa yinkwenkwezi
Owu nas' isimang' esabonwa yinkwenkwezi



Masifunde

Le ngoma yabhalwa kudala kwiminyaka emininzi eyadlulayo. Abantu ngoko babengazi nto malunga neenkwenkwezi. Namhlanje kuninzi esikwaziyo. Oosomajukujuku baya emajukujukwini ngeziphekepheke ezizodwa ukuze bafunde ngakumbi ngeenkwenkwezi. Xa oosomajukujuku betyelela emajukujukwini, banxiba iisuti zohlobo olulodwa zasemajukujukwini.

Ngenxa yoosomajukujuku abakhaliphileyo nabantu abangqondo zikrelekrele abahamba baye emajukujukwini, zininzi izinto esizifunde ngeenkwenkwezi.



Masithethe



Ingaba kulungile ukuba sifunde kakhulu ngeenkwenkwezi? Thetha nomhlobo wakho ngalo mbuzo.



Ikota 4 – Iveki 8

Ukhethekile.

**Umzimba wakho wonke
ungokhethekileyo.**

**Nguwe kuphela onelungelo
emzimbeni wakho!**



**AKUKHO
namnye umntu
onelungelo
lokuphatha
amalungu akho
angasese.**

**Kufuneka uxelele umntu ukuba kuye kwakho
umntu okubamba amalungu akho angasese.**

**Kufuneka uxelele umntu ukuba kukho nabani na
okwenzisa izinto ongathandiyo ukuzenza.**

Tsalela kule minxeba xa ufuna uncedo:

**Umnxeba olungiselelwe ukunceda
abantwana: 0800 05 55 55**

**Umnxeba wokulwa nolwaphulo
mthetho wamapolisa
aseMzantsi Afrika: 086 00 10111**

**Umnxeba wongxamiseko wamapolisa
aseMzantsi Afrika: 10111**

Umnxeba woncedo: 0861 322 322

Iqela elikhusela abantwana: 012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.







